34th Annual
UCLA Intensive Course in
Geriatric Medicine
& Board Review

September 13-16, 2017
UCLA Meyer and Renee Luskin Conference Center
Los Angeles, CA
Course Overview

One of the longest-running courses of its kind, the UCLA Intensive Course in Geriatric Medicine is a four-day course and board review in geriatric medicine that emphasizes an evidence-based and functional approach to the comprehensive care of older adults. It is designed for health professionals who wish to enhance their ability to care for older adults, and for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Practice (ABFP).

- The 34th Annual UCLA Intensive Course is presented concurrently with the 2017 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.
- Speaker presentations and supplementary materials are provided in a searchable and annotatable PDF syllabus.
- Over nine hours of optional interactive board review sessions are offered.
- Three interactive preconference workshops on a variety of topics including geriatric cardiovascular diseases, transitions in care, and complementary and alternative medicine.

Learning Objectives

At the conclusion of this course, participants should be able to:

- Identify the basic principles of geriatric medicine
- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Understand key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems and ethical issues in decision-making, and formulate an approach to these problems
- Comprehend the major geriatric syndromes such as incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them

Invitation from the Chair

For over 3 decades, the UCLA Intensive Course in Geriatric Medicine has been the preeminent conference for health professionals who provide clinical care for older adults. This year, we will cover a broad range of topics in geriatric primary and specialty care, delivered by recognized experts in the field. For those who can come a day earlier, we offer outstanding workshops in geriatric cardiology, complementary medicine and care transitions. For the first time in its illustrious history, the course will be held in a newly built venue at the center of the UCLA campus. We will be very glad if you can join us!

Zaldy S. Tan, MD, MPH
Course Chair
Zaldy Tan, MD, MPH
Course Chair, UCLA Intensive Course in Geriatric Medicine & Board Review
Medical Director, UCLA Alzheimer's and Dementia Care Program
Associate Chief for Education, UCLA Division of Geriatric Medicine
Assistant Dean for Curricular Affairs
Professor of Medicine*

Co-Chairs
Cathy A. Alessi, MD
Director, Geriatric Research, Education and Clinical Center (GRECC) and Chief, Division of Geriatrics, VA Greater Los Angeles Healthcare System
Professor of Medicine/Geriatric Medicine*

Susan L. Charette, MD
Clinical Professor of Medicine/Geriatric Medicine*

Timothy W. Cutler, PharmD, CGP
Pharmacist Supervisor, Primary Care, UC Davis Medical Center
Clinical Professor of Pharmacy, UCSF Divine Family Chair in Clinical Pharmacy

Randall T. Espinoza, MD, MPH
Clinical Professor of Psychiatry
Muriel Harris Endowed Chair of Geriatric Psychiatry
Training Director, UCLA Geriatric Psychiatry Fellowship Program
Medical Director, ECT Program, Resnick Neuropsychiatric Hospital at UCLA
Associate Director, UCLA Longevity Center*

Aaron H. Kaufman, MD
Health Sciences Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences*

Cathy C. Lee, MD, MS
Associate Clinical Professor, Internal Medicine/Geriatric Medicine*
Staff Physician, Geriatric Research, Education and Clinical Center (GRECC), VA Greater Los Angeles Healthcare System

Dan Osterweil, MD, FACP
Medical Director/Vice President, Scan Health Plan
Associate Director, UCLA Multicampus Program in Geriatric Medicine and Gerontology
Clinical Professor of Medicine/Geriatric Medicine*

*David Geffen School of Medicine at UCLA
Freny Vaghaiwalla Mody, MD  
Director, Heart Failure and Preventive Cardiology Programs, Division of Cardiology, VA Greater Los Angeles Healthcare System  
Professor of Medicine

David B. Reuben, MD  
Director, Multicampus Program in Geriatric Medicine and Gerontology  
Archstone Foundation Chair & Professor of Medicine  
Chief, Division of Geriatrics

Heather Bennett Schickedanz, MD  
Assistant Clinical Professor of Medicine  
Director, Primary Care and Managed Care Services, Olive View-UCLA Medical Center

