THE 5th ANNUAL
UCLA Diabetes Symposium

Saturday, November 18, 2017
Loews Santa Monica Beach Hotel
Santa Monica, California
The 5th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge as the prevalence is rising and providers of all types are increasingly required to address control and the treatment of diabetes-related complications. Therapies for diabetes are broadening and newer technologies offer promise, but must also be used with care. The UCLA Annual Diabetes Symposium is a one-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art patient care. Experts in the field and its associated complications will review current best practices, including updates in technology, new medications, treatment in the older populations and obesity and cardiovascular disease management.

Course Objectives

At the completion of this course, participants should be able to:

• Manage patients with type 2 diabetes mellitus
• Outline treatment goals and recommended regimens in older populations
• Counsel patients on cardiovascular disease prevention in diabetes
• Prescribe surgical and medical treatments for obesity
• Utilize the latest technology tools to assist in the management of diabetes
• Prescribe the care of erectile dysfunction in patients with diabetes
• Outline the latest research and approved treatments in closed loop insulin therapy

Target Audience

The UCLA diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.
### COURSE FACULTY

**COURSE DIRECTOR**
**Matthew Freeby, MD**  
Assistant Clinical Professor of Medicine  
Director, Gonda Diabetes Center  
Associate Director, Diabetes Clinical Programs  
Division of Endocrinology, Diabetes and Hypertension  
David Geffen School of Medicine at UCLA

**COURSE CO-DIRECTORS**
**Dianne S. Cheung, MD, MPH**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – South Bay  
Endocrinology  
David Geffen School of Medicine at UCLA

**Evelyne Fleury-Milfort, NP, BC-ADM, CDE**  
Director, Diabetes Education Program  
Division of Endocrinology, Diabetes and Hypertension  
Department of Medicine  
David Geffen School of Medicine at UCLA

**Vanita Aroda, MD**  
Scientific Director and Physician Investigator  
MedStar Community Clinical Research Center  
MedStar Health Research Institute  
Associate Professor of Medicine  
Endocrinology, Diabetes and Metabolism  
Georgetown University School of Medicine

**Bruce Buckingham, MD**  
Professor of Pediatrics  
Division of Endocrinology  
Stanford Children’s Health  
Stanford University

### FACULTY—DAVID GEFFEN SCHOOL OF MEDICINE AT UCLA

**David Ahn, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Santa Monica and Santa Clarita

**Vanessa Arguello, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Santa Monica

**Deborah Chon, MD**  
Clinical Instructor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – South Bay  
Endocrinology

**Amy Chow, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Thousand Oaks

**Na Shen, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Thousand Oaks

**Pouyan Famini, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Encino

**Yaroslav Gofnuny, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Santa Monica

**Jennifer Han, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – South Bay  
Endocrinology

**Jie Li, MD, PhD**  
Professor of Medicine  
Lynda and Stewart Resnick Endowed Chair in Human Nutrition  
Director, Center for Human Nutrition  
Chief, Division of Clinical Nutrition

**Rashmi Mullur, MD**  
Assistant Clinical Professor  
Associate Chief, Integrative Medicine  
Division of Endocrinology, Diabetes and Hypertension  
VA Greater Los Angeles Healthcare System

**Jelena Malatkovic, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Porter Ranch

**Jesse Mills, MD**  
Associate Clinical Professor of Urology  
Associate Director, Division of Andrology  
Director, Men’s Clinic at UCLA

**Etie Moghissi, MD**  
Associate Clinical Professor of Medicine  
Marina Diabetes and Endocrinology Center

**Arti Shah, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – South Bay  
Endocrinology

**Na Shen, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes and Hypertension  
UCLA Health – Thousand Oaks
Program Schedule

Saturday, November 18, 2017

7:00  Registration/Continental Breakfast/Exhibits

7:50  Welcome and Introduction  
      Matthew Freeby, MD

Management of Diabetes and Related Disorders: Session I  
Moderators: Dianne S. Cheung, MD, MPH, Jennifer Han, MD,  
            Jelena Maletkovic, MD

