Aesthetic Eyelid and Facial Rejuvenation Course 2018

Friday–Saturday • July 20–21, 2018
UCLA Stein Eye Institute
UCLA Campus

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD
Norman Shorr, MD
Jonathan A. Hoenig, MD

AXELROD LECTURER
George Charonis, MD
Athens, Greece

LABORATORY DIRECTOR
Daniel Rootman, MD

VIDEO LAB DIRECTOR
Steven Leibowitz, MD
FRIDAY, JULY 20, 2018  
HANDS-ON DISSECTION WORKSHOP PROGRAM

**Dissection Laboratory – 53-129 CHS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:00</td>
<td>Registration and Breakfast</td>
</tr>
<tr>
<td>7:55</td>
<td>Laboratory Course Introduction – Daniel Rootman, MD, Steven Leibowitz, MD and Robert A. Goldberg, MD</td>
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</tbody>
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**Upper Blepharooplasty**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:05</td>
<td>Upper Blepharooplasty Anatomy and Incision Design – Louis Savar, MD</td>
</tr>
<tr>
<td>8:15</td>
<td>Hands-On Cadaver Lab: Upper Blepharooplasty Occidental and Asian Blepharooplasty</td>
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**Ptosis**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:15</td>
<td>Ptosis Anatomy – Daniel Rootman, MD</td>
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<tr>
<td>9:25</td>
<td>Ptosis Video – Christopher Lo, MD</td>
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<tr>
<td>9:40</td>
<td>Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis</td>
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**Lower Blepharooplasty**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:30</td>
<td>Lower Blepharooplasty Anatomy – Daniel Rootman, MD</td>
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<tr>
<td>10:45</td>
<td>Lower Blepharooplasty Video: Transconjunctival and Fat Repositioning, Trans-Eyelid Midface Approaches – Justin Karlin, MD and Bunyada Putherasiwong, MD</td>
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<tr>
<td>11:00</td>
<td>Hands-On Cadaver Lab: Lower Blepharooplasty with Variations</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
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**Canthoplasty**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00</td>
<td>Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD</td>
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<tr>
<td>1:15</td>
<td>Hands-On Cadaver Lab: Small Incision Canthoplasty</td>
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**Forehead and Mid-Face Lift**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>2:00</td>
<td>Upper and Midface Lift Anatomy/Video – Jonathan Hoenig, MD and Mehryar Taban, MD</td>
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<tr>
<td>2:10</td>
<td>Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery and Direct Eyebrow Approaches</td>
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**Fat Transfer and Special Procedures**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30</td>
<td>Hands-On Cadaver Lab Special Procedures: Fat Transfer, Facial Implants – David Isaacs, MD</td>
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<tr>
<td></td>
<td>Cheiloplasty – Reza Jarrahy, MD</td>
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<td></td>
<td>Suture Lift – Christopher Lo, MD and Deepak Ramesh, MD</td>
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<td></td>
<td>Facelift – Jonathan A. Hoenig, MD</td>
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<tr>
<td></td>
<td>Medial Canthoplasty – Daniel Rootman, MD</td>
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<tr>
<td>4:30</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

Aesthetic Eyelid and Facial Rejuvenation Course
## SATURDAY, JULY 21, 2018  SYMPOSIUM PROGRAM SCHEDULE

