UCLA Laryngology Update 2018: Physiology Defines Treatment

Course Chair: Gerald S. Berke, MD

Friday, April 13, 2018
Geffen Hall Auditorium
UCLA Campus
Los Angeles, California
Course Description

Hoarseness, swallowing problems, and shortness of breath are some of the serious effects contained within the spectrum of laryngeal disorders. Patients suffering from these laryngeal disorders experience losses within their professional and personal lives. The otolaryngologist and the speech language pathologist must work together to form an efficient and effective treatment strategy. Yet this treatment decision tree demands a comprehensive understanding of the underlying physiology mechanisms of normal and pathologic laryngeal states. The UCLA Laryngology Update 2018 will focus on the physiologic basis for many important laryngeal disorders. Uncovering the physiologic causes of these disorders will offer new insights into the correct diagnosis and treatment of voice, swallowing and airway conditions of the larynx. This multidisciplinary course will provide an exciting learning opportunity for experienced or novice otolaryngologists (ENT) and speech language pathologists (SLP) alike.

Target Audience

Otolaryngologist (ENT), Speech Language Pathologist (SLP), Voice Pedagogues, Allied Health Professionals, Medical Students, Speech Language Pathology (SLP) Students, and Surgical Residents

Learning Objectives

Following completion of the course, attendees should be able to:

• Interpret hoarseness voice samples distinguishing between spasmodic dysphonia and other hyper-functioning voice disorders.
• Offer patients physiologic causes of paradoxical vocal fold motion.
• Delineate the findings on stroboscopy, which leads to poor voice production.
• Guide patients through the novel advances in vocal fold scar treatment.
• Incorporate esophageal evaluation within the treatment of swallowing disorder patients.
• Lead discussions with patients to optimize a cancer treatment strategy focused on preservation of voice and swallow.

General Information

FRIDAY, APRIL 13, 2018

Course Fees
Physicians: $200
Speech Language Pathologists: $175
Residents, Medical Students and Speech Pathology Students: $50

Location
Geffen Hall Auditorium
885 Tiverton Avenue
Los Angeles, CA 90095

Accreditation Statement

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is truly independent and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. UCLA fully endorses the letter and spirit of these concepts.
Friday, April 13, 2018

8:00  Registration and Breakfast
8:30  Welcome and Introduction to the UCLA Voice Center

SESSION I: HYPER-FUNCTIONING LARYNX
8:45  Physiology: Neuroanatomy of the Larynx  Gerald S. Berke, MD
9:15  Treatment: Medical and Surgical Treatment of Spasmodic Dysphonia  Gerald S. Berke, MD
9:45  Treatment: Unraveling Episodic Laryngeal Breathing Disorders – PVFM, VCD, & EILO
10:15 BREAK

SESSION II: DYSPHAGIA
10:30 Physiology: Neuromuscular Mechanisms for Normal Deglutition and Swallow Therapy  Dinesh Chhetri, MD
11:00 Assessment: In-Office Evaluation of Dysphagia  Dinesh Chhetri, MD
11:15 Assessment: Videofluoroscopic Evaluation of Swallowing  Andrew Erman, MA, CCC-SLP
11:30 Treatment: Developing the Optimal Treatment Strategy for Dysphagia  Andrew Erman, MA, CCC-SLP
12:00 Q & A Discussion
12:15 LUNCH and Demonstrations*

*12:45-1:15 Optional Hands-On Workshop: Circumlaryngeal Massage

SESSION III: VOCAL FOLD SCAR
1:15 Physiology: Cellular Anatomy of the Vocal Folds  Jennifer Long, MD, PhD
1:45 Treatment: Voice Evaluation and Therapy for Scar  Lisa Bolden, MA, CCC-SLP
2:15 Treatment: State-of-the-Art Management of Vocal Fold Scar  Jennifer Long, MD, PhD
2:45 BREAK

