11th Annual UCLA-Mellinkoff GI and Hepatology Symposium
March 17-18, 2023

Virtual and In-Person
UCLA Meyer and Renee Luskin Conference Center on the UCLA Campus

David Geffen School of Medicine
The 11th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is designed to offer healthcare professionals novel and integrative approaches to treat common GI disorders that can easily be implemented into practice and have significant impact on patient outcomes. In addition, an endoscopy forum with video and live cases will show complex cases and new technology. Interactive, lively case-based presentations and debates by experts in their field will engage attendees and enhance this learning experience.

At the end of the course, learners will be able to:

1. Discuss the current medical management and nutrition counseling guidelines for treating patients with IBD; including special populations including pregnancy and older patients
2. Describe the latest diagnostic, therapeutic and nutrition advances to treat esophageal disorders
3. Apply the latest pharmacological, dietary, and brain-gut behavioral management strategies to treat functional GI disorders and overlapping disorders
4. Demonstrate a structured approach for the evaluation and treatment of patients with liver disorders
5. Apply the current colon and rectal cancer screening guidelines and the interdisciplinary management strategies for polyp detection
6. Discuss the current guidelines and recommended screening protocols for pancreas cancer
7. Discuss advanced therapeutic endoscopy options to treat patients with gastrointestinal disorders

Target audience
Gastroenterologists, GI endoscopists, hepatologists, GI physician assistants, GI nurse practitioners, GI nurses, GI fellows and other allied healthcare professionals

Non-CME – Hands-on session and industry-supported lecture
The hands-on session and industry-supported lecture will provide valuable learning opportunities, though no accredited hours will be issued for these portions.

Course directors

Director
V. Raman Muthusamy, MD, MAS, AGAF, FASGE, FACG
Medical Director of Endoscopy, UCLA Health
Professor of Clinical Medicine
Vatche and Tamar Manoukian Division of Digestive Diseases
David Geffen School of Medicine at UCLA

Co-Director
Eric Esrailian, MD, MPH
Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Director, Melvin and Bren Simon Digestive Diseases Center
Lincoln Foundation Chair in Clinical Gastroenterology
Health Sciences Clinical Professor of Medicine
David Geffen School of Medicine at UCLA
The 11th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is a hybrid event and can be accessed through a live, virtual meeting web platform. Registrants will receive a virtual meeting link and password to access the conference and virtual exhibit hall.

Refunds
Cancellations must be received by email by March 3, 2023 to UCLACME@mednet.ucla.edu and will be subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course is canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Those who choose the in-person option can also access the virtual platform. If the attendee decides to change from in-person to virtual only, this must be received via email by March 3, 2023 to UCLACME@mednet.ucla.edu in order to receive a refund for the difference. We do not offer single day rates.

UCLA Meyer and Renee Luskin Conference Center
425 Westwood Plaza, Los Angeles, CA 90095
The UCLA Meyer and Renee Luskin Conference Center and its adjoining hotel is a LEED Platinum-certified property enhanced by leading edge resources. It’s central location makes it a wonderful base from which to explore many exciting cultural opportunities, including the UCLA Fowler Museum, Geffen Playhouse, UCLA Athletic Hall of Fame and The Getty Museum as well as shopping and dining in nearby Beverly Hills. luskinconferencecenter.ucla.edu

Overnight accommodations
We urge you to make reservations early. A limited block of rooms, at a special rate of $309 + tax has been reserved. The rates will be honored three days pre-and post-meeting based on group room availability. Internet access is complimentary to overnight guests.

To receive this rate, you must make your reservation before the room block is filled and by the expiration date of February 14, 2023. Attendees are responsible for their own reservations. The standard hotel reservation cancellation policy will apply to the individual reservations, unless otherwise specified.

To reserve a room, call 855-522-8252 and ask for group code: LG2303MELA. Or make a reservation online at bit.ly/3FFeBfn

Conference parking
From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay stations are located up on the roof top. All day self parking is $15. There is a convenient walkway/bridge connecting Parking Structure 8 (on level 3) to the Luskin Conference Center Property. The Luskin Conference Center is located at Westwood Plaza and Strathmore Place.

Overnight self parking is available at The Luskin Conference Center at $32 per night. There is also self parking available at Parking Structure 8 at $26 per night.

All parking rates are subject to change. For additional information, please visit: luskinconferencecenter.ucla.edu/about/campus-map-parking/

Virtual platform
The 11th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is a hybrid event and can be accessed through a live, virtual meeting web platform. Registrants will receive a virtual meeting link and password to access the conference and virtual exhibit hall.

