43rd Annual

UCLA Family Medicine Refresher Course

Monday-Friday
May 23-27, 2016

Marina del Rey Marriott
Marina del Rey, California
The goal of this refresher course is to provide family physicians and other primary care providers with state-of-the-art educational experiences and accepted approaches to clinical problem-solving in both office and hospital settings.

**At the conclusion of this course, participants should be able to:**

- Apply current diagnosis and management principles pertaining to common problems seen in a family medicine setting, including hypertension, diabetes, depression, rheumatologic diseases, obesity, COPD, coronary heart disease, child abuse, cancer screening, and menopause
- Recognize the impact of, and integrate advances in, specialty areas as they relate to the practice of family medicine
- Formulate management plans for disorders frequently seen in family practice, based on the latest accepted methodologies

**Course Includes**

- The latest clinical developments of interest to family physicians
- Practical skills workshops
- Mini-courses providing in-depth review of selected relevant topics
- Expanded syllabus for quick reference in your clinical practice
- Speakers with proven ability to present relevant content useful in the family medicine context

**Accreditation**

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of **36.5 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for Category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

**AAFP Accreditation**

Application for CME credit has been filed with the American Academy of Family Physicians. *Determination of credit is pending.*

**Disclosure Statement**

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is truly independent and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Monday, May 23, 2016

7:00  Registration and Continental Breakfast

7:25  Welcome/Introduction

7:35  Acute Coronary Syndrome: State-of-the-Art
     Gregg C. Fonarow, MD

8:15  Hypercholesterolemia: Implementing the New Guidelines
     Karol E. Watson, MD, PhD

9:00  Questions and Answers

9:15  Managing Hypertension in 2016: SPRINT and More
     Karol E. Watson, MD, PhD

9:55  Break

10:10 Diabetes Update: 2016
     Michael A. Bush, MD

10:50 Diabetic Complications: Proving that Ounce of Prevention
     Michael A. Bush, MD

11:30 Modern Management of Obesity
     Zhaoping Li, MD, PhD

12:15 Lunch (on own)

Minicourse: Geriatrics

1:30  Alzheimer’s Disease: Recognition and Management
     Michelle S. Eslami, MD

2:15  Delirium: A Neurologist’s Approach
     Lucas Restrepo, MD, PhD

3:00  Break

3:15  Ethical Issues in the Elderly
     Neil Wenger, MD

4:00  Common Infections in the Elderly
     Dean C. Norman, MD

4:40  Questions and Answers

5:00  Adjourn

Minicourse: Subspecialty Update

1:45  Atrial Fibrillation: Current Guidelines and Recommendations
     Eric Buch, MD, FHRS, FACC

2:25  Heart Failure
     Jon A. Kobashigawa

3:05  Questions and Answers

3:15  Break

3:30  Insomnia: A Primary Care Approach
     Alon Y. Avidan, MD, MPH

4:10  Venous Disorders
     David A. Rigberg, MD

4:50  Prostate Cancer and BPH
     Leonard S. Marks, MD

5:00  Adjourn

Wednesday, May 25, 2016

7:00  Continental Breakfast

Minicourse: Pediatrics

7:30  Approach to the Child with a Heart Murmur
     Daniel S. Levi, MD

8:15  Approach to the Febrile Child
     Carol D. Berkowitz, MD

9:00  Food Allergy
     Maria Garcia-Lloret, MD

9:45  Questions and Answers

10:00 Break

10:15 Pediatric Dermatology
     Robert E. Morris, MD

11:00 Child Abuse
     Claudia Wang, MD

11:45 Questions and Answers

12:00 Lunch (on own)
### Thursday, May 26, 2016

**7:00** Continental Breakfast

**Minicourse: GI**

7:30 Current Clinical Concepts in Fatty Liver  
Francisco A. Durazo, MD, FACP  

8:10 Management of Hepatitis C  
Steven-Huy Han, MD, AGAF  

8:50 Barrett’s Esophagus: Sorting Out the Controversy  
Raman Muthusamy, MD  

9:30 Questions and Answers  
9:45 Break  

10:00 COPD Update  
Gerard W. Frank, MD, PhD  

10:45 Office Orthopedics vs. Asthma  
Bruce A. Brown, MD  

11:30 Questions and Answers  
11:45 Lunch (on own)

