Aesthetic Eyelid and Facial Rejuvenation Course 2022

Friday–Saturday • October 28-29, 2022
UCLA Stein Eye Institute
UCLA Campus

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD
Norman Shorr, MD
Jonathan A. Hoenig, MD

AXELROD LECTURER
Guy Ben Simon, MD
Tel Aviv, Israel

LABORATORY DIRECTOR
Daniel Rootman, MD

VIDEO LAB DIRECTOR
Steven Leibowitz, MD
# FRIDAY, OCTOBER 28, 2022  HANDS-ON DISSECTION WORKSHOP PROGRAM

## Dissection Laboratory – 53-129 CHS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00</td>
<td>Registration and Breakfast</td>
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<tr>
<td>7:55</td>
<td>Laboratory Course Introduction – Daniel Rootman, MD,</td>
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<td></td>
<td>Steven Leibowitz, MD and Robert A. Goldberg, MD</td>
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## Upper Blepharoplasty

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:05</td>
<td>Upper Blepharoplasty Anatomy and Incision Design – Louis Savar, MD</td>
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<tr>
<td>8:15</td>
<td>Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Blepharoplasty</td>
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## Ptosis

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9:15</td>
<td>Ptosis Anatomy – Daniel Rootman, MD</td>
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<td>9:25</td>
<td>Ptosis Video – Justin Karlin, MD and Nathan Pirakitikulr, MD</td>
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<td>9:40</td>
<td>Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis</td>
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## Lower Blepharoplasty

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:30</td>
<td>Lower Blepharoplasty Anatomy – Daniel Rootman, MD</td>
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<tr>
<td>10:45</td>
<td>Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning,</td>
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<td>Trans-Eyelid Midface Approaches – Kelsey Roelofs, MD</td>
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<td>11:00</td>
<td>Hands-On Cadaver Lab: Lower Blepharoplasty with Variations</td>
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<td>12:00</td>
<td>Lunch</td>
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## Canthoplasty

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<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00</td>
<td>Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD</td>
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<td>1:15</td>
<td>Hands-On Cadaver Lab: Small Incision Canthoplasty</td>
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## Forehead and Mid-Face Lift

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>2:00</td>
<td>Upper and Midface Lift Anatomy/Video – Jonathan Hoenig, MD and</td>
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<td>Mehryar Taban, MD</td>
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<td>2:10</td>
<td>Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery and Direct</td>
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<td>Eyebrow Approaches</td>
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## Fat Transfer and Special Procedures

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<th>Time</th>
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<tbody>
<tr>
<td>3:30</td>
<td>Hands-On Cadaver Lab Special Procedures:</td>
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<td>Fat Transfer, Facial Implants – David Isaacs, MD</td>
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<td>Cheiloplasty – Jason Roostaiean, MD</td>
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<td>Suture Lift – Pallavi Singh, MD</td>
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<td>Facelift – Jonathan A. Hoenig, MD</td>
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<td></td>
<td>Medial Canthoplasty – Daniel Rootman, MD</td>
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<td>4:30</td>
<td>Adjourn</td>
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SATURDAY, OCTOBER 29, 2022 SYMPOSIUM PROGRAM SCHEDULE

UCLA Stein Eye Institute, RPB Auditorium

7:30 Registration and Breakfast
8:00 Introduction – Robert A Goldberg, MD
8:05 Individualized assessment and planning for aesthetic rejuvenation – Robert A. Goldberg, MD
8:30 My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – Rona Silkiss, MD
8:50 Local anesthesia and minimal cautery for office based blepharoplasty

Robert A. Goldberg, MD
9:05 Getting consistent results with Periorbital Fat Transfer – Kelsey Roelofs, MD
9:20 Cosmetic Ptosis Surgery: control of symmetry, TPS and contour – Daniel Rootman, MD
9:35 Sub-eyebrow approach to upper blepharoplasty – Pallavi Singh, MD
9:45 Questions and Answers
9:50 Coffee Break and Exhibits
10:15 Best surgical techniques from 30 years of Lower Blepharoplasty – Michael J. Groth, MD
10:35 The Unhappy Post-Blepharoplasty Patient – Robert A. Goldberg, MD
11:00 Rejuvenating the midface: surgery, cables or filler? Greg Keller, MD
11:20 Questions and Answers
11:30 Introduction of Robert Axelrod, MD Memorial Lecturer – Norman Shorr, MD
11:35 Robert Axelrod, MD Memorial Lecture – Kenneth Steinsapir, MD
12:00 Lunch
1:00 Blindness after blepharoplasty and fillers: Etiology and Management – Justin Karlin, MD and Dan Rootman, MD
1:15 Facial rejuvenation update – Jason Roostaeian, MD
1:30 Practical techniques to preserve and enhance the earlobe – Kelsey Roelofs, MD
1:40 Observations about facial aging – Val Lambros, MD, FACS
2:00 Questions and Answers

