Race, Gender, Identity and Accessibility Matters in Collegiate Athlete Health

PAC-12 HEALTH EQUITY SUMMIT

JANUARY 26–27, 2023
UCLA Meyer & Renee Luskin Conference Center // Los Angeles, CA
Race, Gender, Identity, and Accessibility Matters in Collegiate Athlete Health

Course Description: The Pac-12 Conference, the NCAA, and the David Geffen School of Medicine at UCLA collaborating with the American Society for Sports Medicine (AMSSM) and The U.S. Council for Athletes Health (USCAH) will host a Health Equity Summit addressing Race, Gender, Identity and Accessibility Matters in Collegiate Athlete Health on January 26-27, 2023, at the Luskin Center on the UCLA campus. The summit will provide an opportunity for attendees to engage with both multidisciplinary leaders as well as experts in research and the clinical care of competitive athletes with a specific focus on improving health equity.

- A key goal of the summit is to provide examples of effective educational programming for collegiate sports medicine professionals and practitioners, as well as strategies for creating a more inclusive environment for supporting diverse and underrepresented student-athletes both now and in the future.
- Participants will have the opportunity to examine healthcare delivery through the lens of diversity, equity and inclusion in order to analyze its impact on the collegiate student-athlete population.
- The two-day program will feature lectures and panel discussions, including with current and former student-athletes, physicians, athletic trainers, educators, and administrators as they explore current and historical disparities for underrepresented populations, unique burdens and impacts on mental health.
Course Objectives

At the completion of this program, participants should be better able to:

• Describe current and historical disparities in healthcare for underrepresented population groups
• Recognize obstacles that exist and limit underrepresented population groups from accessing comprehensive medical care
• Discuss how disparities and obstacles accessing healthcare impact the student-athlete
• Identify the unique burdens for an underrepresented student-athlete
• Recognize how Mental Health programming may impact student-athletes of underrepresented groups
• Recommend effective educational programming for members of the collegiate sports medicine units
• Identify optimal strategies to create an environment where diverse and underrepresented student-athletes feel comfortable accessing care
• Recognize strategies to promote diversity, equity and inclusion across multidisciplinary care teams

Target Audience

This course is targeted towards healthcare personnel and personnel within intercollegiate athletic departments who work directly with collegiate and elite athletes. This may include, but is not limited to, clinical psychologists, team physicians, athletic trainers, physical therapists, dietitians, academic advisors, athletic administrators and interested student-athletes.
THURSDAY, JANUARY 26, 2023

7:00 am  REGISTRATION / BREAKFAST

8:00 am  Welcome
Martin Jarmond  //  UCLA, The Alice and Nahum Lanier Family Director of Athletics

8:05 am  Opening Remarks / Introduction
Miguel A. Rueda (he/him/his)  //  Chair, Pac-12 Student-Athlete Health and Well-Being Board, Pac-12 Conference, Senior Associate Athletic Director Health and Performance, University of Colorado
George Kliavkoff  //  Commissioner, Pac-12 Conference
Quashan Lockett (he/him)  //  Chief People & Inclusion Officer, Pac-12 Conference & Founder, Color of Sports

8:40 am  Keynote Address
Leon McDougle, MD, MPH (he/him/his)  //  National Medical Association Immediate Past President, Professor of Family Medicine with Tenure, Associate Dean for Diversity and Inclusion, The Ohio State University College of Medicine, Chief Diversity Officer, The Ohio State University Wexner Medical Center

9:10 am  Foundation: Why Are We Assembled?
Edmond Baker, Jr., MD  //  Medical Director–Equality Health; Professor–Arizona State University
Medell Briggs-Malonson, MD, MPH, MSHS (she/her)  //  Chief, Health Equity, Diversity and Inclusion, Associate Professor of Emergency Medicine, UCLA Health
Gregory J. Vincent, JD, EdD  //  President of Talladega College

10:50 am  BREAK

11:10 am  Provision of Care with Diverse Patients
Donald Porter, MD, ABFP, CAQ  //  Assistant Professor Family and Community Medicine, Head Team Physician University of Arizona
Mitchell R. Lunn, MD, MAS, FACP, FASN (he/him)  //  Assistant Professor of Medicine (Nephrology), Assistant Professor of Epidemiology and Population Health, Stanford University School of Medicine
Lisa Barkley, MD, FAAFP, FACSM, FSAHM  //  Chair, Department of Family Medicine, Associate Professor for Family Medicine, Charles R. Drew University of Medicine & Science
Student-Athlete Panel Hosted by Wil Turner, III, MA, AT (he/him/his)  //  Senior Associate U.S. Council for Athletes' Health

