35th Annual

UCLA Intensive Course in

Geriatric Medicine

& Board Review

September 12-15, 2018
Preconference Workshops: September 11

UCLA Meyer and Renee Luskin Conference Center
Los Angeles, CA
One of the longest-running courses of its kind, the UCLA Intensive Course in Geriatric Medicine is a four-day course and board review in geriatric medicine that emphasizes an evidence-based and functional approach to the comprehensive care of older adults. It is designed for health professionals who wish to enhance their ability to care for older adults, and for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Practice (ABFP).

- The 35th Annual UCLA Intensive Course is presented concurrently with the 2018 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.
- Speaker presentations and supplementary materials are provided in a searchable and annotatable PDF syllabus.
- Over nine hours of optional interactive board review sessions are offered.
- Three interactive preconference workshops are available on a variety of topics including geriatric cardiology, care transitions, and wound care management.

At the conclusion of this course, participants should be able to:

- Identify the basic principles of geriatric medicine
- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Understand key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems and ethical issues in decision-making, and formulate an approach to these problems
- Comprehend the major geriatric syndromes such as incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them

The UCLA Intensive Course in Geriatric Medicine aims to impart health professionals with the requisite knowledge and skills for the competent care of older adults. Now in its 35th year, the course’s expert faculty will cover essential topics in geriatric primary and specialty care. I urge you to come a day early for our interactive workshops in geriatric cardiology, wound care management, and care transitions. The course will be held at the new and technologically advanced UCLA Meyer and Renee Luskin Conference Center at the center of the UCLA campus. We look forward to you joining us!

ZALDY S. TAN, MD, MPH
Course Chairs

Zaldy Tan, MD, MPH
Medical Director, UCLA Alzheimer’s and Dementia Care Program
Associate Chief for Education, UCLA Division of Geriatric Medicine
Assistant Dean for Curricular Affairs
Professor of Medicine

Demetra Antimisiaris, PharmD, BCGP, FASCP
Director, Frazier Polypharmacy & Medication Management Program
Associate Professor, University of Louisville School of Medicine

Susan L. Charette, MD
Clinical Professor of Medicine

Aaron H. Kaufman, MD
Health Sciences Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences

Sarah Kremen, MD
Dementia and Memory Disorders Clinic at UCLA
Department of Neurology
Alzheimer’s Program, Neurobehavior Program
Director, Kagan Alzheimer’s Disease Treatment Development Program

at the Mary S. Easton Center for Alzheimer’s Disease Research at UCLA
Director, UCLA California Alzheimer’s Disease Center

Cathy C. Lee, MD, MS
Associate Clinical Professor, Internal Medicine/Geriatric Medicine
Staff Physician, Geriatric Research, Education and Clinical Center (GRECC), VA Greater Los Angeles Healthcare System

David Geffen School of Medicine at UCLA

Co-Chairs

Cathy A. Alessi, MD
Director, Geriatric Research, Education and Clinical Center (GRECC) and Chief, Division of Geriatrics, VA Greater Los Angeles Healthcare System
Professor of Medicine/Geriatric Medicine

Christopher Pietras, MD
Pradeep Prasad, MD
Anjay Rastogi, MD, PhD
David B. Reuben, MD
Heather Bennett Schickedanz, MD
Gary Schiller, MD, FACP
Benjamin M. Shapiro, MD
Latisha Katie Sharma, MD, FAHA
Albert Shieh, MD
Alan M. Singer, DPM, FACFAS
Dan Osterweil, MD, FACP

Vice President/Medical Director,
SCAN Health Plan
Associate Director, UCLA Multicampus Program in Geriatric Medicine and Gerontology
Clinical Professor of Medicine/Geriatric Medicine

*David Geffen School of Medicine at UCLA

Guest Faculty

Cynthia Jackevicius, PharmD, MSc, BCPS-AQ Cardiology
Reisa Sperling, MD
Jürgen Unützer, MD, MPH, MA

Parag Agnihotri, MD
John R. Burton, MD
Patrick Chan, PharmD, PhD
Patrick R. Finley, PharmD, BCPP
Arash A. Horizon, MD