Facial Rejuvenation: Skin Treatments and Injectables

2:20 Understanding the Eyebrow and Its Role in Facial Aesthetics – Danica Fiaschetti, LVN, COA
2:30 Update on dermatologic treatment of periorbital aging skin – Jenny Kim, MD
2:50 Functional Facial Filler Injections – Robert A. Goldberg, MD
3:10 Coffee Break

Cosmetic Consultations

3:30 Live: Botulinum Toxin and Fillers
Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary.
Moderator: Cynthia Boxrud, MD
Faculty Injectors: Robert A. Goldberg, MD
4:00 Questions and Answers
4:15 Adjourn
Course Faculty

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD  
Daniel Rootman, MD  
Jonathan A. Hoenig, MD

LABORATORY DIRECTOR
Kelsey Roelofs, MD

DISSECTION VIDEO FEED DIRECTORS
Steven Leibowitz, MD  
Justin Karlin, MD

AXELROD LECTURER
Kenneth Steinsapir, MD

GUEST FACULTY
Jennifer Kim MD  
Los Angeles, California  
Gregory Keller MD  
Santa Barbara, California  
Val Lambros, MD, FACS  
Newport Beach, California  
Rona Silkiss, MD  
San Francisco, CA  
Catherine Hwang, MD  
Cleveland, Ohio

UCLA LABORATORY PRECEPTORS
Bruce Becker, MD  
Jerome Klein, MD  
David Isaacs, MD  
Joseph Lin, MD  
Christopher Lo, MD  
Polly McKinstry, MD  
Stan Saulny, MD  
Louis Savar, MD  
Norman Shorr, MD  
Ronald Strahan, MD  
Mehryar Taban, MD

UCLA COURSE FACULTY
Cynthia Boxrud, MD  
Danica Fiaschetti, LVN, COA  
Michael J. Groth, MD  
Jason Roostaeian, MD  
Justin Karlin, MD  
Nathan Piraktikul, MD  
Pallavi Singh, MD  
Tarus Gout, MD  
Kelsey Roelofs, MD

ACCOMMODATIONS
W LOS ANGELES – WESTWOOD HOTEL:
930 Hilgard Avenue  
Los Angeles, California 90024  
Within walking distance  
Reservations: 1-800-877-W-HOTELS

LU SKIN CONFERENCE CENTER:  
425 Westwood Plaza  
Los Angeles, California 90049  
Within walking distance  
Reservations: 855-522-8252

DIRECTIONS
Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for $14 per day.

FROM THE SAN DIEGO FREEWAY (405)  
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE Prime Time  
(800) 262-7433  
Skycar (310) 306-3554  
Super Shuttle (310) 532-5999

TAXICABS
Beverly Hills Cab Co. (310) 273-6611  
Checker Cab Co. (800) 300-5007  
United Independent (310) 278-2500
APPLICATION FOR REGISTRATION
Aesthetic Eyelid and Facial Rejuvenation Course 2022
October 28-29, 2022

Name ____________________________________ Degree ______________________

Specialty ____________________________________________________________________________

Address _______________________________________________________________________________

City __________________________ State __________ ZIP ______________

Telephone __________________________ FAX ______________________

E-Mail ______________________________________________________________________________

Registration Fees (Includes continental breakfast and lunch):

☐ Friday and Saturday – Fresh Cadaver Surgery Procedure Workshop and Didactic Session $2,495
☐ Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic Session $975
☐ Saturday Only – Live In-Person Didactic Session $450
☐ Saturday Only – Live Virtual Didactic Session $450

Please make checks payable to UC Regents or pay by credit card below:

☐ MasterCard  ☐ Visa  ☐ American Express  ☐ Discover Card

Card Holder’s Name ________________________________________________________________

Card Number _______________________________________________________________________

Expiration Date _____________________________________________________________________

Signature __________________________________________________________________________

Cancellation Policy:
Request for refunds must be received in writing no later than July 1, 2022. A handling fee of $75 will be deducted from each cancelled registration.

Enrollment:
Preferred: Email completed form to uclacme@mednet.ucla.edu.
Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu and click on “2022 Aesthetic Eyelid and Facial Rejuvenation”

By Fax: Send the completed enrollment form with credit card information and authorizing signature. Fax to 424.842.1604.

By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620

ACCREDITATION
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.
The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. We have tried this once before and received rave reviews. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees loved this new educational experience.

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today’s sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants unable to attend the first day of the course are welcome for the second day.
Course Description
This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives
At the conclusion of this program participants will be able to:

• Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.

• Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.

• Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.

• Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.

• Avoid surgical complications or provide appropriate management of complications.

• Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.
Doheny Eye Institute and UCLA Stein Eye Institute
Aesthetic Eyelid and Facial Rejuvenation Course 2022
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UCLA Stein Eye Institute, UCLA Campus