8:00  Making Sense of Diabetes Medications and Cardiovascular Outcomes  
      Etie Moghissi, MD

8:40  Do We Modify Diabetes Treatment in the Elderly?  
      Vanessa Arguello, MD

9:10  Using Injectable Medications in Diabetes: Where to Start?  
      Vanita Aroda, MD

9:50  Break and Exhibits

Management of Diabetes and Related Disorders: Session II  
Moderators: Arti Shah, MD, Deborah Chon, MD, Yaroslav Gofnung, MD

10:15  Diabetes Education: Does it Work?  
       Evelyne Fleury-Milfort, NP, BC-ADM, CDE

10:45  Is There a Place for Mindfulness Therapy in Diabetes?  
       Rashmi Mullur, MD

11:20  Closing the Loop: Using the Insulin Pump and CGM in Diabetes Treatment  
       Bruce Buckingham, MD

12:00  Lunch and Exhibits
Management of Diabetes and Related Disorders: Session III

Moderators: Amy Chow, MD, Susan S. Davis, MD

1:00 Medical Treatments of Obesity
Zhaoping Li, MD, PhD

1:35 Surgical Treatments of Obesity and Diabetes
Erik Dutson, MD

2:10 Break and Exhibits

Management of Diabetes and Related Disorders: Session IV

Moderators: Na Shen, MD, Pouyan Famini, MD

2:30 Can We Use Technology to Benefit Patients in Diabetes Care?
David Ahn, MD

3:05 Treating Erectile Dysfunction: A Practical Approach for Your Patient with Diabetes
Jesse Mills, MD

3:40 Closing Remarks

3:50 Adjourn
General Information

Conference Location
Loews Santa Monica Beach Hotel
1700 Ocean Avenue
Santa Monica, CA 90401
310-458-6700

Hotel Accommodations
There is a very limited number of hotel rooms available at a discounted rate of $369, first come, first served basis for Friday, November 17th only. Please call Jess Reichert, Revenue Manager, directly at 310-576-3151 to book a room. Please note that this is not a room block. No other rooms will be made available at the discounted rate once the limit has been reached.

Parking
Valet parking is $12.00

Fees
Physicians: $175.00
Allied Health Professionals and Students: $150.00

Refunds
A service charge of $75 will be withheld from all refunds (full refund if course is canceled or rescheduled). Requests must be in writing and received by October 20, 2017. You may fax your refund request to 310-794-2624.

Enrollment
Online
Go to www.cme.ucla.edu/courses to enroll online using your American Express, Discover, MasterCard or Visa. Click on 5th Annual UCLA Diabetes Symposium.

By Mail
Enroll by mail using the attached form. Mail to the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024.

By Phone
Use your American Express, Discover, MasterCard or Visa to enroll over the phone. Call 310-794-2620.

By Fax
Enroll by fax with your American Express, Discover, MasterCard or Visa by sending the completed enrollment form with credit card information and authorizing signature. Fax to 310-794-2624.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
## Registration (Please Print)

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<thead>
<tr>
<th>Course Title and Number</th>
<th>Registration Fee</th>
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<tbody>
<tr>
<td>5th Annual UCLA Diabetes Symposium</td>
<td>M178-8</td>
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<tr>
<td>Physicians: $175.00</td>
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<tr>
<td>Allied Health Professionals and Students: $150.00</td>
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Tuition includes registration, syllabus, continental breakfast, lunch and coffee breaks.

### Last four digits of your Social Security Number

Name (First/Middle/Last)  
Male  Female

Degree  Specialty

Preferred Mailing Address

City/State/ZIP  
Area Code Daytime Phone  Area Code Fax

E-mail Address

☐ Check enclosed payable to: The Regents of the University of California  
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MasterCard  Visa  Discover  American Express

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Authorizing Signature

### Mail to:

UCLA Office of Continuing Medical Education  
David Geffen School of Medicine at UCLA  
Diabetes Symposium  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024
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Enroll now by mail, fax, phone or online.

www.cme.ucla.edu/courses