Gary Schiller, MD, FACP  
Professor of Medicine  
Director, Hematological Malignancies, Stem Cell Bone Marrow Transplant Program

Benjamin M. Shapiro, MD  
Assistant Professor of Psychiatry, VA Greater Los Angeles Healthcare System

Latisha Katie Sharma, MD, FAHA  
Associate Professor of Neurology  
Director, Stroke Center  
Medical Quality Director, TeleStroke Program  
Associate Director, Vascular Neurology Residency Program

Albert Shieh, MD  
Clinical Instructor, Division of Geriatrics and Endocrinology

Alan M. Singer, DPM, FACFAS  
Chief, Division of Podiatric Surgery, Department of Surgery

Linda Sohn, MD, MPH, CMD  
CLC Medical Director, VA Greater Los Angeles Healthcare System  
Associate Clinical Professor of Medicine/Geriatric Medicine

Irena Tsui, MD  
Assistant Professor of Ophthalmology, Retina Division, Stein Eye Institute and Doheny Eye Institute  
UCLA West Los Angeles VA Medical Center

Sondra Vazirani, MD, MPH  
Director, Preoperative Medicine and Medicine Consult Service, VA Greater Los Angeles Healthcare System

Tara Vijayan, MD  
Assistant Clinical Professor, Division of Infectious Diseases

Michael Wasserman, MD, CMD  
Assistant Clinical Professor  
Chief Medical Officer, Rockport Healthcare Services

Karol E. Watson, MD, PhD  
Director, UCLA Barbra Streisand Women's Heart Health Program  
Co-Director, UCLA Program in Preventive Cardiology  
Professor of Medicine/Cardiology

Pam Weber, RD  
Dietitian II, Supervisor

Ari Weinreb, MD, PhD  
Staff Physician, Division of Rheumatology, VAGLAHS  
Associate Professor of Medicine

Jane E. Weinreb, MD  
Chief, Division of Endocrinology, Diabetes and Metabolism, VA Greater Los Angeles Healthcare System  
Clinical Professor of Medicine

Nancy Weintraub, MD, MPH  
Director, VA-UCLA Geriatric Medicine Fellowship  
Clinical Professor of Medicine  
Department of Internal Medicine, Division of Geriatrics

James Wilson, MD, MS, FACP  
Medical Director, UCLA Stone Center  
Director, Surgical Consultative Nephrology  
Director, UCLA CKD Program  
Associate Professor of Medicine

Irene I-Lan Wu, MD  
Assistant Director, UCLA Comprehensive Pain Center  
Assistant Clinical Professor, Department of Anesthesiology

Demetra Antimisiaris, PharmD, BCGP, FASCP  
Director, Frazier Polypharmacy e-Medication Management Program  
Associate Professor, University of Louisville School of Medicine

Parag Agnihotri, MD  
Medical Director, Continuum of Care Sharp Rees-Stealy Medical Group

Dan G. Blazer, MD, MPH, PhD  
JP Gibbons Professor Emeritus of Psychiatry and Behavioral Sciences  
Department of Psychiatry and Behavioral Sciences, Duke University Medical Center

Patrick Chan, PharmD, PhD  
Assistant Professor, Department of Pharmacy Practice and Administration, Western University of Health Sciences College of Pharmacy

Howard Fillit, MD  
Founding Executive Director and Chief Science Officer, The Alzheimer’s Drug Discovery Foundation  
Clinical Professor of Geriatric Medicine, Palliative Care, Medicine, and Neuroscience, The Icahn School of Medicine at Mount Sinai (NY)

Patrick R. Finley, PharmD, BCPP  
Professor of Clinical Pharmacy in Psychopharmacology and Behavioral Health, University of California, San Francisco, School of Pharmacy

Arash A. Horizon, MD  
Director, Center for Rheumatology Clinical Instructor of Medicine, Cedars-Sinai Medical Center

