Aesthetic Eyelid and Facial Rejuvenation Course 2019

Friday–Saturday • July 19–20, 2019
UCLA Stein Eye Institute
UCLA Campus

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD
Norman Shorr, MD
Jonathan A. Hoenig, MD

AXELROD LECTURER
Guy Ben Simon, MD
Tel Aviv, Israel

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VIDEO LAB DIRECTOR
Steven Leibowitz, MD

UCLA Stein Eye Institute | DOHENY EYE INSTITUTE
### Hands-On Dissection Workshop Program

**Dissection Laboratory – 53-129 CHS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00</td>
<td>Registration and Breakfast</td>
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<tr>
<td>7:55</td>
<td>Laboratory Course Introduction – Daniel Rootman, MD, Steven Leibowitz, MD and Robert A. Goldberg, MD</td>
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#### Upper Blepharoplasty

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:05</td>
<td>Upper Blepharoplasty Anatomy and Incision Design – Louis Savar, MD</td>
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<tr>
<td>8:15</td>
<td>Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Blepharoplasty</td>
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#### Ptosis

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9:15</td>
<td>Ptosis Anatomy – Daniel Rootman, MD</td>
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<tr>
<td>9:25</td>
<td>Ptosis Video – Justin Karlin, MD</td>
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<td>9:40</td>
<td>Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis</td>
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#### Lower Blepharoplasty

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:30</td>
<td>Lower Blepharoplasty Anatomy – Daniel Rootman, MD</td>
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<tr>
<td>10:45</td>
<td>Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning, Trans-Eyelid Midface Approaches – Liza Cohen, MD</td>
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<tr>
<td>11:00</td>
<td>Hands-On Cadaver Lab: Lower Blepharoplasty with Variations</td>
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<td>12:00</td>
<td>Lunch</td>
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#### Canthoplasty

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<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00</td>
<td>Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD</td>
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<tr>
<td>1:15</td>
<td>Hands-On Cadaver Lab: Small Incision Canthoplasty</td>
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#### Forehead and Mid-Face Lift

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>2:00</td>
<td>Upper and Midface Lift Anatomy/Video – Jonathan A. Hoenig, MD and Mehryar Taban, MD</td>
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<tr>
<td>2:10</td>
<td>Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery and Direct Eyebrow Approaches</td>
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#### Fat Transfer and Special Procedures

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30</td>
<td>Hands-On Cadaver Lab Special Procedures:</td>
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<td>Fat Transfer, Facial Implants – David Isaacs, MD</td>
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<td>Cheiloplasty – Reza Jarrahy, MD</td>
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<td>Suture Lift – Christopher Lo, MD and Justin Karlin, MD</td>
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<td>Facelift – Jonathan A. Hoenig, MD</td>
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<td>Medial Canthoplasty – Daniel Rootman, MD</td>
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<tr>
<td>4:30</td>
<td>Adjourn</td>
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SATURDAY, JULY 20, 2019 SYMPOSIUM PROGRAM SCHEDULE

UCLA Stein Eye Institute, RPB Auditorium

7:30 Registration and Breakfast
8:00 Introduction – Daniel Rootman, MD
8:05 Evaluation of the Aging Face – Robert A. Goldberg, MD
8:30 My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – Rona Silkiss, MD
8:50 Pedicle Fat Transfer in the Upper Eyelid – Robert A. Goldberg, MD
9:05 Periorbital Liposuction Fat Transfer – Jonathan A. Hoenig, MD and Christopher Lo, MD
9:20 Cosmetic Ptosis Surgery – Daniel Rootman, MD
9:35 Nuances in Controlling Eyelid Crease and Contour – Kenneth D. Steinsapir, MD
9:45 Questions and Answers
9:50 Coffee Break and Exhibits
10:15 Basic Surgical Techniques of Lower Blepharoplasty – Michael J. Groth, MD
10:35 The Unhappy Post-Blepharoplasty Patient – Robert A. Goldberg, MD
11:00 Comprehensive Midface Lift – Christopher Lo, MD and Robert A. Goldberg, MD
11:20 Questions and Answers
11:30 Introduction of Robert Axelrod, MD Memorial Lecturer – Norman Shorr, MD
11:35 Robert Axelrod, MD Memorial Lecture – Guy Ben Simon, MD
12:00 Lunch
1:00 Blindness After Blepharoplasty and Fillers: Etiology and Management – Shoaib Ugradar, MD
1:15 How to Satisfy Aesthetic Surgery Patients – Reza Jarrahy, MD
1:30 Facelift Pearls – Tanuj Nakra, MD
1:45 Analyzing Facial Aging with Imaging and 3-D Serial Photography – Val Lambros, MD, FACS
2:00 Questions and Answers

Facial Rejuvenation: Skin Treatments and Injectables

2:20 Understanding the Eyebrow and Its Role in Facial Aesthetics – Danica Fiaschetti, LVN, COA
2:30 New Waves in Skin Rejuvenation – Jennifer Ahdout, MD
2:50 Functional Facial Filler Injections – Robert A. Goldberg, MD
3:10 Coffee Break

