Office Gynecology/ Women’s Health for Primary Care

Disney’s Paradise Pier® Hotel
Anaheim, California
August 6-9, 2015
Thursday-Sunday

Presented by
Office of Continuing Medical Education,
David Geffen School of Medicine at UCLA
and the UCLA Department of Family Medicine
In the current era of spiraling medical costs with growing emphasis on the provision of cost-effective medical care, it has become increasingly important for primary care physicians to be adept at evaluating and treating ambulatory gynecologic problems. This four-day symposium provides the participant with a practical, clinical update on a full range of women’s health issues including the diagnosis and management of common gynecologic complaints, contraception, endocrine disorders, and the menopause. In-depth, small group workshops are included which instruct and allow participants to develop and refine their skills with endometrial biopsy, colposcopy and the intrauterine contraceptive device.

Following completion of this program, participants should be able to:

- discuss the differential diagnosis and management of common gynecological disorders
- recognize the different contraceptive methods available and know how to prescribe them
- discuss common problems seen in the menopause and how to effectively manage them
- recognize and manage common women’s health issues, including depression, type 2 diabetes and obesity
Course Chairs

Martin A. Quan, MD  
Professor of Clinical Family Medicine*  
Director, Office of Continuing Medical Education

Richard Johnson, MD  
Clinical Professor of Family Medicine and Radiology*

Course Faculty

Alice Chung, MD, FACS  
Assistant Professor of Surgery  
Associate Program Director, Breast Oncology Fellowship  
Cedars-Sinai Medical Center  
Los Angeles, California

James M. Heaps, MD  
Professor of Obstetrics and Gynecology/Gynecology Oncology*

Michele Hoh, MD  
Associate Clinical Professor of Medicine*

Krystyna McNicoll, MD  
Associate Clinical Professor of Family Medicine*

Janet P. Pregler, MD, FACP  
Professor of Clinical Medicine  
Director, Iris Cantor-UCLA Women’s Health Center

Melvin Quan, MD  
Medical Director  
La Sierra University  
Riverside, California

Roland Sakiyama, MD, FACP  
Clinical Professor of Medicine*

Shirley Uy, MD  
Clinical Professor of Medicine*

Edward Wiesmeier, MD  
Clinical Professor - Voluntary  
Department of Reproductive Medicine  
UCSD, School of Medicine  
San Diego, California

*David Geffen School of Medicine at UCLA
Common GYN Problems

THURSDAY, August 6

7:00  Registration/Continental Breakfast
7:30  Work-Up of the Abnormal Pap Smear
     Shirley Uy, MD
8:10  Just What is the Role of the PCP in Managing Female Sexual Disorders?
     Michele Hoh, MD
8:55  Clinical Approach to Dysfunctional Uterine Bleeding
     Shirley Uy, MD
9:30  Questions and Answers
9:45  Break
10:00 STD Update
     Richard Johnson, MD
10:45 Case Studies in Vaginitis
     Martin A. Quan, MD
11:30 Questions and Answers
11:45 Lunch (on your own)

Women’s Health

1:00  Heart Disease in Women
     Richard Johnson, MD
1:45  Breast Cancer: Screening and Prevention
     Janet P. Pregler, MD, FACP
2:30  Diabetes in Women
     Roland Sakiyama, MD, FACP
3:15  Questions and Answers
3:30  Adjourn

FRIDAY, August 7

Family Planning

7:00  Continental Breakfast
7:30  Contraception Update: 2015
     Martin A. Quan, MD
8:20  Return of the IUD
     Michele Hoh, MD
8:55  HPV Update
     Edward Wiesmeier, MD
9:40  Questions and Answers
10:00 Break

Gynecologic Endocrinology

10:15  Current Concepts in Galactorrhea/Hyperprolactinemia
       Roland Sakiyama, MD, FACP
10:45  Approach to the Patient with Amenorrhea
       Shirley Uy, MD
11:30 Questions and Answers
11:45 Lunch (on your own)

Women’s Health

1:00  Depression: Meeting the Clinical Challenge
     Martin A. Quan, MD
1:45  Polycystic Ovary Syndrome
     Roland Sakiyama, MD, FACP
2:30  Obesity: A Practical Approach
     Richard Johnson, MD
3:15  Questions and Answers
3:30  Adjourn
SATURDAY, August 8