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7:00 – 7:50 am  Non-CME – Registration, breakfast, virtual and in-person exhibit hall

7:50 – 7:55 am  Welcoming remarks
Eric Esrailian, MD, MPH, UCLA

7:55 – 8:00 am  Course overview
V. Raman Muthusamy, MD, MAS, UCLA

CME – Inflammatory Bowel Diseases: Beyond the Basics
Moderator: Berkeley Limketkai, MD, PhD, UCLA

Panelists: Maria T. Abreu, MD, University of Miami; Kian Keyashian, MD, Stanford University; Mary Kwaan, MD, MPH, UCLA; Jenny Sauk, MD, UCLA

8:00 – 8:05 am  Introduction
Berkeley Limketkai, MD, PhD, UCLA

8:05 – 8:30 am  Interactive case-based discussion: General management
What is the evidence for diets in IBD?
Berkeley Limketkai, MD, PhD, UCLA

8:30 – 9:45 am  Interactive case-based discussion: Medical therapy
Making sense of the dizzying array of biologics and small molecule inhibitors
Kian Keyashian, MD, Stanford University
Tactical approaches for medication-resistant IBD
Maria T. Abreu, MD, University of Miami

9:45 – 10:00 am  Non-CME – Break, virtual and in-person exhibit hall

CME – Inflammatory Bowel Diseases: Beyond the Basics
Moderator: Berkeley Limketkai, MD, PhD, UCLA

Panelists: Maria T. Abreu, MD, University of Miami; Kian Keyashian, MD, Stanford University; Mary Kwaan, MD, MPH, UCLA; Jenny Sauk, MD, UCLA

10:00 – 10:55 am  Interactive case-based discussion: Special populations
Practical considerations for IBD in the elderly
Kian Keyashian, MD, Stanford University
Practical considerations for pregnancy and IBD
Jenny Sauk, MD, UCLA

10:55 – 11:15 am  Panel and Q & A
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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| 11:15 am – 12:00 pm | Proactive vs reactive therapeutic drug monitoring  
Maria T. Abreu, MD, University of Miami; Kian Keyashian, MD, Stanford University  
Anticoagulation for portal vein thrombosis in patients with cirrhosis  
Sentia Iriana, MD, UCLA; Tien S. Dong, MD, PhD, UCLA  
What is the right weight loss procedure for my patient? Surgery or endoscopy?  
Adarsh M. Thaker, MD, UCLA; Erik Dutson, MD, UCLA |
| 12:00 – 1:00 pm | Non-CME – Lunch, virtual and in-person exhibit hall |
| 1:00 - 2:15 pm | Vinay Chandrasekhara, MD, Mayo Clinic - Rochester; Ashwinee S. Condon, MD, UCLA; Danny Issa, MD, UCLA; Stephen Kim, MD, UCLA; Jennifer Kolb, MD, MS, UCLA VA; V. Raman Muthusamy, MD, MAS, UCLA; Alireza Sedarat, MD, UCLA |
| 2:15 – 2:30 pm | Non-CME – Break, virtual and in-person exhibit hall |
| 2:30 – 2:50 pm | Barrett's esophagus: Best practices for screening and surveillance  
V. Raman Muthusamy, MD, MAS, UCLA |
| 2:50 – 3:10 pm | Evaluation of noncardiac chest pain: Is it all esophageal spasm?  
Lisa D. Lin, MD, MS, UCLA |
| 3:10 – 3:30 pm | EGJ outflow obstruction: Overcall or true manometric abnormality?  
Nipaporn Pichetshote, MD, UCLA |
| 3:30 – 3:50 pm | The 3 D's of eosinophilic esophagitis: Drugs, diet, dilation and (more) drugs  
Craig Gluckman, MD, UCLA |
| 3:50 – 4:30 pm | Case studies, panel and Q & A |
| 4:30 pm       | Adjourn |
| 4:30 – 5:30 pm | Non-CME – Hands-on session |
## Agenda