**WORKSHOPS**  
1:15-2:45 and 3:00-4:30

- **Office Orthopedics**  
  Bruce A. Brown, MD

- **Office Radiology**  
  James D. Collins, MD

- **Skin Biopsy**  
  Richard A. Johnson, MD

- **Joint Injections**  
  Daniel T. Lee, MD

- **Myofacial Pain**  
  Jimmy Hara, MD, FAAFP

### Friday, May 27, 2016

**7:00** Continental Breakfast

**Minicourse: Office Psychiatry**

7:30 Anxiety Disorders  
Shirah Vollmer, MD  

8:10 Alcoholism Recognition and Management: 2016  
Timothy Fong, MD  

8:50 Approach to the Patient with Depression  
Andrew F. Leuchter, MD  

9:45 Questions and Answers

**Minicourse: Challenges in Primary Care**

10:00 Common ENT Disorders  
Paul A. Kedeshian, MD  

10:45 Office Ophthalmology  
Lynn Gordon, MD, PhD  

11:30 Office Dermatology  
Jennifer Haley, MD  

12:15 Lunch (on own)

**Minicourse: Common Problems in Primary Care**

1:30 Hypertension 1, 2, 3: How to Measure BP? How to Choose Treatment? How Low to Go?  
Stanley S. Franklin, MD, FACP, FACC, FASN  

2:15 Concussion  
John DiFiori, MD  

3:00 Common Thyroid Disorders  
Roland Sakiyama, MD, FACP  

3:45 Questions and Answers  
4:00 Adjourn

### Other UCLA Meetings of Interest

**Meeting the Challenge of Primary Care**  
March 16-19, 2016  
Wailea Beach Marriott Resort  
Wailea, Maui, Hawaii

**Office Gynecology/Women’s Health for Primary Care**  
August 11-14, 2016  
Disney’s Paradise Pier Hotel  
Anaheim, California
PROGRAM CHAIR

Martin A. Quan, MD
Professor of Clinical Family Medicine*
Director, Office of Continuing Medical Education

PROGRAM COMMITTEE

Jimmy Hara, MD, FAAFP
Professor of Clinical Family Medicine*
Residency Program Director Emeritus,
Southern California Kaiser Permanente
Los Angeles, California

Roland Sakiyama, MD, FACP
Clinical Professor of Medicine*

PROGRAM FACULTY

Martin Anderson, MD
Professor of Pediatrics*

Alon Y. Avidan, MD, MPH
Professor of Neurology*
UCLA Department of Neurology
Director, UCLA Sleep Disorders Center

Carol D. Berkowitz, MD
Professor and Executive Vice Chair*
Department of Pediatrics
Harbor-UCLA Medical Center

Bruce A. Brown, MD
Assistant Clinical Professor*
Department of Orthopaedic Surgery

Eric Buch, MD, FHRs, FACC
Assistant Professor of Medicine*
Director, Specialized Program for Atrial Fibrillation
UCLA Cardiac Arrhythmia Center

Michael A. Bush, MD
Associate Clinical Professor of Medicine/Endocrinology*
Division of Endocrinology,
Cedars-Sinai Medical Center

James D. Collins, MD
Professor of Radiological Sciences*

Carolyn J. Crandall, MD, MS
Professor of Medicine*

John DiFiori, MD
Professor of Clinical Family Medicine and Orthopaedics*
Chief, Division of Sports Medicine
Team Physician, UCLA Department of Intercollegiate Athletics

Francisco A. Durazo, MD, FACP
Professor of Medicine and Surgery*
Medical Director, Dumont-UCLA Liver Transplant Center
Division of Digestive and Liver Disease

Michelle S. Eslami, MD
Professor of Medicine/Geriatrics*

Peng Thim Fan, MD
Clinical Professor of Medicine/Rheumatology*

Gregg C. Fonarow, MD
Eliot Corday Professor of Cardiovascular Medicine and Science*
Director, Ahmanson-UCLA Cardiomyopathy Center
Co-Chief of Clinical Cardiology
UCLA Division of Cardiology

Timothy Fong, MD
Associate Professor of Psychiatry*
Co-Director, UCLA Gambling Studies Program
Director, UCLA Addiction Psychiatry Fellowship
UCLA
UC Tobacco Cessation Network