1:00  Workshop # 1
2:45  Workshop # 2
4:30  Workshop # 3
6:00  Adjourn

A. Basic Colposcopy
   Shirley Uy, MD &
   Krystyna McNicoll, MD

B. IUD Insertion/Removal
   Roland Sakiyama, MD, FACP &
   Michele Hoh, MD

C. Endometrial Biopsy
   Richard Johnson, MD &
   Melvin Quan, MD

D. Management of Common
   Birth Control Pill Problems
   Martin A. Quan, MD

E. Advanced Colposcopy
   James M. Heaps, MD

SUNDAY, August 9

Menopause

7:00  Continental Breakfast

7:30  Approach to Postmenopausal Bleeding
      James M. Heaps, MD

8:10  Current Concepts in Menopause Hormone Therapy
      Martin A. Quan, MD

8:55  Urinary Incontinence and Overactive Bladder Syndrome
      Krystyna McNicoll, MD

9:30  Questions and Answers

9:45  Break

10:00 Osteoporosis: A Clinical Update
      Roland Sakiyama, MD, FACP

10:45 Ovarian Cancer: What the Primary Care Provider Needs to Know
      James M. Heaps, MD

11:30 Approach to the Patient with the Breast Lump
      Alice Chung, MD, FACS

12:15 Questions and Answers

12:30 Adjourn

We are pleased to be able to offer program participants staying at Disney’s Paradise Pier® Hotel the following Disneyland Park® or Disney California Adventure® Ticket options:

To purchase specially-priced Disneyland® Resort Theme Park tickets go to http://disneytickets.disney.go.com/store/GPOH15A.

These special ticket prices are not available once you arrive at the Resort. Out ticket store closes at 9:00 pm PST on Tuesday, August 4, 2015. Don’t delay!

Prices are subject to change without notice.
The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Application for CME credit has been filed with the AAFP. Determination of credit is pending.

The American College of Nurse Midwives and the American Academy of Physician Assistants accepts certificates of participation for educational activities certified for Category 1 Credit™ from organizations accredited by ACCME.

Refunds
A service charge of $50.00 is withheld from all refunds (full refund if course is canceled or rescheduled). Requests for refunds must be in writing and received no later than July 20, 2015.

Parking
Parking will be available at the hotel lot at a special conference rate of $12 self/$25 valet, per day (rates subject to change).

For additional information concerning this program contact the:
Office of CME
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512
(310) 794-2620

Refunds
A service charge of $50.00 is withheld from all refunds (full refund if course is canceled or rescheduled). Requests for refunds must be in writing and received no later than July 20, 2015.

Parking
Parking will be available at the hotel lot at a special conference rate of $12 self/$25 valet, per day (rates subject to change).

For additional information concerning this program contact the:
Office of CME
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512
(310) 794-2620

Refunds
A service charge of $50.00 is withheld from all refunds (full refund if course is canceled or rescheduled). Requests for refunds must be in writing and received no later than July 20, 2015.

Parking
Parking will be available at the hotel lot at a special conference rate of $12 self/$25 valet, per day (rates subject to change).

For additional information concerning this program contact the:
Office of CME
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512
(310) 794-2620

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Enrollment By Mail
Use the form attached. For additional applications use photocopy or a separate sheet giving all information requested on the form.

Online
Use your MasterCard, VISA, AmX, or Discover card. Go to www.cme.ucla.edu and click on UCLA Office Gynecology/Women’s Health

By Fax
Send completed enrollment form (both sides including the mailing label) with charge card information and authorizing signature. FAX (310) 794-2624.

By Phone
Use your MasterCard, VISA, American Express, or Discover. Call (310) 794-2620.

Enrollment is limited.
Early enrollment is suggested.

Please visit our website for other UCLA CME offerings. www.cme.ucla.edu
E-mail address: eayala@mednet.ucla.edu

Mail Application for Enrollment (please print)
Summer 2015
Please fill in the information requested below.

Course Title and Number                  Amount
Office Gynecology/Women’s Health         M156-3

Last four digits of your social security number

Name (First/Middle/Last)  □ Male  □ Female

Preferred Mailing Address

City/State/ZIP

Area Code/Daytime Phone    Area Code/Fax

E-mail Address

Specialty

Workshops—(Optional) Participants may attend three workshops. Each workshop is 75 minutes in length. Please indicate your choices by numbering 1-3.

□ Basic Colposcopy  □ Endometrial Biopsy

□ IUD Insertion and Removal  □ Management of Common BCP Problems

□ Advanced Colposcopy

FORM OF PAYMENT

Check enclosed payable to: The Regents of the University of California
Charge: □ MasterCard  □ Visa  □ AmX  □ Discover

Card Number

Name of Cardholder

Authorizing Signature  Expiration Date

Mail to: Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Office of CME, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512.
Office Gynecology/
Women's Health for
Primary Care

Thursday-Sunday
August 6-9, 2015

Disney's Paradise Pier® Hotel
Anaheim, California