**Saturday, March 18**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 – 7:55 am</td>
<td>Non-CME – Breakfast, virtual and in-person exhibit hall</td>
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<td>7:55 – 8:00 am</td>
<td>Welcoming remarks</td>
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<td>V. Raman Muthusamy, MD, MAS, UCLA</td>
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<td>Moderator: Lin Chang, MD, UCLA</td>
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<td>Panelists: Ellie Y. Chen, MD, UCLA; Lucinda A. Harris, MS, MD, Mayo Clinic - Scottsdale; Nancee Jaffe, MS, RDN, UCLA; Wendi G. LeBrett, MD, UCLA; Megan Oser, PhD, UCLA; Suzanne R. Smith, MSN, NP, CMT-P, UCLA</td>
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<td>8:00 – 8:05 am</td>
<td>Introduction</td>
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<td>Lin Chang, MD, UCLA</td>
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<td>8:05 – 8:10 am</td>
<td>Case presentation: Patient with IBS-C with fibromyalgia and persistent abdominal pain</td>
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<td>Wendi G. LeBrett, MD, UCLA</td>
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<tr>
<td>8:10 – 8:25 am</td>
<td>A multidisciplinary approach to managing IBS-C</td>
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<td>Lin Chang, MD, UCLA</td>
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<td>8:25 – 8:40 am</td>
<td>Panel discussion</td>
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<tr>
<td>8:40 – 8:50 am</td>
<td>Case presentation: Patient with IBS-D symptoms and POTS</td>
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<td>Ellie Y. Chen, MD, UCLA</td>
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<td>8:50 – 9:10 am</td>
<td>POTS, Mast Cell Activation Syndrome and Ehlers-Danlos Syndrome and overlap with DGBIs</td>
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<td>Lucinda A. Harris, MS, MD, Mayo Clinic - Scottsdale</td>
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<td>9:10 – 9:25 am</td>
<td>Panel discussion</td>
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<td>9:25 – 10:00 am</td>
<td>Interactive case-based DGBI disorders</td>
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<td>• Managing a patient on a prolonged restrictive diet with persistent symptoms</td>
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<td>• Managing DGBI with coexistent psychological disorders</td>
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<td>10:00 – 10:15 am</td>
<td>Non-CME – Break, virtual and in-person exhibit hall</td>
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<td><strong>CME – Liver Disorders</strong></td>
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<td>Moderator: Mohamed El Kabany, MD, UCLA</td>
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<td>10:15 - 10:35 am</td>
<td>New concepts in acute kidney injury in patients with chronic liver disease</td>
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<td>Sammy Saab, MD, MPH, UCLA</td>
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<td>10:35 - 10:55 am</td>
<td>Management of patients with alcohol hepatitis: Hospital and beyond - The patient journey</td>
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<td>Akshay Shetty, MD, UCLA</td>
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<td>10:55 - 11:15 am</td>
<td>Treating NASH 2023: Current and near future treatments</td>
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<td>Jasleen Singh, MD, UCLA</td>
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11:15 - 11:35 am  Approach to hepatic lesions
Steven-Huy B. Han, MD, UCLA

11:35 - 11:55 am  Women and liver disease
Gina Choi, MD, UCLA

11:55 am - 12:15 pm  Case presentations and Q & A
Beshoy T. Yanny, MD, UCLA

12:20 – 1:20 pm  Non-CME – Lunch, lecture, virtual and in-person exhibit hall
Risk stratification in Barrett’s esophagus
Stuart Jon Spechler, MD, AGAF, FACG
Chief, Division of Gastroenterology; Co-Director, Center for Esophageal Diseases
Baylor University Medical Center at Dallas
Co-Director, Center for Esophageal Research, Baylor Scott & White Research Institute
Industry supported: Castle Biosciences

1:15 – 1:35 pm  An update on non-colonoscopy methods of screening for colon cancers
Shahrad Hakimian, MD, UCLA

1:35 – 1:55 pm  Preventing the inadequate bowel prep
Audrey H. Calderwood, MD, MS, Dartmouth-Hitchcock

1:55 – 2:15 pm  Assessment and classification of large colon polyps
Stephen Kim, MD, UCLA

2:15 – 2:35 pm  Minimally invasive management of colorectal cancer
Kevork Kazanjian, MD, UCLA

2:35 – 2:55 pm  Management of benign anorectal disorders
Anne Y. Lin, MD, MS, UCLA

2:55 – 3:15 pm  Panel and Q & A

3:15 – 3:30 pm  Non-CME - Break, virtual and in-person exhibit hall

3:30 - 3:50 pm  Management of acute pancreatitis and its complications
Vinay Chandrasekhara, MD, Mayo Clinic – Rochester

3:50 - 4:05 pm  Exocrine pancreas insufficiency
Shelby Yaceczko, MS, RDN-AP, CNSC, CSSD, CCTD, UCLA

4:05 - 4:25 pm  Role of pancreatoscopy in chronic pancreatitis
Alireza Sedarat, MD, UCLA

4:25 - 4:40 pm  Pancreas cancer screening: Am I a candidate? Review of the guideline
Stephen Kim, MD, UCLA

4:40 - 5:00 pm  Panel and Q & A

5:00 pm  Adjourn
Invited faculty

Maria T. Abreu, MD  
Professor of Medicine  
Professor of Microbiology and Immunology  
Vice Chair of Research, Department of Medicine  
Director, Crohn’s & Colitis Center  
University of Miami Miller School of Medicine  
VP, American Gastroenterological Association