David Geffen School of Medicine at UCLA

Faculty

Dixie Aragaki, MD
Erin Atkinson Cook, MD
Barbara M. Bates-Jensen, PhD, RN, FAAN
Chad Baxter, MD
Yvette M. Bordelon, MD, PhD
Albert Bui, MD
Steven Castle, MD
Pejman Cohan, MD
Carolyn J. Crandall, MD, MS
Michelle S. Eslami, MD, FACP, CMD
Bruce Ferrrell, MD
David A. Ganz, MD, PhD
Kevin Ghassemi, MD
Deena Goldwater, MD, PhD
Jennifer C. Haley, MD
Arun S. Karlamangla, MD, PhD
Eric Kleerup, MD
J. Randy Mervis, MD
Lawrence S. Miller, MD, FACP
Freyn Vaghaiwalla Mody, MD
Sanjog Pangarkar, MD

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Reisa Sperling, MD
Jürgen Unützer, MD, MPH, MA
Preconference Sessions

**Tuesday, September 11**

### Management of the Geriatric Patient in an Era of Advanced Cardiac Interventions

_Eric Yang, MD, Marcella Calfon Press, MD, PhD, and Deena Goldwater, MD, PhD_

($300 additional fee applies)

Clinicians will come away with cutting edge information on the management of valvular heart disease, coronary artery disease, and heart failure in older patients.

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tr>
<td>8:00</td>
<td>Introduction</td>
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<tr>
<td>8:15</td>
<td>Optimizing Care and Improving Outcomes of Older Adults with Cardiovascular Disease</td>
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<tr>
<td>9:00</td>
<td>Valvular Disease Panel: <strong>Screening and Monitoring in Valvular Disease: How Often Should You Be Checking?</strong></td>
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<tr>
<td>9:30</td>
<td>When to Act on Valvular Disease: Indications for Intervention</td>
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<tr>
<td>10:00</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>Aortic Stenosis: State-of-the-Art Treatment Options</td>
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<tr>
<td>11:00</td>
<td>Mitral Regurgitation: State-of-the-Art Treatment Options</td>
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<tr>
<td>11:30</td>
<td>Case-Based Panel Discussion</td>
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<tr>
<td>12:00</td>
<td>Lunch <em>(on your own)</em></td>
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<td>1:00</td>
<td>Advanced CAD in the Geri Pt: To Fix or Not to Fix?</td>
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<td>1:30</td>
<td>Advanced Heart Failure Therapies in the Elderly Patient Population</td>
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<td>2:00</td>
<td>Implantable Cardioverter Defibrillators in the Elderly: Who Is a Candidate?</td>
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<td>2:25</td>
<td>AFib in the Elderly: NOACs and Watchman</td>
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<td>3:00</td>
<td>Pulmonary Hypertension in the Geriatric Population: What's Normal or Abnormal?</td>
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<td>3:30</td>
<td>Cardiac and Frailty Risk Stratification of the Geriatrics Patient: What's New in an Old Field</td>
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<td>4:00</td>
<td>Case Discussion</td>
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<td>5:00</td>
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**Valve Disease Panel**

- **8:00** Introduction
- **8:15** Optimizing Care and Improving Outcomes of Older Adults with Cardiovascular Disease
- **9:00** Screening and Monitoring in Valvular Disease: How Often Should You Be Checking?
- **9:30** When to Act on Valvular Disease: Indications for Intervention
- **10:00** Break
- **10:30** Aortic Stenosis: State-of-the-Art Treatment Options
- **11:00** Mitral Regurgitation: State-of-the-Art Treatment Options
- **11:30** Case-Based Panel Discussion
- **12:00** Lunch *(on your own)*

### Care Transitions Boot Camp: Providing Value vs. Volume to Improve Clinical Outcomes

_Dan Osterweil, MD, FACP and Michael Wasserman, MD, CMD_

($150 additional fee applies)

Learn how to streamline process of care to reduce readmissions and improve quality of care in the skilled nursing settings.

