THE 3rd ANNUAL
UCLA Diabetes Symposium

Saturday, December 5, 2015
Loews Santa Monica Beach Hotel
Santa Monica, California
The 3rd Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge. The prevalence of diabetes is rising and providers of all types are increasingly required to address glycemic control and diabetes-related complications. Treatments are broadening and newer technologies offer promise, but must also be used with care. The UCLA Annual Diabetes Symposium is a one-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art care to the patient with diabetes. Experts in the field and its associated complications will review current best practices. Additionally, workshops aiming to address various aspects of management include updates in technology, continuous glucose monitoring systems, and hospital management. You are encouraged to bring your own difficult medical cases to discuss in the workshops.

Course Objectives

At the completion of this course, participants should be able to:

• Describe the treatment of type 2 diabetes mellitus
• Describe evaluation and treatments of cardiovascular disease prevention
• Outline treatments associated with obesity care
• Outline diabetes management in the inpatient setting
• Describe the benefits and use of continuous glucose monitoring systems
• Identify how to screen for diabetic retinopathy and when to refer for therapy
• Describe sexual dysfunction and related treatments as they pertain to diabetes mellitus

Target Audience

The UCLA Diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.
General Information

Conference Location
Loews Santa Monica Beach Hotel
1700 Ocean Avenue
Santa Monica, CA 90401
310-458-6700

Parking
Valet parking is $12.00

Hotel Accommodations
There is a very limited number of hotel rooms available at a discounted rate of $289, first come, first served basis. Please call Ryna Nevius, Loews Reservations Manager, directly at 310-576-3151 to book a room. Please note that this is not a room block, so no other rooms will be made available at the discounted rate once the limit has been reached.

Fees
Physicians: $175.00
Allied Health Professionals and Students: $150.00

Refunds
A service charge of $75 will be withheld from all refunds (full refund if course is canceled or rescheduled). Requests must be in writing and received by November 6, 2015. You may fax your refund request to 310-794-2624.

Enrollment
Online
Go to www.cme.ucla.edu/courses to enroll online using your American Express, Discover, MasterCard or Visa. Click on 3rd Annual UCLA Diabetes Symposium

By Mail
Enroll by mail with your American Express, Discover, MasterCard or Visa by using the form attached. Mail to the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024.

By Phone
Use your American Express, Discover, MasterCard or Visa to enroll over the phone. Call 310-794-2620.

By Fax
Enroll by fax with your American Express, Discover, MasterCard or Visa by sending the completed enrollment form with credit card information and authorizing signature. Fax to 310-794-2624.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Course Faculty

**COURSE DIRECTOR**

Matthew Freeby, MD  
Assistant Clinical Professor of Medicine  
Associate Director, Diabetes Clinical Programs  
Division of Endocrinology, Diabetes and Hypertension

**COURSE CO-DIRECTORS**

Dianne Cheung, MD, MPH  
Assistant Clinical Professor  
Endocrinology, Diabetes and Hypertension  
UCLA Health—South Bay Endocrinology

Evelyne Fleury-Milfort, NP, BC-ADM, CDE  
Nurse Practitioner Supervisor  
UCLA Diabetes Program  
Department of Medicine, Division of Endocrinology, Diabetes and Hypertension

**FACULTY – DAVID GEFSEN SCHOOL OF MEDICINE AT UCLA**

Sheila H. A. Ahmadi, MD  
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Division of Endocrinology, Diabetes and Hypertension  
UCLA Gonda (Goldschmied) Diabetes Center

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Clinical Instructor  
Division of Endocrinology, Diabetes and Hypertension  
Department of Medicine

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Assistant Professor of Medicine  
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UCLA Health—South Bay Endocrinology

Shalini Bhat, MD  
Assistant Clinical Professor of Medicine  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health—Santa Monica

S. Thomas Carmichael, MD, PhD  
Professor and Vice Chair for Research and Programs  
Department of Neurology  
Co-Director, UCLA Broad Stem Cell Center

Susan Davis, MD  
Assistant Clinical Professor of Medicine  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health—Santa Monica

David Lewis Geffner, MD, FACP, FACE  
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Division of Endocrinology, Diabetes and Hypertension  
Department of Medicine

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Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health—Westlake Village

Jennifer Han, MD  
Assistant Clinical Professor of Medicine  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health—South Bay

Vikram Kamdar, MD  
Clinical Professor of Medicine  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health—Santa Monica

Stanley Korenman, MD  
Distinguished Professor of Medicine  
Division of Endocrinology

Andrew F. Leuchter, MD  
Professor of Psychiatry and Biobehavioral Sciences  
Director, Neuromodulation Division  
Semel Institute for Neuroscience and Human Behavior