Cynthia Jackevicius, BScPhm, PharmD, MSc, BCPS-AQ Cardiology, FSHP, FAHA, FCCP, FCCS  
Clinical Pharmacy Specialist, Cardiology, VA Greater Los Angeles Healthcare System  
Professor, Pharmacy Practice, Western University of Health Sciences  
Director, Cardiovascular Outcomes Research Fellowship

Jürgen Unützer, MD, MPH, MA  
Professor and Chair, Department of Psychiatry and Behavioral Sciences  
Director, AIMS Center (Advancing Integrated Mental Health Solutions), University of Washington
Preconference Sessions

Tuesday, September 12

Preconference Sessions (additional $100 fee per half-day session applies)

8:00 – 12:00 Complementary & Integrative Medicine in Geriatrics
Helen Lavretsky, MD, MS
This workshop will provide an overview of diverse techniques like the use of supplements, mind-body therapies, and the use of acupressure and traditional Chinese medicine for management of mental and physical disorders of aging, and will be accompanied by brief experiential exercises to be used in clinical practice.

1:00 – 5:00 Care Transitions Boot Camp: Providing Value vs. Volume to Improve Clinical Outcomes
Michelle S. Eslami, MD, FACP, CMD
The aim of this workshop is to provide the learner with evidence-based tools and strategies to improve patient care transitions to and from post-acute sites. Participants will learn ways to improve patient outcomes such as 30-day readmissions, ED visits and length of stay.

8:00 – 12:00 (Part A)
Management of the Geriatric Patient in an Era of Advanced Cardiac Interventions (Part A and B)
Eric Yang, MD | Marcella Calfon Press, MD, PhD | Deena Goldwater, MD, PhD
Cardiovascular disease (CVD) is the leading cause of death and major disability in older adults. This comprehensive two-part program highlights the recent medical literature and evidence-based guidelines in caring for CVD in the geriatric population, and provides an exciting glimpse into the exponential rise in percutaneous repair/replacement technologies in structural heart disease.

The morning session (Part A) will focus on valvular disease and frailty while the afternoon session (Part B) will discuss common challenges to geriatric cardiology, including topics on anticoagulation, carotid artery disease, congestive heart failure, and implantable cardioverter defibrillators. You may choose to attend one or both sessions.

8:00 – 12:00 (Part A) and/or 1:00 – 5:00 (Part B)

Wednesday, September 13

7:00 Check-In and Continental Breakfast | Exhibits

8:00 Welcome and Introductions
Zaldy Tan, MD, MPH

8:10 Physiology of Aging
Zaldy Tan, MD, MPH

8:45 Live Long and Prosper! Mechanisms to Delay Aging
Steven Castle, MD

9:30 Pharmacokinetic Considerations in the Elderly
Patrick Chan, PharmD, PhD

10:15 Break | Exhibits

10:30 Geriatrics Literature Update: 2017
Arun S. Karlamangla, MD, PhD

11:15 David H. Solomon Memorial Award Lecture
Cognitive Aging: What Every Physician Should Know
Dan Blazer, MD, MPH, PhD

David H. Solomon Memorial Lecture Awardee
Dan Blazer, MD, MPH, PhD
JP Gibbons Professor Emeritus of Psychiatry and Behavioral Sciences
Department of Psychiatry and Behavioral Sciences, Duke University Medical Center

Check-In and Continental Breakfast | Exhibits
General Principles of Aging
Moderator: Zaldy Tan, MD, MPH

Welcome and Introductions
Zaldy Tan, MD, MPH

Physiology of Aging
Zaldy Tan, MD, MPH

Live Long and Prosper! Mechanisms to Delay Aging
Steven Castle, MD

Pharmacokinetic Considerations in the Elderly
Patrick Chan, PharmD, PhD

Break | Exhibits
Geriatrics Literature Update: 2017
Arun S. Karlamangla, MD, PhD

David H. Solomon Memorial Award Lecture
Cognitive Aging: What Every Physician Should Know
Dan Blazer, MD, MPH, PhD
Thursday, September 14