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<tbody>
<tr>
<td>8:00</td>
<td>Care Transitions: Best Practices from Hospital to Home</td>
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<td>8:45</td>
<td>Lost in Transitions: The Ins and Outs of SNF Care</td>
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<tr>
<td>9:30</td>
<td>CMS Changes and the Relevance of IMPACT Act 2014 on Post-Acute Care in 2017</td>
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<tr>
<td>10:45</td>
<td>Break</td>
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<tr>
<td>10:55</td>
<td>SNF 2.0 - California Experience on Implementation of Best Practices in the SNF</td>
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<tr>
<td>11:40</td>
<td>Q&amp;A and Closing Remarks</td>
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<td>12:00</td>
<td>Adjourn</td>
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### Wound Care Basics: An Interactive Hands-On Workshop

_Barbara M. Bates-Jensen, PhD, RN, FAAN_

($150 additional fee applies)

The latest in treatment and management strategies for pressure ulcers, over leg and diabetic foot ulcers through interactive discussion and hands-on experiences!

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<tr>
<td>1:00</td>
<td>Diabetic Foot Ulcer Assessment and Management</td>
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<tr>
<td>1:45</td>
<td>Lower Leg Ulcer Assessment and Management</td>
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<tr>
<td>2:30</td>
<td>Hands-On Workshop: Compression Dressings, Total Contact Casting</td>
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<tr>
<td>3:45</td>
<td>Pressure Ulcer Management</td>
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<tr>
<td>4:30</td>
<td>Case Presentations</td>
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<tr>
<td>5:00</td>
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We offer two half-day sessions and one full-day session:

- Management of the Geriatric Patient in an Era of Advanced Cardiac Interventions
- Care Transitions Boot Camp: Providing Value vs. Volume to Improve Clinical Outcomes
- Wound Care Basics: An Interactive Hands-On Workshop

Have you signed up for a Preconference Workshop?

We offer two half-day sessions and one full-day session:

- Management of the Geriatric Patient in an Era of Advanced Cardiac Interventions
- Care Transitions Boot Camp: Providing Value vs. Volume to Improve Clinical Outcomes
- Wound Care Basics: An Interactive Hands-On Workshop
THURSDAY, SEPTEMBER 13

CONCURRENT SESSIONS

4:45 - Board Review A for Physicians
6:30 (repeated at 7:30pm)
   Cathy C. Lee, MD, MS
4:45 – Interactive Sessions B
5:30 (Participants choose one session)
   Case Studies in Geriatric Pharmacotherapy
   Demetra Antimisiaris, PharmD, CGP, FASCP
   Medical Ethics
   Neil S. Wenger, MD, MPH
   Geriatric Cardiology: Approach to Cardiovascular Disease Management in Relation to Aging
   Deena Goldwater, MD, PhD

5:45 - Interactive Sessions C
6:30 (Participants choose one session)
   Diagnosing and Managing the Painful Joint and Surrounding Tissues
   Ari Weinreb, MD, PhD
   Cardiovascular Risk Reduction after an Acute Coronary Syndrome
   Cynthia Jackevicius, PharmD, MSc, BCPS-AQ Cardiology
   Quality Improvement: Controversies in Long-Term Care
   Dan Osterweil, MD, FACP

7:30 - Board Review A for Physicians
9:30 (repeated from 4:45 pm)
   Linda Sohn, MD, MPH, CMD
   Heather Bennett Schickedanz, MD

RECENTLY ADDED TOPICS

- The Latest Guidelines in Blood Pressure Management in Older Patients
- The Management of New Oral Anti-Coagulants (NOACs)
- Screening and Preventive Health Guidelines for Geriatric Patients
- Assessing Capacity in Patients with Dementia
- Managing Psychiatric and Behavioral Symptoms in Alzheimer’s
- Managing Sleep and Anxiety Issues
FRIDAY, SEPTEMBER 14