12:30  LUNCH
1:30 pm  **Student-Athlete Perspective**  
Oluwaferanmi Okanlami, MD, MA  
(he/him/his) // Director, Student Accessibility and Accommodation Services, University of Michigan, Adjunct Assistant Professor of Orthopaedic Surgery, UCLA  
Cheri Blauwet, MD, FACSM  
// Associate Professor of Physical Medicine and Rehabilitation, Harvard Medical School, Director, Kelley Adaptive Sports Research Institute

2:15 pm  **NCAA & Pac-12 Review**  
Carey Wheelhouse, MSPAS, PA-C  
(she/her/hers) // NCAA Sport Science Institute, Director of Health Promotion  
Marc F. Norcross, PhD, ATC  
(he/him/his) // Associate Professor, College of Public Health and Human Sciences, Oregon State University  
Cathleen Crowell, PhD, ATC  
(she/her) // Clinical Associate Professor, College of Public Health and Human Sciences, Oregon State University

3:15 pm  **BREAK**

3:30 pm  **Mental Health Considerations to Support Health Equity**  
R. Kweku Smith, PhD, LP  
// President of Blaquesmith Psychological Consultative Services, Senior Psychologist, University of Wisconsin-Madison  
Mac Brown, LP, CMPC  
(he/him) // CU Boulder Athletics, Psychological Health and Performance  
Brooke Rundle (she/they) // EdD Candidate, SPP with CMHC Specialization, Founder of Headstrong Mindset, Member of Sports Equality Foundation  
Jennifer Jacobs (she/her/hers) // MA Educational Administration, Head Volleyball Coach, Augustana University, Inclusion Inroads Co-Founder, Intercultural Development Inventory Certified, EDD Candidate, University of Sioux Falls

5:00 pm  **ADJOURN / SOCIAL**
AGENDA  DAY 2

FRIDAY, JANUARY 27, 2023

7:00 am  BREAKFAST

8:00 am  Introduction / Updates
Doug Aukerman, MD, MBA (he/him) // Senior Associate AD, Sports Medicine–Oregon State University, Medical Director–Sports Medicine–Samaritan Health Systems

8:10 am  Keynote Address
TBD

8:40 am  Medical Teams—What Do We Need to Examine?
Sherree A. Wilson, PhD (she/her) // Associate Vice Chancellor and Associate Dean, Diversity, Equity and Inclusion, Washington University School of Medicine in St. Louis
Katie Imborek, MD (she/her) // University of Iowa Hospitals and Clinics, Clinical Professor of Family Medicine, Co-Director UI Health Care LGBTQ Clinic
N. Nicole Jacobs, PhD (she/her/hers) // Associate Dean of Diversity and Inclusion and Professor, Department of Psychiatry and Behavioral Sciences, University of Nevada, Reno School of Medicine
Darin A. Latimore, MD (he/him) // Deputy Dean, Chief Diversity Officer, Associate Professor, General Internal Medicine, Yale University School of Medicine
Eric W. Carson, MD, FAAOS, FAOA (he/him) // Professor of Orthopaedic Surgery, Washington University School of Medicine, Department of Orthopaedic Surgery, Division of Sports Medicine

10:10 am  BREAK

10:30 am  Expanding College Athletics Healthcare to Have an Impact on Lifelong Outcomes
Alan G. Green, PhD // Professor of Clinical Education, Faculty Athletic Representative, USC, Co-Chair, Pac-12 ImPACt Committee
Mikel Whittier, MHA (he/him) // Director, Health Equity, Diversity and Inclusion, UCLA
Edward P. Junkins, MD, MPH // Director, University Health Services–University of Notre Dame
Devon Still, MAPP, MBA // Assistant Instructor University of Pennsylvania, Positive Psychology Practitioner with Specialization in Child & Adolescent Well-Being

11:30 am  Wrap Up / Take Home Points
Miguel A. Rueda (he/him/his) // Chair, Pac-12 Student-Athlete Health and Well-Being Board, Pac-12 Conference, Senior Associate Athletic Director Health and Performance, University of Colorado
Alexes Harris, PhD (she/her) // Professor of Sociology at the University of Washington, Faculty Regent and Faculty Athletics Representative

12:00 pm  ADJOURN
**Registration Fees:**
$275 // Live–In-person  
$225 // Live–Virtual

**Online:** Go to [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses), click on Race, Gender, Identity and Accessibility Matters in Collegiate Athlete Health Summit, and click on the registration information section. You may use your MasterCard, Visa, American Express or Discover card to register online.

**By Phone:** [310) 794-2620 Use your American Express, MasterCard, Visa or Discover card.

**Complimentary for Student-Athletes:** Live–Virtual only. If you are a Pac-12 student-athlete, please do not register online. Please email Tiana Henry (thenry@pac-12.org) to confirm your eligibility and provide your registration information.