Gerard W. Frank, MD, PhD
Associate Clinical Professor*
Pulmonary and Critical Care Medicine

Stanley S. Franklin, MD, FACP, FACC, FASN
Professor of Medicine
Division of Cardiology
University of California, Irvine

Jodi Friedman, MD
Associate Clinical Professor of Medicine*

Maria I. Garcia-Lloret, MD
Assistant Clinical Professor*
Department of Pediatric Allergy/Immunology/
Rheumatology

Armando Giuliani, MD, FACS, FRCSEd
Professor of Surgery*
Executive Vice Chair of Surgery
Associate Director, Samuel Oschin Comprehensive Cancer Institute
Cedars-Sinai Medical Center

Lynn Gordon, MD, PhD
Professor of Ophthalmology*

Jennifer Haley, MD
Associate Clinical Professor of Medicine/Dermatology*

Steven-Huy Han, MD, AGAF
Professor of Medicine and Surgery*
Digestive and Liver Diseases
Dumont-UCLA Liver Transplant Center

Richard A. Johnson, MD
Clinical Professor of Family Medicine*
Pacific Palisades Medical Group, Inc.

Paul A. Kedeshian, MD
Associate Clinical Professor*
Department of Head and Neck Surgery

Jon A. Kobashigawa, MD
Clinical Professor of Medicine*
OSL/Thomas D. Gordon Chair in Heart Transplantation Medicine
Associate Director, Cedars-Sinai Institute
Director, Advanced Heart Disease Section
Director, Heart Transplant Program

Daniel T. Lee, MD
Clinical Professor of Family Medicine*
Faculty, UCLA - Santa Monica Family Medicine Residency Program

Andrew F. Leuchter, MD
Professor of Psychiatry and Biobehavioral Sciences*

Daniel S. Levi, MD
Assistant Professor of Pediatrics*
Division of Pediatric Cardiology
Meeting Location
Marina del Rey Marriott
4100 Admiralty Way
Marina del Rey, CA 90292
(310) 301-3000

The Marina del Rey Marriott is located three blocks from the beach in the heart of Marina del Rey, across from the world’s largest man-made harbor. It is six miles from LAX airport, with access to all area freeways and major surface routes. Within walking distance of the hotel are a variety of restaurants, clubs, and shops as well as biking paths, jogging trails and the Marina Beach. Close to Marina del Rey are art galleries, popular restaurants, architectural showpieces, and the distinctive cultural scene of Santa Monica and Venice Beach. Shopping in Beverly Hills and Century City is is also close by. The Los Angeles area offers a variety of vacation entertainment for both adults and children. Disneyland, Knotts Berry Farm, Magic Mountain and Universal Studios are just a sample of attractions that help to make a visit to Southern California a memorable experience.

Accommodations
A block of rooms has been reserved at the Marina del Rey Marriott for seminar participants at a special conference rate starting at $239.00 per night for single/double occupancy. Confirmation of reservations received after May 2, 2016 is subject to availability.

Fees:
$675 for physicians
$506 for non-physician healthcare professionals
Fee includes course registration, continental breakfasts and extensive course syllabus.

Conference Parking
There will be special banquet valet day parking rates of $12 per day for attendees of the conference. Overnight parking is $24.00 per night.

Refunds
Cancellations must be received in writing by Friday, May 9, 2016, and will be subject to a $75 processing fee. No refunds will be given after May 9, 2016. If for any reason the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Transportation to Hotel from LAX
Taxi service is available from Los Angeles International Airport to the Marina del Rey Marriott.
Mail Application for Enrollment (Please Print) 2016

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| WORKSHOPS: | |
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Each registrant will participate in two workshops. Each workshop is held twice, both on Thursday, May 26, 2016.

**Session 1** is from 1:15-2:45 and **Session 2** is from 3:00-4:30.

Please choose two workshops (mark with a 1 and 2) and a third (3) as an alternate (should one of the others be full).

- A. Myofacial Pain
- B. Joint Injections
- C. Office Orthopedics
- D. Skin Biopsy
- E. Office Radiology

**Space is limited, so please register early!**

☐ Check enclosed payable to: The Regents of the University of California

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Mail or Fax completed form and payment to:
Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
Family Medicine Refresher Course
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512  FAX: 310-794-2624
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