Contemporary Considerations in Gender-Affirming Care
An In-Person and Live Virtual Conference

Saturday, October 22, 2022
UCLA Meyer & Renee Luskin Conference Center
425 Westwood Plaza
Los Angeles, CA 90095
Saturday, October 22, 2022

7:00  Registration and Continental Breakfast

8:00  What Do We Mean When We Speak About “Safety”? – Rethinking concepts of safety, harm, language, and listening in patient affirming care frameworks  
Beckett Maravelias

8:20  Creating and Developing a Gender-Affirming Health Care Program  
Mark Litwin, MD  
Chris Mann, MS

9:00  Break

9:15  Foundations of Gender-Affirming Hormone Therapy: A Patient-Centered Approach  
Daniela Delgado, MD

**Available for In-Person Attendees Only**

Concurrent With (In-Person) Breakout Roundtable: Clinical Challenges In Gender-Affirming Hormone Therapy For The Experienced Provider  
Shira Grock, MD

10:30  Break

10:45  WPATH Standards of Care, Version 8: Process of Revision and Significant Updates  
Eli Coleman, PhD
11:45  Lunch and Community Panel: What Makes a Good Health Care Experience?  
  Moderator: Kristen C. Williams, MA
1:00  Navigating Gender-Affirming Surgery: Surgical Overviews and Health Optimization  
  Nupur Agrawal, MD, MPH  
  Jessica Bernacki, PhD
2:00  Break
2:15  Gender-Affirming Surgery: Perioperative and Postoperative Care  
  Justine Lee, MD, PhD  
  Gladys Ng, MD, MPH  
  Ginger Slack, MD
**Available for In-Person Attendees Only**
Concurrent with (In-Person) Breakout Roundtable: Clinical Challenges in Affirming Behavioral Health Care  
  Jessica Bernacki, PhD  
  Marco A. Hidalgo, PhD
3:30  Break
3:45  Gender Diversity Across The Lifespan: Considerations in Youth and Older Adults  
  Amy Weimer, MD  
  Carl Burton, MD
5:00  Adjourn and Networking Reception
**Proof of vaccination and masks will be required for ALL in-person attendees, exhibitors and faculty.**

**Program Date**
Saturday, October 22, 2022
8:00 am – 5:00 pm
*In-person registration and check-in begins at 7:00 am, Virtual Sign-on begins at 7:45 am (PST).*

**Where**
UCLA Meyer & Renee Luskin Conference Center
425 Westwood Plaza
Los Angeles, CA 90095
(855) 522-8252

**Conference Location:** Centennial Ballroom

**Registration Fees**

<table>
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<tr>
<th>Registration Type</th>
<th>In-Person Registration</th>
<th>Virtual Registration</th>
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<tbody>
<tr>
<td>Physicians, Nurses, and Other Allied Health Professionals</td>
<td>$165</td>
<td>$165</td>
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<tr>
<td>Fellows, Residents and Students</td>
<td>$50</td>
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**Directions and Parking**
From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay for parking at the parking kiosk and display the parking permit on your dash. All day parking is $14.00. Walk down one level and across pedestrian walkway toward Luskin Conference Center. Enter through Luskin Conference Center doors on right side.

**Refunds**
Cancellations must be received in writing by Friday, September 23, 2022 and will be subject to a $50 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

**Enrollment**

**By Mail**
Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Contemporary Considerations in Gender-Affirming Care Conference, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

**Online**
Go to www.cme.ucla.edu/courses, click on Contemporary Considerations in Gender-Affirming Care Conference, and click on the registration information section. You may use your MasterCard, VISA, American Express or Discover card to register online.

**By Phone**
Use your American Express, MasterCard, VISA or Discover card.
Call (310) 794-2620.

**By FAX**
Send the completed enrollment form with credit card information and authorizing signature.
Fax (310) 794-2624.

The **Contemporary Considerations in Gender-Affirming Care Conference** will also be available through a live virtual meeting web platform.

- Attendees who choose to attend the live virtual activity will receive a virtual meeting link and password to access the live virtual conference.
- All registrants (live or virtual) will be provided the opportunity to review recorded sessions up to 3 weeks following the conference.
- Attendees will be awarded CME credit commensurate with the extent of their participation in the live activity (either in-person or virtual). The recorded sessions are not certified for CME credit.

In the event in-person attendance is cancelled or capacity limits modified per CDC or public health guidelines, the Contemporary Considerations in Gender-Affirming Care Conference will be modified accordingly or presented entirely as a live virtual activity.

**Accreditation**
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

**Disclosure Statement**
The FDA has issued a concept paper which classifies commercial support of scientific and education-al programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that nonpromotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
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Saturday, October 22, 2022

Application for Enrollment (Please Print)

<table>
<thead>
<tr>
<th>Course Title and Number</th>
<th>Amount</th>
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<tr>
<td>Contemporary Considerations in Gender-Affirming Care – An In-Person and Live Virtual Conference</td>
<td>M223-26</td>
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Please check only one option under Virtual Attendance or In-Person:

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<th>Live Virtual Attendance</th>
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In-person registration includes access to the course materials, breakfast, lunch and reception at the meeting site. Virtual registration includes access to the live stream virtual conference. All registrants (live or virtual) will receive access to the conference recordings up to 3 weeks following the program.