7:00  Check-In and Continental Breakfast | Exhibits

ENDOCRINE AND HEMATOLOGIC DISORDERS
Moderator: Susan L. Charette, MD

8:00  Endocrine Disorders in Older Persons
Jane E. Weinreb, MD

8:45  Osteoporosis: An Overview
Carolyn J. Crandall, MD, MS

9:30  Type 2 Diabetes Mellitus
Pejman Cohan, MD

10:15 Break | Exhibits

10:30  Hematologic Disease in the Elderly
Gary Schiller, MD, FACP

11:15 Vision Loss in the Elderly
Pradeep Prasad, MD

12:00 Lunch (provided) | Exhibits

DERMATOLOGY, PAIN MANAGEMENT, AND PALLIATIVE CARE
Moderator: Cathy A. Alessi, MD

1:00  Geriatric Dermatology
Jennifer C. Haley, MD

1:45  Assessing and Managing Pressure Ulcers
Barbara Bates-Jensen, PhD, RN, FAAN

2:30 Break | Exhibits

2:45  Geriatric Pain Management
Bruce Ferrell, MD

3:30  Palliative Care in the Older Patient
Christopher Pietras, MD

4:15  Break | Exhibits

CONCURRENT SESSIONS

4:30 -  Board Review B for Physicians
Albert Bui, MD

6:15  (repeated at 7:30 pm)
Albert Bui, MD

4:30 – Interactive Sessions D
5:15  (Participants choose one session)

Clinical Pharmacy Pearls
(Demetra Antimisiaris, PharmD, BCGP, FASCP)

Gaining Clarity About Confusion: Sorting Out Impaired Cognition with Selected Cases
David B. Reuben, MD

Care Transitions: One Size Doesn’t Fit All
Michelle S. Eslami, MD, FACP, CMD

5:30 – Interactive Sessions E
6:15  (Participants choose one session)

Clinical Pharmacy Pearls
(repeated from 4:30 pm)
Demetra Antimisiaris, PharmD, BCGP, FASCP

Topics in Geriatric Endocrinology
Albert Shieh, MD

The Business of Geriatric Medicine
Michael Wasserman, MD, CMD

7:30 - Board Review B For Physicians
9:30  (repeated from 4:30 pm)
Albert Bui, MD

WHAT IS THE BOARD REVIEW?

- Up to six hours of interactive board review sessions moderated by UCLA faculty
- Over 100 multiple-choice, case-based questions with answers explained by expert faculty geriatricians
- Audience response system allows you to assess your preparation for the Geriatric Board Examinations

Albert Bui, MD
Moderator, Board Review B for Physicians
Program Schedule

Saturday, September 15

7:00  Check-In and Continental Breakfast | Exhibits

Geriatric Neurology / Psychiatry I
Moderator: Aaron H. Kaufman, MD

8:00  The Spectrum of Cognitive Dysfunction
David B. Reuben, MD

8:45  Pharmacological Treatment across Dementia Syndromes
Sarah Kremen, MD

9:30  Psychiatric and Behavioral Symptoms in Alzheimer’s and Other Dementias
Aaron H. Kaufman, MD

10:15 Break | Exhibits

10:30 Sleep Problems in Older People
Cathy A. Alessi, MD

11:15 Arthur C. Cherkin Memorial Award Lecture
Secondary Prevention Trials in Preclinical Alzheimer’s Disease
Reisa Sperling, MD

2:15  Ischemic Stroke: Treatment and Prevention
Latisha Katie Sharma, MD, FAHA

3:00  Break | Exhibits

3:15  Anxiety Disorders in the Elderly
J. Randy Mervis, MD

4:00  Advances in Treatment and Management of Late-Life Depression
Jürgen Unützer, MD, MPH, MA

4:45  Break | Exhibits

Concurrent Sessions

5:00 - Board Review C for Physicians
6:45  Sarah Kremen, MD

5:00 – Interactive Sessions F
5:45  (Participants choose one session)

Substance Abuse in the Older Patient
(repeated at 6:00 pm)
Pauline Wu, DO

A Case-Based Approach to Managing Difficult Behavior in Older Adults
(repeated at 6:00 pm)
Benjamin M. Shapiro, MD