7:00  Check-In and Continental Breakfast | Exhibits

Common Geriatric Diseases
Moderator: Cathy C. Lee, MD, MS

8:00  Infections in Older Persons
Tara Vijayan, MD

8:45  Rheumatology Therapeutic Advances: Vasculitis, Gout and Rheumatoid Arthritis
Arash A. Horizon, MD

9:30  Type 2 Diabetes Mellitus
Pejman Cohan, MD

10:15 Break | Exhibits

10:30 Urinary Incontinence
Michelle S. Eslami, MD, FACP, CMD

11:15 Prostate Disease
Chad Baxter, MD

12:00 Lunch (on your own) | Exhibits

Cardiovascular and Hematologic Conditions
Moderator: Dan Osterweil, MD, FACP

1:15 Hypertension in Older Adults
Timothy W. Cutler, PharmD, CGP

2:00 Atrial Fibrillation
Karol E. Watson, MD, PhD

2:45 Break | Exhibits

3:00 Endocrine Disorders in Older Persons
Jane E. Weinreb, MD

3:45 Hematologic Disease in the Elderly
Gary Schiller, MD, FACP

4:30 Break | Exhibits

Concurrent Sessions

4:45 - Board Review A for Physicians
(repeated at 7:30pm)
Cathy C. Lee, MD, MS

5:45 - Interactive Sessions B
(Participants choose one session)

6:30 Board Review 1 for Pharmacists
Timothy W. Cutler, PharmD, CGP
Demetra Antimisiaris, PharmD, BCGP, FASCP
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00</td>
<td>Check-In and Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Geriatric Pain Management</td>
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<td>Assessing and Managing Pressure Ulcers</td>
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<td>Pulmonary Diseases in Older Persons</td>
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<td>11:15</td>
<td>Vision Loss in the Elderly</td>
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<td>1:00</td>
<td>Geriatric Dermatology</td>
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<td>6:30</td>
<td>Diagnosing and Managing the Painful Joint and Surrounding Tissues</td>
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<td>Board Review 2 for Pharmacists</td>
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<td>Clinical Pharmacy Pearls</td>
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SATURDAY, SEPTEMBER 16

7:00 Check-In and Continental Breakfast | Exhibits

GERIATRIC NEUROLOGY / PSYCHIATRY I
Moderator: Aaron H. Kaufman, MD

8:00 The Spectrum of Cognitive Dysfunction
David B. Reuben, MD

8:45 Pharmacological Treatment Across Dementia Syndromes
Sarah Kremen, MD

9:30 Arthur C. Cherkin Memorial Award Lecture
Translating Biological Gerontology to Develop New Drugs for Alzheimer’s Disease
Howard Fillit, MD

10:15 Break | Exhibits

10:30 Sleep Problems in Older People
Cathy A. Alessi, MD

11:15 Psychiatric and Behavioral Symptoms in Alzheimer’s and Other Dementias
Aaron H. Kaufman, MD

12:15 Lunch (on your own) | Exhibits

GERIATRIC NEUROLOGY / PSYCHIATRY II
Moderator: Randall T. Espinoza, MD, MPH

1:30 Treatment of Parkinson’s Disease in the Geriatric Population
Yvette M. Bordelon, MD, PhD

2:15 Ischemic Stroke: Treatment and Prevention
Latisha Katie Sharma, MD, FAHA

3:00 Break | Exhibits

3:15 Diagnosis and Assessment of Late-Life Depression in Primary Care
Randall T. Espinoza, MD, MPH

4:00 Advances in Treatment and Management of Late-Life Depression
Jürgen Unützer, MD, MPH, MA

4:45 Break | Exhibits

CONCURRENT SESSIONS

5:00 - Board Review C for Physicians
5:45 Sarah Kremen, MD

5:00 – Interactive Sessions F
5:45 (Participants choose one session)
Anxiety Disorders in the Elderly
(repeated at 6:00 pm)
J. Randy Mervis, MD

Assessing Capacity in Older Adults
(repeated at 6:00 pm)
Aaron H. Kaufman, MD

6:00 – Interactive Sessions G
6:45 (Participants choose one session)
Anxiety Disorders in the Elderly
(repeated from 5:00 pm)
J. Randy Mervis, MD

A Case-Based Approach to Managing Difficult Behavior in Older Adults
(repeated from 5:00 pm)
Benjamin M. Shapiro, MD

Assessing Capacity in Older Adults
(repeated from 5:00 pm)
Aaron H. Kaufman, MD

6:45 Adjourn
A block of rooms has been reserved at the on-site hotel of the Luskin Conference Center at a special rate of $239 single or double occupancy per night. This includes tax and the CA Tourism Assessment Fee.