If the in-person gathering is canceled or capacity limits are modified per CDC or public health guidelines, the conference will be modified accordingly, or presented entirely as a live–virtual activity.

**COVID Protocols & Policies:**
The Luskin Conference Center follows all current UCLA Campus COVID protocols and policies as they are subject to change. Masks are optional. We will notify participants of any COVID policy changes prior to the Summit as needed.

**Course Refunds:**
Cancellations must be received in writing by **January 6, 2023** and will be subject to a $75 processing fee. No refunds will be granted after cutoff date. If, for any reason, the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.
**Accreditation:**

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Athletic Trainers:** UCLA is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 11.25 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

**Disclosure:**

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Luskin Conference Center Information

The Luskin Conference Center features 254 beautifully-appointed guest rooms, many with sweeping views of the stunning campus architecture and beautifully landscaped grounds. The gracious guest experience at the Luskin Conference Center is further enhanced by a full-service restaurant and lounge, on-site professional catering services, well-equipped fitness center, business center, and free Wi-Fi throughout the property.

UCLA has arranged a room block at the Luskin Conference Center for our guests. A room rate of $259 will be offered (tax exempt). Each individual guest must make their own reservations by going to the following link to “Book a Room” at http://luskinconferencecenter.ucla.edu/. The group code is LG2301PACA.

You may also call 855-LCC-UCLA (522-8252). All reservations must be guaranteed with a major credit card. Reservations must be made by December 16, 2022. Once the room block is filled, room rates will be subject to availability.

UCLA Meyer & Renee Luskin Conference Center
425 Westwood Plaza // Los Angeles, CA 90095
855-522-8252 // www.luskinconferencecenter.ucla.edu

Directions and Parking

From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay stations are located up on the roof top. All day self-parking is $15. There is a convenient walkway/bridge connecting Parking Structure 8 (on level 3) to the Luskin Conference Center Property. The Luskin Conference Center is located at Westwood Plaza and Strathmore Place. For additional information, please visit: https://luskinconferencecenter.ucla.edu/about/campus-map-parking/.

QUESTIONS?

If you have any questions, please contact the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA (310) 794-2620 or visit our website at www.cme.ucla.edu.
GUEST PRESENTERS

Doug Aukerman, MD, MBA (he/him) // Senior Associate AD, Sports Medicine–Oregon State University, Medical Director–Sports Medicine–Samaritan Health Systems

Cheri Blauwet, MD, FACSM // Associate Professor of Physical Medicine and Rehabilitation, Harvard Medical School, Director, Kelley Adaptive Sports Research Institute, International Paralympic Committee (IPC) Medical Committee

Medell Briggs-Malonson, MD, MPH, MSHS (she/her) // Chief, Health Equity, Diversity and Inclusion, Associate Professor of Emergency Medicine, UCLA Health

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Mac Brown, LP, CMPC (he/him) // CU Boulder Athletics, Psychological Health and Performance

Eric W. Carson, MD, FAAOS, FAOA // Professor of Orthopaedic Surgery, Washington University School of Medicine, Department of Orthopaedic Surgery, Division of Sports Medicine Vice Chair of Diversity, Equity and Inclusion, Washington University Department Orthopaedic Surgery, St Louis John Cochran Veterans Administration Hospital, Chief of Orthopaedic Surgery

Cathleen Crowell, PhD, ATC (she/her) // Clinical Associate Professor, College of Public Health and Human Sciences, Oregon State University
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Educational Administration, Head Volleyball Coach, Augustana University Inclusion Inroads Co-Founder Intercultural Development Inventory Certified EDD Candidate, University of Sioux Falls

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Alexes Harris, PhD (she/her) // Professor of Sociology at the University of Washington, Faculty Regent and Faculty Athletics Representative

Katie Imborek, MD (she/her) // University of Iowa Health Care Department of Family Medicine, Vice Chair for Clinical Operations, Medical Director UI QuickCare, Medical Director Influenza Like Illness (ILI) Respiratory Clinics, Co-Director UI Health Care LGBTQ Clinic

N. Nicole Jacobs, PhD (she/her) // Associate Dean of Diversity and Inclusion and Professor, Department of Psychiatry and Behavioral Sciences, University of Nevada, Reno School of Medicine

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Quashan Lockett (he/him) // Chief People & Inclusion Officer, Pac-12 Conference & Founder, Color of Sports

Oluwaferanmi Okanlami, MD, MS (he/him/his) // Director–Student Accessibility and Accommodation Services, Services for Students with Disabilities, Testing Accommodation Centers, Adaptive Sports & Fitness, Division of Student Life @ University of Michigan, Assistant Professor, Family Medicine/Physical Medicine & Rehabilitation/Urology, Michigan Medicine, Adjunct Assistant Professor of Orthopaedic Surgery, David Geffen School of Medicine at UCLA