### UCLA Stein Eye Institute, RPB Auditorium

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Registration and Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>Introduction – Daniel Rootman, MD</td>
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<tr>
<td>8:05</td>
<td>Evaluation of the Aging Face – Robert A. Goldberg, MD</td>
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<tr>
<td>8:30</td>
<td>My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – Rona Silkiss, MD</td>
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<tr>
<td>8:50</td>
<td>Adding and Removing Volume in the Upper Periorbital Complex – Robert A. Goldberg, MD</td>
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<tr>
<td>9:05</td>
<td>Periorbital Fat Transfer – Jonathan A. Hoenig, MD and Deepak Ramesh, MD</td>
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<tr>
<td>9:20</td>
<td>Tricks and Tips in Ptosis Surgery – Daniel Rootman, MD</td>
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<tr>
<td>9:35</td>
<td>Nuances in Controlling Eyelid Crease and Contour – Kenneth D. Steinsapir, MD</td>
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<tr>
<td>9:45</td>
<td>Questions and Answers</td>
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<tr>
<td>9:50</td>
<td>Coffee Break and Exhibits</td>
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<tr>
<td>10:15</td>
<td>Basic Surgical Techniques of Lower Blepharoplasty – Michael J. Groth, MD</td>
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<tr>
<td>10:35</td>
<td>The Unhappy Post-Blepharoplasty Patient – Robert A. Goldberg, MD</td>
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<tr>
<td>11:00</td>
<td>Blindness After Blepharoplasty and Less Rare Complications – Raymond Douglas, MD and Guy Massry, MD</td>
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<tr>
<td>11:20</td>
<td>Questions and Answers</td>
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<tr>
<td>11:30</td>
<td>Introduction of Robert Axelrod, MD Memorial Lecturer – Norman Shorr, MD</td>
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<tr>
<td>11:35</td>
<td>Robert Axelrod, MD Memorial Lecture – George Charonis, MD</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
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<tr>
<td>1:00</td>
<td>How to Satisfy Aesthetic Surgery Patients – Reza Jarrahy, MD</td>
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<tr>
<td>1:15</td>
<td>Facelift Pearls – Jonathan A. Hoenig, MD</td>
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<tr>
<td>1:35</td>
<td>New Observations on Facial Aging and Fat Grafting – Val Lambros, MD, FACS</td>
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<tr>
<td>2:00</td>
<td>Questions and Answers</td>
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### Facial Rejuvenation: Skin Treatments and Injectables

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>2:20</td>
<td>Understanding the Eyebrow and Its Role in Facial Aesthetics –</td>
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<tr>
<td></td>
<td>Danica Fiaschetti, LVN, COA</td>
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<tr>
<td>2:30</td>
<td>New Waves in Skin Rejuvenation – Jennifer Ahdout, MD</td>
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<tr>
<td>2:50</td>
<td>Functional Facial Filler Injections – Robert A. Goldberg, MD</td>
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<tr>
<td>3:10</td>
<td>Coffee Break</td>
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### Cosmetic Consultations

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>3:30</td>
<td>Live: Botulinum Toxin and Fillers</td>
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<td></td>
<td>Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary.</td>
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<td></td>
<td>Moderator: Cynthia Boxrud, MD</td>
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<tr>
<td>4:15</td>
<td>M&amp;M from the Fellows Conference: The Worst Complications of the Year, and How They Were Managed – Christopher Lo, MD, Justin Karlin, MD and Bunyada Puththangsiwong, MD</td>
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<tr>
<td>4:30</td>
<td>Final Questions and Answers</td>
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</tr>
<tr>
<td>4:40</td>
<td>Adjourn</td>
<td></td>
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Course Faculty

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Jonathan A. Hoenig, MD

LABORATORY DIRECTOR
Daniel Rootman, MD

AXELROD LECTURER
George Charonis, MD
Athens, Greece

DISSECTION VIDEO FEED MODERATOR
Steven Leibowitz, MD

GUEST FACULTY
Jennifer Ahdout, MD
Beverly Hills, California

Val Lambros, MD, FACS
Newport Beach, California

Guy Massry, MD
Beverly Hills, California

Tanuj Nakra, MD
Austin, Texas

Rona Silkiss, MD
San Francisco, CA

UCLA LABORATORY PRECEPTORS
Bruce Becker, MD
Jerome Klein, MD
Joseph Lin, MD
Polly McKinstry, MD
Stan Saulny, MD
Louis Savar, MD
Norman Shorr, MD
Ronald Strahan, MD