Assessing Capacity in Older Adults
(repeated at 6:00 pm)
Aaron H. Kaufman, MD

6:00 – Interactive Sessions G
6:45  (Participants choose one session)

Substance Abuse in the Older Patient
(repeated from 5:00 pm)
Pauline Wu, DO

A Case-Based Approach to Managing Difficult Behavior in Older Adults
(repeated from 5:00 pm)
Benjamin M. Shapiro, MD

Assessing Capacity in Older Adults
(repeated from 5:00 pm)
Aaron H. Kaufman, MD

6:45  Adjourn

Session Spotlight:
The Spectrum of Cognitive Dysfunction

David B. Reuben, MD
Chief, UCLA Division of Geriatrics
Director, UCLA Multicampus Program in Geriatric Medicine and Gerontology
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

Accommodations

A block of rooms has been reserved at the on-site hotel of the Luskin Conference Center at a special rate of $249 single or double occupancy per night. This all-inclusive room rate includes all taxes and fees.

For more information and to reserve online, please visit: http://luskinconferencecenter.ucla.edu/ | Conference Code: 190910IC

To reserve by phone, call the conference center directly at (855) 522-8252 and request the group rate for the UCLA Geriatrics Course.

Parking and Directions

Self-parking at UCLA Lot 8

From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay per license plate at the kiosk and display the parking permit on your dash. Walk down one level and across pedestrian walkway toward Luskin Conference Center. Enter through Luskin Conference Center doors on right side. All day self-parking is $12.00.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 37.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
**Enrollment**

**By Mail**

Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Annual UCLA Intensive Course in Geriatric Medicine and Board Review, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

**By Phone - (310) 794-2620**

Use your American Express, MasterCard, VISA or Discover card.

**Online**

Go to [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses), and click on 35th Annual UCLA Intensive Course in Geriatric Medicine and Board Review. You may use your MasterCard, VISA, American Express or Discover card to register online.

**By Fax - (310) 794-2624**

Send the completed enrollment form with credit card information and authorizing signature.

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**Registration Fees**

- $1,150 Physicians
- $1,025 AGS Members
- $950 Pharmacists
- $850 All other allied health professionals
- $675 Indian Health Services (proof of employment required at time of registration)

**Refunds**

Cancellations must be received in writing by Friday, August 10, 2018 and are subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

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**Located Near L.A.’s Best Attractions**

UCLA's campus is located next to Hollywood, Santa Monica, and Beverly Hills! Enjoy many entertainment and recreational options including beaches and piers, world-class restaurants, historical sites, and endless shopping opportunities.
## 35th Annual UCLA Intensive Course in Geriatric Medicine & Board Review

**September 12-15, 2018**  
Los Angeles, California

**Course Title & Number:**  
M189-1

**Please Print**

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| Amount enclosed |

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<td>Physicians: $1,150</td>
<td>AGS Members: $1,025</td>
<td>Pharmacists: $950</td>
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| **Optional Pre-Conferences** |
| $300 | Management of the Geriatric Patient in an Era of Advanced Cardiac Interventions (*full day*) | M189-1 A |
| **$150** | Care Transitions Boot Camp: Providing Value vs. Volume to Improve Clinical Outcomes (*morning*) | M189-1 B |
| **$150** | Wound Care Basics: An Interactive Hands-On Workshop (*afternoon*) | M189-1 C |

*Tuition includes: registration for the 4-day course, a digital course syllabus, continental breakfasts, two lunches, coffee breaks, and snacks as indicated on the schedule.

**Total**

**- FAX -**  
Fax, with credit card number and expiration date, directly to our office at: 310-794-2624

**- OR MAIL TO -**  
Office of Continuing Medical Education  
David Geffen School of Medicine at UCLA  
UCLA Intensive Course in Geriatric Medicine & Board Review  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024-6512

To register online, visit [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses)
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Los Angeles, CA

UCLA Office of Continuing Medical Education

Los Angeles, CA 90095-6938
405 Hilgard Avenue MC29
David Geffen School of Medicine at UCLA