



David Geffen
School of Medicine

Aesthetic Eyelid and Facial Rejuvenation Course 2019

Friday–Saturday • July 19–20, 2019

UCLA Stein Eye Institute

UCLA Campus



PROGRAM CHAIRMAN

Robert A. Goldberg, MD

LABORATORY DIRECTOR

Daniel Rootman, MD

COURSE DIRECTORS

Robert A. Goldberg, MD

Daniel Rootman, MD

Norman Shorr, MD

Jonathan A. Hoenig, MD

VIDEO LAB DIRECTOR

Steven Leibowitz, MD

AXELROD LECTURER

Guy Ben Simon, MD

Tel Aviv, Israel

UCLA Stein Eye Institute



DOHENY
EYE INSTITUTE

CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEFFEN SCHOOL OF MEDICINE at UCLA

Aesthetic Eyelid and Facial Rejuvenation

FRIDAY, JULY 19, 2019 HANDS-ON DISSECTION WORKSHOP PROGRAM

Dissection Laboratory – 53-129 CHS

7:00 Registration and Breakfast

7:55 Laboratory Course Introduction – **Daniel Rootman, MD, Steven Leibowitz, MD and Robert A. Goldberg, MD**

Upper Blepharoplasty

8:05 Upper Blepharoplasty Anatomy and Incision Design – **Louis Savar, MD**

8:15 Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Blepharoplasty

Ptosis

9:15 Ptosis Anatomy – **Daniel Rootman, MD**

9:25 Ptosis Video – **Justin Karlin, MD**

9:40 Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty

10:30 Lower Blepharoplasty Anatomy – **Daniel Rootman, MD**

10:45 Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning, Trans-Eyelid Midface Approaches – **Liza Cohen, MD**

11:00 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations

12:00 Lunch

Canthoplasty

1:00 Canthal Anatomy/Small Incision Canthoplasty Video – **Robert A. Goldberg, MD**

1:15 Hands-On Cadaver Lab: Small Incision Canthoplasty

Forehead and Mid-Face Lift

2:00 Upper and Midface Lift Anatomy/Video – **Jonathan A. Hoenig, MD and Mehryar Taban, MD**

2:10 Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery and Direct Eyebrow Approaches

Fat Transfer and Special Procedures

3:30 Hands-On Cadaver Lab Special Procedures:

Fat Transfer, Facial Implants **David Isaacs, MD**

Cheiloplasty **Reza Jarrahy, MD**

Suture Lift **Christopher Lo, MD and Justin Karlin, MD**

Facelift **Jonathan A. Hoenig, MD**

Medial Canthoplasty **Daniel Rootman, MD**

4:30 Adjourn

ation Course

SATURDAY, JULY 20, 2019 SYMPOSIUM PROGRAM SCHEDULE

UCLA Stein Eye Institute, RPB Auditorium

- 7:30 Registration and Breakfast
- 8:00 Introduction – **Daniel Rootman, MD**
- 8:05 Evaluation of the Aging Face – **Robert A. Goldberg, MD**
- 8:30 My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – **Rona Silkiss, MD**
- 8:50 Pedicle Fat Transfer in the Upper Eyelid – **Robert A. Goldberg, MD**
- 9:05 Periorbital Liposuction Fat Transfer – **Jonathan A. Hoenig, MD and Christopher Lo, MD**
- 9:20 Cosmetic Ptosis Surgery – **Daniel Rootman, MD**
- 9:35 Nuances in Controlling Eyelid Crease and Contour – **Kenneth D. Steinsapir, MD**
- 9:45 Questions and Answers
- 9:50 Coffee Break and Exhibits
- 10:15 Basic Surgical Techniques of Lower Blepharoplasty – **Michael J. Groth, MD**
- 10:35 The Unhappy Post-Blepharoplasty Patient – **Robert A. Goldberg, MD**
- 11:00 Comprehensive Midface Lift – **Christopher Lo, MD and Robert A. Goldberg, MD**
- 11:20 Questions and Answers
- 11:30 Introduction of Robert Axelrod, MD Memorial Lecturer – **Norman Shorr, MD**
- 11:35 Robert Axelrod, MD Memorial Lecture – **Guy Ben Simon, MD**
- 12:00 Lunch
- 1:00 Blindness After Blepharoplasty and Fillers: Etiology and Management – **Shoib Ugradar, MD**
- 1:15 How to Satisfy Aesthetic Surgery Patients – **Reza Jarrahy, MD**
- 1:30 Facelifting Pearls – **Tanuj Nakra, MD**
- 1:45 Analyzing Facial Aging with Imaging and 3-D Serial Photography – **Val Lambros, MD, FACS**
- 2:00 Questions and Answers
- Facial Rejuvenation: Skin Treatments and Injectables**
- 2:20 Understanding the Eyebrow and Its Role in Facial Aesthetics – **Danica Fiaschetti, LVN, COA**
- 2:30 New Waves in Skin Rejuvenation – **Jennifer Ahdout, MD**
- 2:50 Functional Facial Filler Injections – **Robert A. Goldberg, MD**
- 3:10 Coffee Break
- Cosmetic Consultations**
- 3:30 Live: Botulinum Toxin and Fillers
Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary.
Moderator: **Tanuj Nakra, MD**
Faculty Injectors: **Robert A. Goldberg, MD, Cynthia Boxrud, MD, Rona Silkiss, MD, Kenneth D. Steinsapir, MD and Daniel Rootman, MD**
- 4:15 M&M from the Fellows Conference: The Worst Complications of the Year, and How They Were Managed – **Liza Cohen, MD, Justin Karlin, MD and Alexandra Manta, MD**
Faculty Comments and Pearls for Managing Complications – **Norman Shorr, MD, Robert A. Goldberg, MD and Mehryar Taban, MD**
- 4:30 Final Questions and Answers
- 4:40 Adjourn