UCLA COURSE FACULTY
Cynthia Boxrud, MD
Raymond Douglas, MD
Danica Fiaschetti, LVN, COA
Michael J. Groth, MD
David Isaacs, MD
Reza Jarrahy, MD
Justin Karlin, MD
Steven Leibowitz, MD
Christopher Lo, MD
Payam Morgan, MD
Tanuj Nakra, MD
Bunyada Puttherangsiwong, MD
Deepak Ramesh, MD
Kenneth D. Steinsapir, MD
Mehryar Taban, MD

ACCOMMODATIONS
HILGARD HOUSE:
927 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 310-208-3945

HOTEL ANGELENO:
170 N. Church Lane
Los Angeles, California 90049
Reservations: 310-476-6411

W LOS ANGELES – WESTWOOD HOTEL:
930 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 1-800-877-W-HOTELS

WESTWOOD ON WILSHIRE HOTEL:
10740 Wilshire Blvd.
Los Angeles, California 90024
Reservations: 310-475-8711

UCLA TIVERTON HOUSE:
900 Tiverton Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 310-794-0151

LU SKIN CONFERENCE CENTER:
425 Westwood Plaza
Los Angeles, California 90049
Within walking distance
Reservations: (855) 522-8252

DIRECTIONS
Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for $12 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE
Prime Time (800) 262-7433
Skycar (310) 306-3554
Super Shuttle (310) 532-5999

TAXICABS
Beverly Hills Cab Co. (310) 273-6611
Checker Cab Co. (800) 300-5007
United Independent (310) 278-2500
APPLICATION FOR REGISTRATION
Aesthetic Eyelid and Facial Rejuvenation Course 2018
July 20–21, 2018

Name ________________________________________  Degree __________________________________

Specialty ________________________________________________________________________________

Address _________________________________________________________________________________

City ____________________________________________ State ________________   ZIP_______________

Telephone ________________________________________ FAX __________________________________

E-Mail ___________________________________________________________________________________

Last four digits of Social Security Number: XXX–XX– ____ ____ ____ ____

Registration Fees (Includes continental breakfast and lunch):

☐ Friday and Saturday – Fresh Cadaver Surgery Procedure Workshop and Didactic Session
  $2,250

☐ Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic
  Session $895

☐ Saturday Only – Didactic Session $395

Make Checks payable to: UC REGENTS or pay by credit card:

☐ MasterCard ☐ Visa ☐ American Express ☐ Discover Card

Card Holder’s Name ____________________________

Card Number ____________________________

Expiration Date ____________________________

Signature ____________________________

Cancellation Policy:
Request for refunds must be received in writing no later than July 1, 2018. A handling fee of $75
will be deducted from each cancelled registration.

Enrollment:

By Mail: Use this form and mail to the UCLA Office of Continuing Medical Education, David Geffen
School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Fax: Send the completed enrollment form with credit card information and authorizing
signature. Fax to (310) 794-2624.

By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620

Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu
and click on “2018 Aesthetic Eyelid and Facial Rejuvenation”

ACCREDITATION
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by
the Accreditation Council for Continuing Medical Education to provide continuing medical education
for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this
live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the
credit commensurate with the extent of their participation in the activity.

DISCLOSURES
The FDA has issued a concept paper which classifies commercial support of scientific and educational
programs as promotional unless it can be affirmed that the program is “truly independent” and free
of commercial influence. In addition to independence, the FDA requires that non-promotional, com-
cially supported education be objective, balanced, and scientifically rigorous. The policy further
states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the pro-
gram’s participants. In addition, Accreditation Council for Continuing Medical Education policy man-
dates that the provider adequately manage all identified potential conflicts of interest prior to the
program. We at UCLA fully endorse the letter and spirit of this concept.
Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 20, 2018
UCLA Stein Eye Institute, 53-129 CHS, Dissection Laboratory – 7:00 am - 4:30 pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. We have tried this once before and received rave reviews. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees loved this new educational experience.

SATURDAY, July 21, 2018
UCLA Stein Eye Institute, RPB Auditorium – 7:30 am - 5:00 pm

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today’s sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants unable to attend the first day of the course are welcome for the second day.
Course Description
This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives
At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.
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Aesthetic Eyelid and
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