For more information and to reserve online, please visit: http://luskinconferencecenter.ucla.edu/ | Conference Code: GERI0912

To reserve by phone, call the conference center directly at (855) 522-8252 and request the group rate for the UCLA Geriatrics Course.

Self parking at UCLA Lot 8
From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay per license plate at the kiosk and display the parking permit on your dash. Walk down one level and across pedestrian walkway toward Luskin Conference Center. Enter through Luskin Conference Center doors on right side. All day self parking is $12.00.

Valet parking at the Luskin Conference Center
From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South. Drive to the end of Westwood Plaza turn around and turn into the Luskin Conference Center’s driveway. Valet service is located directly in front of the hotel. Valet parking is $28.00 for up to ten hours and $39.00 for over ten hours.

The Luskin Conference Center is located at the heart of the beautiful UCLA campus in Westwood! There are a number of attractions you can easily walk to and explore all that the campus and nearby areas have to offer:

The UCLA Campus | 5-15 minute walk
There are a number of attractions right on the UCLA campus, from the Fowler Museum, to the sculpture garden, inverted fountain, iconic Royce quad, and many eateries including the Ackerman Student Union, Kerckhoff Coffee Shop, and the Bombshelter Bistro. (http://www.ucla.edu/visit)

Westwood Village | 10-15 minute walk
Westwood village offers a plethora of restaurants and shops for you to visit during lunch or at the end of the day, all within easy walking distance of the UCLA Luskin Conference Center. (http://www.thewestwoodvillage.com/)
Enrollment

By Mail
Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Annual UCLA Intensive Course in Geriatric Medicine and Board Review, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

By Phone - (310) 794-2620
Use your American Express, MasterCard, VISA or Discover card.

Online
Go to www.cme.ucla.edu/courses, and click on 34th Annual UCLA Intensive Course in Geriatric Medicine and Board Review. You may use your MasterCard, VISA, American Express or Discover card to register online.

By Fax - (310) 794-2624
Send the completed enrollment form with credit card information and authorizing signature.

Registration Fees

- $1,150 Physicians
- $1,025 AGS Membership
- $950 Pharmacists
- $850 All other allied health professionals
- $675 Indian Health Services (proof of employment required at time of registration)

Refunds
Cancellations must be received in writing by Friday, August 11, 2017 and are subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 37.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
Mail-In Registration Form

34th Annual UCLA Intensive Course in Geriatric Medicine & Board Review

September 13-16, 2017
Los Angeles, California

Course Title & Number: M178-2

Last four digits of your Social Security Number

Name (First/Middle/Last)

Degree(s)

Affiliation

Preferred Mailing Address

City/State/Zip

Email (Please Print)

Phone

Fax

Check enclosed payable to: The Regents of the University of California

Amount enclosed

Charge:

- American Express
- MasterCard
- Visa
- Discover

Card Number

Expiration Mo/Yr

Authorizing Signature

Please indicate applicable registration fee(s):

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<th>Optional Pre-Conference</th>
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<tr>
<td>Complementary &amp; Integrative Medicine in Geriatrics (morning)</td>
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*Tuition includes: registration for the 4-day course, a digital course syllabus, continental breakfasts, lunch, coffee breaks, and snacks as indicated on the schedule.

- FAX - Fax, with credit card number and expiration date, directly to our office at: 310-794-2624

- OR MAIL TO - Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
UCLA Intensive Course in Geriatric Medicine & Board Review
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

To register online, visit www.cme.ucla.edu/courses
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