Please print clearly, and remember to include your credit card number and authorizing signature.

Last four digits of your Social Security Number

Name (First/Middle/Last)    Degree

Preferred Mailing Address

City/State/ZIP

(  ) Area Code    Daytime Phone

(  ) Area Code    FAX    E-mail

Specialty

☐ Check enclosed payable to: The Regents of the University of California

Charge: ☐ MasterCard    ☐ Visa    ☐ Discover    ☐ American Express

___________ – ___________ – ___________ – ___________

Name of cardholder

Authorizing Signature    Expiration (Mo/Yr)

Mail to: Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Contemporary Considerations in Gender-Affirming Care Conference, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512.
Course Description

The UCLA Gender Health Program presents an up-to-date, in-depth compendium of gender-affirming medical care. This course will feature sessions on developing an informed gender-affirming care program, basic and advanced hormone therapy, navigation through the gender-affirming surgical process, complex considerations in behavioral health care, and considerations for youth and older patients. This conference will be presented by members of the integrated, multidisciplinary UCLA Gender Health Program, and will also feature a panel of community members with diverse backgrounds and experiences. Our invited guest speaker, Eli Coleman, PhD, Chair of the WPATH SOC8, will provide an in-depth update on the WPATH Standards of Care, Version 8 (SOC8). The conference programming will be conducted in a live, hybrid format (in-person or virtual). The program will be delivered in topic-specific sessions and breakout roundtable discussions, each followed by a brief question and answer opportunity. For in-person attendees, lunch and a post-conference reception will be included as will scheduled breaks for networking and informal discussion.

Course Objectives

At the completion of this program, participants should be better able to:

• Create a welcoming and inclusive environment for patients of all gender identities

• Describe the various approaches to patient-centered gender-affirming hormone therapy

• Support patients through the gender-affirming surgical process, including mental and physical health assessment and optimization, and identification and management of common postoperative concerns

• Navigate the updated Standards of Care (Version 8) from the World Professional Association for Transgender Health (WPATH)

• Describe unique considerations in the care of children, adolescents and older adults with gender-diverse identities

Target Audience

This program is a continuation of our ongoing series intended to provide a more in-depth exposure to interdisciplinary care for gender diverse patients. The program is intended for an audience of physicians, nurses and other allied health professionals in primary care, endocrinology, plastic surgery, urology, obstetrics/gynecology and other medical disciplines, as well as psychologists, social workers and other mental health disciplines. Trainees and students from each are also welcome to register.
COURSE DIRECTOR

Amy K. Weimer, MD
(she/her)
Medical Director and Co-Director, UCLA Gender Health Program
Associate Professor
Departments of Internal Medicine and Pediatrics
Division of Internal Medicine-Pediatrics

INVITED GUEST SPEAKER

Eli Coleman, PhD
(he/him)
Professor
Department of Family Medicine and Community Health
University of Minnesota Medical School
Director and Chair in Sexual Health
Institute for Sexual and Gender Health
Minneapolis, Minnesota

UCLA COURSE FACULTY

Nupur Agrawal, MD, MPH
(she/her)
Assistant Clinical Professor
Department of Internal Medicine
Division of Internal Medicine-Pediatrics

Carl Burton, MD
(he/him)
Assistant Professor
Department of Internal Medicine

Daniela Delgado, MD
(she/her)
Assistant Clinical Professor
Department of Internal Medicine

Shira M. Grock, MD
(she/her)
Assistant Clinical Professor of Medicine
Department of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

Marco A. Hidalgo, PhD
(he/they)
Associate Professor
Department of Internal Medicine
Division of Internal Medicine-Pediatrics

Justine C. Lee, MD, PhD, FACS
(she/her)
Bernard G. Sarnat Endowed Chair
Associate Professor of Surgery
Craniofacial Surgery
Division of Plastic and Reconstructive Surgery

Mark S. Litwin, MD, MPH
(he/him)
The Fran and Ray Stark Foundation Chair in Urology
Professor and Chair
UCLA Department of Urology
Professor of Health Policy & Management
UCLA Fielding School of Public Health
Professor, UCLA School of Nursing

Gladys Y. Ng, MD, MPH
(she/her)
Associate Professor of Urology Department of Urology, Reconstructive Urology

Ginger Slack, MD
(she/her)
Assistant Professor
Department of Surgery, Division of Plastic and Reconstructive Surgery

UCLA AFFILIATED SPEAKERS

Jessica M. Bernacki, PhD
(she/her)
Staff Psychologist
Department of Internal Medicine
Division of Internal Medicine-Pediatrics

Chris Mann, MSW, ACSW
(he/they)
Gender Health Program – Program Manager
Department of Urology

Beckett Maravelias
(they/them/their)
Equity, Diversity, and Inclusion Consulting Specialist
Office of Health Equity, Diversity, and Inclusion, UCLA Health

Kristen C. Williams, MA
(they/she)
Population Health Research Manager
Department of Urology
Department of OB/GYN
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