SESSION IV: VOICE & SWALLOW PRESERVATION
3:00 Physiology: Histology of Vocal Fold Epithelial Lesions  Abie Mendelsohn, MD
3:30 Treatment: Voice Preservation Techniques for Early Vocal Fold Cancer  Abie Mendelsohn, MD
4:00 Treatment: Swallowing Preservation during Chemo-Radiation Therapy  Andrew Erman, MA, CCC-SLP & Lindsay Lanciault, MA, CCC-SLP
4:30 Challenges in Laryngology: Case Presentation Panel  Natalie Kadin, MD, Michael Holliday, MD & Travis Shiba, MD
5:00 Q & A Discussion
5:15 RECEPTION with Cocktails and Hors d’Oeuvres
6:45 Conclusion

HOPE Therapies and the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA are partners in providing this cooperative offering of ASHA Continuing Education Units for Speech-Language Pathologists and Audiologists.

This course is offered for .70 ASHA CEUs. (Advanced Level, Professional Level)

ADA Needs: We will be happy to accommodate your ADA needs; please call or email us at least two weeks prior to the seminar date.
Early registration is recommended, as space is limited.

Parking and Directions: From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd. and turn right on Le Conte Ave. Then, turn left on Tiverton Ave. Parking structure Lot 18 will be on your left around the circle. Parking attendants will be selling permits from 6:30 AM - 8:30 AM for Lot 18. If you arrive outside of this time frame, please visit the parking kiosk on Westwood Plaza (between Charles E. Young Dr. and Strathmore Pl.) to pay for your parking permit. Participants are responsible for their own parking charges at a rate of $12 per vehicle. The Geffen Hall Auditorium is located at the intersection of Le Conte Ave. and Tiverton Ave.

Refunds: Cancellations must be received in writing by Thursday, March 29, 2018 and will be subject to a $50 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the UCLA Office of Continuing Medical Education, a full refund will be provided.

Enrollment:
- Online: Go to www.cme.ucla.edu/courses and click on UCLA Laryngology Update 2018. You may use your MasterCard, Visa, Discover, or American Express card to register.
- By Mail: Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, UCLA Laryngology Update 2018, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512.
- By Fax: Send the completed enrollment form with credit card information and authorizing signature to (310) 794-2624.
- By Phone: Call (310) 794-2620 to use your MasterCard, Visa, Discover, or American Express card. Please visit our website for other UCLA CME offerings at www.cme.ucla.edu.
<table>
<thead>
<tr>
<th>Course Title and Number</th>
<th>Registration Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>UCLA Laryngology Update 2018:</strong> Physiology Defines Treatment</td>
<td>M178-34</td>
</tr>
<tr>
<td>Physicians: $200</td>
<td></td>
</tr>
<tr>
<td>Speech Language Pathologists: $175</td>
<td></td>
</tr>
<tr>
<td>Residents, Medical Students and Speech Pathology Students: $50</td>
<td></td>
</tr>
</tbody>
</table>

*Breakfast, Refreshments and Lunch will be provided with registration*

All attendees are invited to a Reception immediately following the course.

---

Last four digits of your Social Security Number

Name (First/Middle/Last)  

[ ] Male  [ ] Female

Degree

Preferred Mailing Address

City / State / Zip

(____)_____–_______________ (____)_____–_______________

Area Code Phone  Area Code Fax

E-Mail Address

☐ Check enclosed payable to: The Regents of the University of California

Charge:  
[ ] MasterCard  [ ] Visa  [ ] Discover  [ ] American Express

Card Number  Expiration Mo/Yr

Authorizing Signature

Mail to: UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, UCLA Laryngology Update 2018, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

Fax to: (310) 794-2624 (must include charge card information and authorizing signature)

Call: (310) 794-2620

Register online: www.cme.ucla.edu/courses (click on UCLA Laryngology Update 2018: Physiology Defines Treatment)
UCLA Laryngology Update 2018: Physiology Defines Treatment

Friday, April 13, 2018

Register today!

Enroll now by mail, fax, phone or online.
cme.ucla.edu/courses