Audrey H. Calderwood, MD, MS, FACC, FASGE  
PI, COOP Trial  
Director, Comprehensive Gastroenterology Center  
Associate Professor of Medicine, Geisel School of Medicine and the Dartmouth Institute  
Staff Physician, Gastroenterology and Hepatology  
Dartmouth Hitchcock Medical Center

Erik P. Dutson, MD  
Chief, UCLA Section of Minimally Invasive and Bariatric Surgery  
Surgical Director, COMET  
Executive Director, Center for Advanced Surgical and Interventional Technology (CASIT)  
Director, UCLA MIS Fellowship  
Clinical Professor of Surgery, Department of Surgery

Ellie Y. Chen, MD**  
Gastroenterology Fellow

Gina Choi, MD**  
Associate Director, Transplant Hepatology Fellowship Program  
Health Sciences Associate Professor of Medicine and Surgery  
Pfleger Liver Institute  
Dumont-UCLA Liver Transplant Center

Lin Chang, MD**  
Vice Chief, Vatche and Tamar Manoukian Division of Digestive Diseases  
Program Director, UCLA GI Fellowship Program  
Co-Director, G. Oppenheimer Center for Neurobiology of Stress and Resilience  
Professor of Medicine

Ashwinee S. Condon, MD**  
Health Sciences Clinical Instructor of Medicine

Sonya S. Dasharath, MD**  
Health Sciences Clinical Instructor of Medicine

Tien S. Dong, MD, PhD**  
Assistant Clinical Professor of Medicine

Shahrad Hakimian, MD**  
Health Sciences Clinical Instructor of Medicine

Steven-Huy B. Han, MD, AGAF, FAASLD**  
Philip L. Palumbo Chair in Clinical Hepatology  
Program Director, Transplant Hepatology Fellowship  
Director, Hepatology Clinical Research Center  
Assistant Director, UCLA Asian Liver Center  
Pfleger Liver Institute  
Health Sciences Clinical Professor of Medicine & Surgery  
Division of Liver and Pancreas Transplantation

Mohamed El Kabany, MD**  
Health Sciences Clinical Professor of Internal Medicine and Hepatology  
Pfleger Liver Institute  
Dumont-UCLA Liver Transplant Center

Vinay Chandrasekhara, MD, AGAF, FASGE  
Consultant, Division of Gastroenterology & Hepatology  
Associate Professor of Medicine  
Director, Pancreas Group  
Program Director, Advanced Endoscopy Fellowship  
Mayo Clinic - Rochester

Lucinda A. Harris, MS, MD  
Professor of Medicine, Mayo School of Medicine  
Consultant, Division of Gastroenterology & Hepatology, Department of Medicine  
Mayo Clinic – Scottsdale

Kian Keyashian, MD  
Clinical Associate Professor of Medicine  
Clinical Director of the Inflammatory Bowel Disease Program  
Stanford University, School of Medicine

Craig Gluckman, MD**  
Health Sciences Assistant Clinical Professor of Medicine

Kevin Ghassemi, MD**  
Clinical Chief, Westwood & Beverly Hills, Melvin and Bren Simon Digestive Diseases Center  
Health Sciences Associate Clinical Professor of Medicine

Sonya S. Dasharathy, MD*  
Health Sciences Clinical Instructor of Medicine
CME credits
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ABIM MOC
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses
CME Category 1 Credit can be used by RNs to meet their continuing education requirements, as per the California State Board of Registered Nursing. Nursing participants, who attend both days in full, will be awarded 15 CMEs. Partial credit is not available. For more information, please visit the California BRN website or contact Kathleen Feldman, MSN, RN, NPD-BC, at KFeldman@mednet.ucla.edu

Disclosure
The FDA has issued a concept paper which classified commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the sponsor adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
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Course #C04501

Online enrollment and payment can be completed at cme.ucla.edu/courses/Mellinkoff2023

You may use your MasterCard, VISA, American Express, or Discover card. Credit card and check payments via phone, fax, or mail are no longer accepted.

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**Course fee**

**In-person**
- MD/DO - $400 (UCLA GI fellow alumni discounted to $350)
- Other healthcare professions - $300
- Fellows/trainees - complimentary - email trishajames@mednet.ucla.edu

**Virtual**
- MD/DO - $200
- Other healthcare professionals - $200
- Fellows/trainees - complimentary - email trishajames@mednet.ucla.edu

**Non-CME** - Hands-on session and industry-supported lecture
- Complimentary - open to all

**Syllabus**
- Complimentary online for all, hard copy for in-person only

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**Symposium and registration inquiries**
Contact course coordinator trishajames@mednet.ucla.edu.

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We invite you to follow us on Twitter @UCLAGIHep, and to visit our website, uclahealth.org/departments/medicine/gastro, for the latest information on the exciting progress we're making in the fight against digestive diseases.
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