Zhaoping Li, MD, PhD  
Professor of Medicine  
Director, Center for Human Nutrition  
Chief, Division of Clinical Nutrition

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Division of Endocrinology  
UCLA Health-South Bay Endocrinology

Jelena Maletkovic, MD  
Clinical Instructor  
Department of Endocrinology

Aleksey Matveyenko, PhD  
Assistant Professor  
Department of Medicine

Steven D. Schwartz, MD  
Ahmanson Professor of Ophthalmology  
Jules Stein Eye Institute  
Chief, Retina Division  
Professor of Ophthalmology

Arti D. Shah, MD  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
Department of Medicine

Na Shen, MD  
Clinical Instructor  
Division of Endocrinology, Diabetes and Hypertension  
Department of Medicine

Karol E. Watson, MD, PhD  
Professor of Medicine/Cardiology  
Co-Director, UCLA Program in Preventive Cardiology  
Director, UCLA Barbra Streisand Women’s Heart Health Program

Amy Wolk, RN, BSN, CDE  
Administrative Nurse  
UCLA Gonda (Goldschmied) Diabetes Center

**SYMPOSIUM PLANNING COMMITTEE**

Peter Butler, MD  
Dianne Cheung, MD, MPH  
Evelyne Fleury-Milfort, NP, BC-ADM, CDE  
Matthew Freeby, MD
Program Schedule

Saturday, December 5, 2015

7:00 Registration/Continental Breakfast/Exhibits

7:50 Welcome and Introduction
Matthew Freeby, MD

Prevention and Management of Diabetes and Related Disorders
Moderators: Vikram Kamdar, MD and Shalini Bhat, MD

8:00 Update on Prevention of Cardiovascular Disease in Diabetes
Karol E. Watson, MD, PhD

8:35 Management of Type 2 Diabetes – Oral Agents
Yaroslav Gofnung, MD

9:10 Management of Type 2 Diabetes – Injectable Medications
Matthew Freeby, MD

9:40 Break and Exhibits

10:10 Depression and Diabetes
Andrew F. Leuchter, MD

10:45 Sleep and Diabetes: Is There a Connection?
Aleksey Matveyenko, PhD

Workshops

11:20 Rotate to Workshops

11:25 Simultaneous Workshops 1 and 2

1: Management of Hyperglycemia in the Inpatient Setting
Chair: Jennifer Han, MD
Jelena Maletkovic, MD and Vikram Kamdar, MD

2: Case Studies Type 1 Diabetes
Chair: Sheila H. A. Ahmadi, MD and Arti Shah, MD
Na Shen, MD
12:00  Lunch and Exhibits

1:00  **Simultaneous Workshops 3 and 4**

3: Using Technology to Improve Patient Care - There is an App for That!
   Chair: David Ahn, MD  
   Evelyne Fleury-Milfort, NP, BC-ADM, CDE

4: Using Continuous Glucose Monitoring: Utilization and Data Interpretation
   Chair: Aarthi Arasu, MD  
   Dianne Cheung, MD, MPH, Kelly Lunzer, PA-C, and Amy Wolk, RN, BSN, CDE

1:35  Reconvene in Main Session Room

**Managing Diabetes Complications and Related Disorders**
Moderators: David Lewis Geffner, MD, FACP, FACE and Susan Davis, MD

1:40  Current Management of Obesity
   Zhaoping Li, MD, PhD

2:15  Preventing Blindness in Diabetes
   Stephen D. Schwartz, MD

2:50  Break and Exhibits

3:10  Cerebrovascular Complications of Diabetes: Focus on Recovery after Stroke
   S. Thomas Carmichael, MD, PhD

3:45  Hypogonadism and Sexual Dysfunction in Diabetes
   Stanley Korenman, MD

4:20  Closing Remarks
   Matthew Freeby, MD

4:30  Adjourn
## Registration (Please Print)

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<thead>
<tr>
<th>Course Title and Number</th>
<th>Registration Fee</th>
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<tr>
<td>3rd Annual UCLA Diabetes Symposium</td>
<td>M156-9</td>
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Tuition includes registration in the symposium, syllabus, continental breakfast, lunch and coffee break.  

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**Last four digits of your Social Security Number**

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**Name (First/Middle/Last)**

**Male**

**Female**

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**Degree**

**Specialty**

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**Preferred Mailing Address**

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(____) _______ - ____________

**Area Code Phone**

Fax: (____) _______ - ____________

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UCLA Office of Continuing Medical Education  
David Geffen School of Medicine at UCLA  
Diabetes Symposium  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024
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