Mitchell R. Lunn, MD, MAS, FACP, FASN (he/him) // Assistant Professor of Medicine (Nephrology) Assistant Professor of Epidemiology and Population Health Stanford University School of Medicine

Donald E. Porter, MD, ABFP, CAQ // Sports Medicine Physician, Campus Health Service, Athletic Team Physician, Department of Athletics Instructor, Primary Care Sports Medicine Fellowship, Clinical Assistant Professor, Orthopaedic Surgery, Assistant Professor, Family and Community Medicine, University of Arizona

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Gregory J. Vincent, JD, EdD // President of Talladega College https://www.talladega.edu/meet-dr-gregory-vincent/

Carey Wheelhouse, MSPAS, PA-C (she/her/hers) // NCAA Sport Science Institute Director of Health Promotion

Mikel Whittier, MHA (he/him) // Director—Health Equity, Diversity and Inclusion, UCLA

Sherree A. Wilson, PhD (she/her) // Associate Vice Chancellor and Associate Dean, Diversity, Equity and Inclusion, Washington University School of Medicine in St. Louis
A Special Thanks to the

PLANNING COMMITTEE

Miguel A. Rueda // Chair, Pac-12 Health Equity Summit, Senior Associate Athletic Director–Health and Performance, University of Colorado
Doug Aukerman, MD // Senior Associate Athletic Director Sports Medicine, Oregon State University
Edmond L. Baker Jr., MD // Adjunct Professor, Arizona State University
Deana Garner-Smith // Senior Associate Athletic Director/DEI & Title IX Officer, Arizona State University
Alan G. Green, PhD // Professor of Clinical Education, Faculty Athletic Representative, Co-Chair PAC-12 ImPACt, University of Southern California
Sharon L. Hame, MD // Professor of Clinical Orthopaedic Surgery, Interim Vice Chair of Equity, Diversity & Inclusion, Associate Team Physician, University of California, Los Angeles
Alexes Harris // Professor, Department of Sociology, Economics, Race, Equity and Identity, University of Washington
Sunday Henry // Director of Athletic Medicine, Washington State University
Stephen Paul, MD, CAQSM, FAMSSM // Director Athletic Medicine, Professor Family & Community Medicine, University of Arizona, AMSSM Executive Committee, Liaison to the AMSSM-Pac-12 Healthcare Summit
Anne Rohlman // Director of Policy, Education & Strategic Engagement, NCAA Sport Science Institute
Julie Rousseau, PhD // Associate Athletic Director and Adjunct Professor (Gender & Sexuality Studies), University of Southern California
Kim Terrell // Sr. Associate Director of Athletic Medicine, University of Oregon
Wil Turner III, MS, AT // Senior Associate, U.S. Council for Athletes’ Health
Kirk Walker // Softball Coach, Sports Equality Foundation President, University of California, Los Angeles

Additional Thanks to:
Maggy Carlyle
Lynn Fister
Tiana Henry
Josh Ishoo
Ryan Andersen
Keisha May
Scott Petersmeyer and
Heather Vaughan from the Pac-12 Conference
Created in 2013, the Pac-12 Student-Athlete Health & Well-Being Initiative (SAHWBI) is a collective effort between the Pac-12 and its member universities to find ways to reduce injuries, share current best practices and latest studies, and conduct research to uncover new ways to keep student-athletes as safe as possible.

Student-athlete health and safety is paramount to the Pac-12 and the Conference has taken a proactive approach to ensure the safety of its student-athletes. This initiative harnesses the full resources of the Pac-12’s research institutions for the benefit of our student-athletes. Among the many pillars of the initiative are:

- **Pac-12 Research Grant Program**
- **Brain Trauma Task Force**
- **Concussion Coordinating Unit**
- **Pac-12 Health Analytics Program (HAP)**
- **Mental Health Task Force & Coordinating Unit**
- **Student-Athlete Health Conference**

**SAHWBI Board Representatives**

CHAIR—Miguel Rueda // University of Colorado Boulder  
VICE-CHAIR—Kim Terrell // University of Oregon  
SECRETARY—Dr. Stephen Paul // University of Arizona  
IMMEDIATE PAST CHAIR—Dr. Doug Aukerman // Oregon State University  
   Mike Dillon // University of Washington  
   Dr. Seth Gamradt // University of Southern California  
   Dr. Sunday Henry // Washington State University  
   Dr. Lindsay Huston // University of California, Berkeley  
   Dr. Calvin Hwang // Stanford University  
   Trevor Jameson // University of Utah  
   Dr. David McAllister // University of California, Los Angeles  
   Kenny McCarty // Arizona State University