37th Carl M. Pearson Memorial Symposium

Frontiers of Rheumatology

April 12-14, 2019
Friday, Saturday and Sunday

Marina del Rey Marriott
Marina del Rey, California
37th Carl M. Pearson Memorial Symposium

Frontiers of Rheumatology

Friday, April 12

Session Chair: Daniel E. Furst, MD

7:00  Registration and Continental Breakfast

8:10  Inflammatory and Metabolic Muscle Disease
      Christina Charles-Schoeman, MD

8:15  The Basic Science of Inflammatory Muscle Disease
      Dana Ascherman, MD

8:50  Question and Answer

9:00  Diagnoses and New Approach to Diagnoses
      Chester Otis, MD

9:35  Question and Answer

9:45  Treatment
      Christina Charles-Schoeman, MD

10:20  Question and Answer

10:30  Break

Session Chair: Suzanne Kafaja, MD

10:45  How to Get Patients Off Steroids: Novel Outcome Measures for
      Rheumatoid Arthritis Such as the Glucocorticoid Toxicity Index,
      Flare, Etc.
      John Stone, MD, MPH

11:20  Question and Answer

11:30  Rheumatoid Arthritis Therapy: Emphasis on Combination, Steroid
      Sparing, Newest Therapy (Even if Not Fully Developed)
      Eric Ruderman, MD

12:05  Question and Answer

12:15  The Art of Medicine
      James Louie, MD

12:50  Question and Answer

1:00  Lunch

2:30  Talk with the Expert
      Chester Otis, MD

2:30  Talk with the Expert
      John Stone, MD, MPH

4:00  Adjourn Didactic Session and CRA Session*

2:30  CRA: Advanced Practice Clinicians in Rheumatology*
      John Tesser, MD, FACP, FACR
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Saturday, April 13

Session Chair: Maureen McMahon, MD

7:00  Continental Breakfast

8:00  Things You Always Wanted to Know, But…
Maureen McMahon, MD

8:15  Gout Update
Brian Mandell, MD, PhD

8:50  Question and Answer

9:00  It’s Such a Pain!
Daniel Clauw, MD

9:35  Question and Answer

9:45  The Place of Special Diets and Supplements in Rheumatology: FODMAP, Gluten-Free, Other?
Sara Tedeschi, MD

10:20  Question and Answer

10:30  Break

10:45  ANCA Positive Vasculitis
Carol Langford, MD

11:20  Question and Answer

11:30  CIA (Clinical Immunology/Allergy) for the Rheumatologist: Spectrum of Immune Deficiency and Drug Allergy
Melinda Braskett, MD

12:05  Question and Answer

12:15  Clinically Useful and Fascinating Data from ACR/EULAR 2018
Daniel E. Furst, MD

12:50  Question and Answer

1:00  CRA Honorary Luncheon
Open to all attendees

2:30  Talk with the Expert
Daniel Clauw, MD

2:30  Talk with the Expert
Karen Costenbader, MD, MPH

4:00  Adjourn Didactic Session and CRA Session*

2:30  CRA: Federal Issues Facing Rheumatologists and Their Patients*
Emily L. Graham, RHIA, CCS-P
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Sunday, April 14

Session Chair: Philip J. Clements, MD, MPH

8:00  Continental Breakfast
9:00  Thieves’ Market
      Lambda-Kappa Free Chains
      Moderator: Philip J. Clements, MD, MPH
10:30 SLE
      Bevra Hahn, MD
11:05 Question and Answer
11:15 Imaging Quiz
      Kambiz Motamedi, MD
12:00 Drawings
12:10 Summary and Adjourn

Course Co-Chairs
Philip J. Clements, MD, MPH  Professor of Rheumatology*
Daniel E. Furst, MD  Professor of Rheumatology*
Maureen McMahon, MD  Associate Clinical Professor*
Suzanne Kafaja, MD  Assistant Professor of Rheumatology*

Distinguished Faculty
Dana Ascherman, MD  Associate Professor of Medicine
University of Miami, Miller School of Medicine

Melinda Braskett, MD  Associate Director, Gores Family Allergy Center
Professor of Clinical Pediatrics
Keck School of Medicine of USC

Christina Charles-Schoeman, MD  Associate Professor of Medicine*

Daniel Clauw, MD  Professor of Anesthesiology, Medicine (Rheumatology) & Psychiatry
Director, Chronic Pain & Fatigue Research Center
University of Michigan

Karen Costenbader, MD, MPH  Professor of Medicine
Harvard Medical School

Emily L. Graham, RHIA, CCS-P  VP, Regulatory Affairs
Hart Health Strategies, Inc.

Bevra Hahn, MD  Professor of Medicine*

Carol Langford, MD  Director, Center for Vasculitis Care and Research
Department of Rheumatic and Immunologic Diseases Cleveland Clinic

James Louie, MD  Emeritus Professor of Medicine*

Brian Mandell, MD, PhD  Director of Scholarly Activities
Cleveland Clinic

Kambiz Motamedi, MD  Professor of Radiology*

Chester Otis, MD  Professor of Pathology
University of Massachusetts

Eric Ruderman, MD  Professor of Medicine
Northwestern Medicine

John Stone, MD, MPH  Director, Clinical Rheumatology
Massachusetts General Hospital

Sara Tedeschi, MD  Instructor of Medicine
Brigham and Women’s Hospital

John Tesser, MD, FACP, FACR  Adjunct Assistant Professor
Midwestern University
Arizona College of Osteopathic Medicine
Arizona Arthritis & Rheumatology Associates
Phoenix, AZ

*David Geffen School of Medicine at UCLA
Mail Application for Enrollment (please print)