Cosmetic Consultations

3:30 Live: Botulinum Toxin and Fillers
Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary.
Moderator: Tanuj Nakra, MD
Faculty Injectors: Robert A. Goldberg, MD, Cynthia Boxrud, MD, Rona Silkiss, MD, Kenneth D. Steinsapir, MD and Daniel Rootman, MD
4:15 M&M from the Fellows Conference: The Worst Complications of the Year, and How They Were Managed – Liza Cohen, MD, Justin Karlin, MD and Alexandra Manta, MD
Faculty Comments and Pearls for Managing Complications – Norman Shorr, MD, Robert A. Goldberg, MD and Mehryar Taban, MD
4:30 Final Questions and Answers
4:40 Adjourn
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AXELROD LECTURER
Guy Ben Simon, MD
Tel Aviv, Israel

DISSECTION VIDEO FEED MODERATOR
Steven Leibowitz, MD

GUEST FACULTY
Jennifer Ahdout, MD
Beverly Hills, California
Val Lambros, MD, FACS
Newport Beach, California
Tanuj Nakra, MD
Austin, Texas
Rona Silkiss, MD
San Francisco, CA

UCLA LABORATORY PRECEPTORS
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Jerome Klein, MD
Joseph Lin, MD
Polly McKinstry, MD
Jason Roostaean, MD
Stan Saulny, MD
Aaron Savar, MD
Louis Savar, MD
Norman Shorr, MD
Ronald Strahan, MD

UCLA COURSE FACULTY
Cynthia Boxrud, MD
Liza Cohen, MD
Danica Fiaschetti, LVN, COA
Michael J. Groth, MD
David Issacs, MD
Reza Jarrahy, MD
Justin Karlin, MD
Steven Leibowitz, MD
Christopher Lo, MD
Alexandra Manta, MD
Tanuj Nakra, MD
Kenneth D. Steinsapir, MD
Mehryar Taban, MD
Shoaib Ugradar, MD

ACCOMMODATIONS
HILGARD HOUSE:
927 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 310-208-3945

HOTEL ANGELENO:
170 N. Church Lane
Los Angeles, California 90049
Reservations: 310-476-6411

W LOS ANGELES – WESTWOOD HOTEL:
930 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 1-800-877-W-HOTELS

WESTWOOD ON WILSHIRE HOTEL:
10740 Wilshire Blvd.
Los Angeles, California 90024
Reservations: 310-475-8711

UCLA TIVERTON HOUSE:
900 Tiverton Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 310-794-0151

LUSKIN CONFERENCE CENTER:
425 Westwood Plaza
Los Angeles, California 90049
Within walking distance
Reservations: (855) 522-8252

DIRECTIONS
Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for $12 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE
Prime Time (800) 262-7433
Skycar (310) 306-3554
Super Shuttle (310) 532-5999

TAXICABS
Beverly Hills Cab Co. (310) 273-6611
Checker Cab Co. (800) 300-5007
United Independent (310) 278-2500
APPLICATION FOR REGISTRATION
Aesthetic Eyelid and Facial Rejuvenation Course 2019
July 19–20, 2019

Name ________________________________________  Degree __________________________________

Specialty ________________________________________________________________________________

Address _________________________________________________________________________________

City ____________________________________________  State ________________   ZIP_______________

Telephone ________________________________________FAX __________________________________

E-Mail ___________________________________________________________________________________

Registration Fees (Includes continental breakfast and lunch):

☐ Friday and Saturday – Fresh Cadaver Surgery Procedure Workshop and Didactic Session
$2,250

☐ Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic
Session $895

☐ Saturday Only – Didactic Session $395

Please make checks payable to UC Regents or pay by credit card below:

☐ MasterCard  ☐ Visa  ☐ American Express  ☐ Discover Card

Card Holder's Name

Card Number

Expiration Date

Signature

Cancellation Policy:
Request for refunds must be received in writing no later than July 1, 2019. A handling fee of $75
will be deducted from each cancelled registration.

Enrollment:
By Mail: Use this form and mail to the UCLA Office of Continuing Medical Education, David Geffen
School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Fax: Send the completed enrollment form with credit card information and authorizing
signature. Fax to (310) 794-2624.

By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620

Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu
and click on “2019 Aesthetic Eyelid and Facial Rejuvenation”

ACCREDITATION
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by
the Accreditation Council for Continuing Medical Education to provide continuing medical education
for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this
live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the
credit commensurate with the extent of their participation in the activity.

DISCLOSURES
The FDA has issued a concept paper which classifies commercial support of scientific and educational
programs as promotional unless it can be affirmed that the program is “truly independent” and free
of commercial influence. In addition to independence, the FDA requires that non-promotional, com-
mercially supported education be objective, balanced, and scientifically rigorous. The policy further
states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the pro-
gram’s participants. In addition, Accreditation Council for Continuing Medical Education policy man-
dates that the provider adequately manage all identified potential conflicts of interest prior to the
program. We at UCLA fully endorse the letter and spirit of this concept.
Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 19, 2019
UCLA Stein Eye Institute, 53-129 CHS, Dissection Laboratory – 7:00 am - 4:30 pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. We have tried this once before and received rave reviews. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees loved this new educational experience.

SATURDAY, July 20, 2019
UCLA Stein Eye Institute, RPB Auditorium – 7:30 am - 5:00 pm

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today’s sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants unable to attend the first day of the course are welcome for the second day.
Course Description
This course is a tightly focused survey of surgical and non-surgical options for periocular and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives
At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.
Friday–Saturday
July 19–20, 2019
Doheny Eye Institute and UCLA Stein Eye Institute
Facial Rejuvenation Course 2019
UCLA Stein Eye Institute, UCLA Campus