Course Faculty

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AXELROD LECTURER

Guy Ben Simon, MD

Tel Aviv, Israel

DISSECTION VIDEO FEED MODERATOR

Steven Leibowitz, MD

GUEST FACULTY

Jennifer Ahdout, MD

Beverly Hills, California

Val Lambros, MD, FACS

Newport Beach, California

Tanuj Nakra, MD

Austin, Texas

Rona Silkiss, MD

San Francisco, CA

UCLA LABORATORY PRECEPTORS

Bruce Becker, MD

Jerome Klein, MD

Joseph Lin, MD

Polly McKinstry, MD

Jason Roostaeian, MD

Stan Saulny, MD

Aaron Savar, MD

Louis Savar, MD

Norman Shorr, MD

Ronald Strahan, MD

UCLA COURSE FACULTY

Cynthia Boxrud, MD

Liza Cohen, MD

Danica Fiaschetti, LVN, COA

Michael J. Groth, MD

David Isaacs, MD

Reza Jarrahy, MD

Justin Karlin, MD

Steven Leibowitz, MD

Christopher Lo, MD

Alexandra Manta, MD

Tanuj Nakra, MD

Kenneth D. Steinsapir, MD

Mehryar Taban, MD

Shoaib Ugradar, MD

ACCOMMODATIONS

HILGARD HOUSE:

927 Hilgard Avenue

Los Angeles, California 90024

Within walking distance

Reservations: 310-208-3945

HOTEL ANGELENO:

170 N. Church Lane

Los Angeles, California 90049

Reservations: 310-476-6411

W LOS ANGELES – WESTWOOD HOTEL:

930 Hilgard Avenue

Los Angeles, California 90024

Within walking distance

Reservations: 1-800-877-W-HOTELS

WESTWOOD ON WILSHIRE HOTEL:

10740 Wilshire Blvd.

Los Angeles, California 90024

Reservations: 310-475-8711

UCLA TIVERTON HOUSE:

900 Tiverton Avenue

Los Angeles, California 90024

Within walking distance

Reservations: 310-794-0151

LUSKIN CONFERENCE CENTER:

425 Westwood Plaza

Los Angeles, California 90049

Within walking distance

Reservations: (855) 522-8252

DIRECTIONS

Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for \$12 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE

Prime Time (800) 262-7433

Skycar (310) 306-3554

Super Shuttle (310) 532-5999

TAXICABS

Beverly Hills Cab Co. (310) 273-6611

Checker Cab Co. (800) 300-5007

United Independent (310) 278-2500

APPLICATION FOR REGISTRATION

Aesthetic Eyelid and Facial Rejuvenation Course 2019 July 19–20, 2019

Name _____ Degree _____
Specialty _____
Address _____
City _____ State _____ ZIP _____
Telephone _____ FAX _____
E-Mail _____

Registration Fees (Includes continental breakfast and lunch):

- Friday and Saturday – Fresh Cadaver Surgery Procedure Workshop and Didactic Session
\$2,250
- Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic
Session \$895
- Saturday Only – Didactic Session \$395

Please make checks payable to UC Regents or pay by credit card below:

- MasterCard Visa American Express Discover Card

Card Holder's Name _____

Card Number _____

Expiration Date _____

Signature _____

Cancellation Policy:

Request for refunds must be received in writing no later than July 1, 2019. A handling fee of \$75 will be deducted from each cancelled registration.

Enrollment:

By Mail: Use this form and mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Fax: Send the completed enrollment form with credit card information and authorizing signature. Fax to (310) 794-2624.

By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620

Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu and click on "2019 Aesthetic Eyelid and Facial Rejuvenation"

ACCREDITATION

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of *14.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.



Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 19, 2019

UCLA Stein Eye Institute, 53-129 CHS, Dissection Laboratory – 7:00 am - 4:30 pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. We have tried this once before and received rave reviews. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees loved this new educational experience.

SATURDAY, July 20, 2019

UCLA Stein Eye Institute, RPB Auditorium – 7:30 am - 5:00 pm

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today’s sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants

unable to attend the first day of the course are welcome for the second day.



Course Description

This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renowned experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives

At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.



UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
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Los Angeles, California 90095-6938

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