<table>
<thead>
<tr>
<th>Course Title &amp; Number</th>
<th>Amount</th>
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<tr>
<td>37th Annual Frontiers of Rheumatology</td>
<td>M189-27</td>
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Choose any of the below which determines the reason for which you are attending this meeting:
- [ ] CRA Offering
- [ ] UCLA Offering
- [ ] Both

REGISTRATION FEE: (late fees after March 11, 2019)
- [ ] $380  MD, PhD
- [ ] $410  MD, PhD (late fee)
- [ ] $30  RN
- [ ] $180  RN (late fee)
- [ ] $80  Trainees/Fellows

NAME (FIRST, MIDDLE, LAST)  DEGREE
SPECIALTY
PREFERRED MAILING ADDRESS
CITY/STATE/ZIP
AREA CODE / DAYTIME PHONE  AREA CODE / FAX
E-MAIL
CHECK enclosed, payable to Regents of the University of California
CHARGE  [ ] Visa  [ ] MasterCard  [ ] Discover  [ ] AMEX
Card Number
Authorizing Signature_________________________ Exp. Date______ / ________

Mail to: Office of Continuing Medical Education
         Frontiers of Rheumatology
         David Geffen School of Medicine at UCLA
         10920 Wilshire Blvd., Suite 1060
         Los Angeles, CA 90024-6512
Course Description

For the past 37 years the Annual Seminar “Frontiers of Rheumatology” has honored the memory of Carl M. Pearson MD, the founding chief of Rheumatology at UCLA, by gathering a distinguished faculty for three days of interactions, presentations and educational discussions with participants of current topics, recent advances and impending progress of importance to physicians and other providers of care to patients with autoimmune and musculoskeletal conditions. The course has been well-reviewed by participants and by visiting faculty who enjoy the relaxed atmosphere, challenging queries from participants and many opportunities for interactions. Many have repeatedly returned to subsequent seminars. Participants record their opinions about the quality of each presentation and of the overall course each year. In 2018, there were 167 attendees – 95.4% thought the program taught or verified important information and a gratifyingly high 92.5% felt the information would impact their practices. Almost 99% thought the program fulfilled the course objectives and 100% would recommend the course to others. As before, 100% felt an annual update is needed.

Participants also record their suggestions for future topics and speakers. Their suggestions are used by the organizers, along with comments from the faculty and knowledge of current literature and areas of need, to develop each year’s program. The basic purpose of the seminars is to maintain and improve the skills of the participants and to improve the care and outcomes of their patients.

Target Audience

This program is intended to provide rheumatologists, interested physicians, health care professionals, and rheumatology fellows with the most current information and insights on treatment of rheumatic disease. Interaction between participants and faculty members is emphasized.

Learning Objectives

It is the objective of this meeting to update current knowledge in rheumatology, focusing on the practical clinical perspective. In addition to lectures, extensive question and answer periods, panel discussions, and casual exchanges, this course will provide many opportunities for faculty and participants to interact and discuss clinically important topics.

Upon completion of this program, participants should be able to:

• Improve their understanding of pathogenesis, diagnosis, and treatment about muscle disease in rheumatic disease
• Examine the newest approaches to getting rheumatic disease patients off corticosteroids
• Utilize the newest treatments for gout
• Differentiate the newest approaches and treatment of pain
• Understand the latest treatment of vasculitis
• Utilize approaches to desensitization to some drugs and to allergic responses in patients
• Apply updates on practical aspects of clinical produce from ACR and EULAR 2018
• Examine the place of supplements and diet in rheumatology
Meeting Location
Marina del Rey Marriott
4100 Admiralty Way
Marina del Rey, CA 90292
(310) 301-3000

The Marina del Rey Marriott is located three blocks from the beach in the heart of Marina del Rey, across from the world’s largest man-made harbor. It is six miles from LAX airport, with access to all area freeways and major surface routes. Within walking distance of the hotel are a variety of restaurants, clubs, and shops as well as biking paths, jogging trails and the Marina Beach. Close to Marina del Rey are art galleries, popular restaurants, architectural showpieces, and the distinctive cultural scene of Santa Monica and Venice Beach. Shopping in Beverly Hills and Century City is also close by. The Los Angeles area offers a variety of vacation entertainment for both adults and children. Disneyland, Knotts Berry Farm, Magic Mountain and Universal Studios are just a sample of attractions that help to make a visit to Southern California a memorable experience.

Accommodations
A block of rooms has been reserved at the Marina del Rey Marriott for seminar participants at a special conference rate starting at $239 per night for single/double occupancy. Confirmation of reservations received after Friday, March 29, 2019 is subject to availability.

To reserve a room call (800) 228-9290 or (310) 301-3000. Make sure to mention the UCLA Rheumatology Course when calling in your reservations.

Conference Parking
There will be special banquet valet day parking rates of $15 per day for attendees of the conference. Overnight parking is $36 per night.

Transportation to Hotel from LAX
Taxi service is available from Los Angeles International Airport to the Marina del Rey Marriott.

Enrollment
Online
Go to www.cme.ucla.edu/courses and click on UCLA Frontiers of Rheumatology. You may use your MasterCard, Visa, American Express, or Discover card to register.

By Mail
Mail the attached form to:
UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
Frontiers of Rheumatology
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

By Fax
Send the completed enrollment form with credit card information and authorizing signature to (310) 794-2624.

By Phone
Call (310) 794-2620 to use your MasterCard, Visa, American Express, or Discover card.

Please visit our website for other UCLA CME offerings at www.cme.ucla.edu

Refunds
Cancellations must be received in writing by Friday, March 29, 2019 and will be subject to a $75 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Early registration is recommended, as space is limited.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement
The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. UCLA fully endorses the letter and spirit of these concepts.
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Rheumatology

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