THE 7th ANNUAL
UCLA Diabetes Symposium

Saturday, November 16, 2019
Loews Santa Monica Beach Hotel
Santa Monica, California
The 7th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge given its rising prevalence, cost, and risk of chronic complications and co-morbidities. Healthcare providers are required to address these concerns in a changing landscape of therapy and technology where treatments for diabetes continue to expand. The UCLA Annual Diabetes Symposium is a one-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art patient care. Experts in the field and its associated complications will review current best practices, including updates in care, guidelines, and technology, as well as address co-morbidities including obesity and cardiovascular disease management.

Course Objectives

At the completion of this course, participants should be able to:

• Manage patients with type 2 diabetes mellitus
• Discuss prediabetes care recommendations
• Counsel patients on cardiovascular disease prevention in diabetes
• Describe risks, benefits and indications for insulin use
• Describe risks and benefits of SGLT-inhibitors and GLP-1 receptor agonists
• Describe specific diets and their risks and benefits
• Outline type 1 diabetes care and benefits of technology
• Detail surgical outcomes in patients with diabetes and obesity
• Outline the genetics of obesity and implications for care

Target Audience

The UCLA diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.
Course Faculty

COURSE DIRECTOR
Matthew Freeby, MD
Associate Clinical Professor of Medicine
Director, Gonda Diabetes Center
Associate Director, Diabetes Clinical Programs
Division of Endocrinology, Diabetes and Hypertension
David Geffen School of Medicine at UCLA

COURSE CO-DIRECTORS
Dianne S. Cheung, MD, MPH, FACE, ECNU
Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–South Bay Endocrinology
David Geffen School of Medicine at UCLA

Andrew Day, MD
Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–Santa Clarita
David Geffen School of Medicine at UCLA

Yaroslav Gofnung, MD
Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–Westlake Village
David Geffen School of Medicine at UCLA

GUEST FACULTY
Steven Edelman, MD
Professor of Medicine
University of California, San Diego
Veterans Affairs Medical Center
Founder & Director, Taking Control of Your Diabetes

Lauren Golden, MD
Clinical Associate Professor, Department of Medicine
Director, Center for Diabetes & Metabolic Health
NYU Langone Health Diabetes & Endocrine Associates
NYU School of Medicine

Mark Goodarzi, MD, PhD
Professor of Medicine
Director, Division of Endocrinology, Diabetes and Metabolism
Eris M. Field Endowed Chair in Diabetes Research
Cedars-Sinai Medical Center

FACULTY—DAVID GEFEN SCHOOL OF MEDICINE AT UCLA

Gregory A. Brent, MD
Chief, Division of Endocrinology, Diabetes and Hypertension
Department of Medicine
Professor of Medicine and Physiology

Peter Butler, MD
Division of Endocrinology, Diabetes and Hypertension
Director, Larry Hillblom Islet Research Institute

Susan S. Davis, MD
Assistant Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Diabetes Center – Santa Monica

Erik P. Dutson, MD, FACS
Clinical Professor of Surgery
Chief, UCLA Section of Minimally Invasive and Bariatric Surgery
Surgical Director, COMET Executive Director, CASIT

Jelena Maletkovic, MD
Assistant Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Health – Porter Ranch

Tannaz Moin, MD, MBA, MSHS
Assistant Professor of Medicine
Assistant Director, Specialty Training and Advanced Research (STAR) Program
Division of Endocrinology, Diabetes & Metabolism
Division of General Internal Medicine & Health Services Research
HSR&D Center for the Study of Healthcare Innovation, Implementation & Policy
VA Greater Los Angeles Healthcare System

Shiri Morgan, MPH, RD, CDE
Registered Dietitian, Certified Diabetes Educator
Diabetes Education Program
Division of Endocrinology, Diabetes and Hypertension

Rachael Oxman, MD
Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health – Santa Monica

Vanessa Schmidt, MD
Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health – Santa Monica

Jien Shim, MD
Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health – Downtown

Laura Sue, MD
Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health – Downtown

Karol E. Watson, MD, PhD
Professor of Medicine/Cardiology
Co-Director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women’s Heart Health Program
Program Schedule

Saturday, November 16, 2019

7:00  Registration/Continental Breakfast/Exhibits

7:50  Introduction and Welcome
Matthew Freeby, MD and Gregory A. Brent, MD

Management of Diabetes and Related Disorders: Session I
Moderators: Susan S. Davis, MD and Laura Sue, MD

8:00  Diabetes and Cardiovascular Disease
Karol E. Watson, MD, PhD

8:45  Preventing Diabetes: What’s New in 2019?
Tannaz Moin, MD, MBA, MSHS

9:20  How, When & Why to Start Insulin in Type 2 Diabetes
Lauren Golden, MD

10:00  Break and Exhibits

Management of Type 2 Diabetes: Session II
Moderators: Rachael Oxman, MD and Jeong-hee Ku, MD

10:25  Dissecting the Diets: What’s In & What’s Out in Diabetes Care?
Shiri Morgan, MPH, RD, CDE

11:00  SGLT-2 or GLP-1: I Choose SGLT-2 Inhibitors
Jelena Maletkovic, MD

11:30  SGLT-2 or GLP-1: I Choose GLP-1 Receptor Agonists
Vanessa Schmidt, MD

12:00  Lunch and Exhibits
Management of Type 1 Diabetes: Session III  
**Moderators:** Dianne S. Cheung, MD, MPH, FACE, ECNU and Jien Shim, MD

1:00  Type 1 Diabetes Treatment Update: What’s New & Old  
      *Steven Edelman, MD*

1:40  Type 1 Diabetes Research Update  
      *Peter Butler, MD*

2:20  Break and Exhibits

Management of Diabetes and Obesity: Session IV  
**Moderators:** Andrew Day, MD and Yaroslav Gofnung, MD

2:40  Genetic Lessons in the Biology of Obesity  
      *Mark Goodarzi, MD, PhD*

3:20  Surgical Treatment for Obesity and Diabetes: Better Than Meds?  
      *Erik P. Dutson, MD, FACS*

4:00  Closing Remarks

4:05  Adjourn
General Information

Conference Location
Loews Santa Monica Beach Hotel
1700 Ocean Avenue
Santa Monica, CA 90401
310-458-6700

Hotel Accommodations
There is a very limited number of hotel rooms available at a discounted rate of $379, first come, first served basis. The special rate is available 2 days pre and post conference, based on availability. Please call Jess Reichert, Revenue Manager, directly at 310-576-3151 to book a room. Please note that this is not a room block. No other rooms will be made available at the discounted rate once the limit has been reached.

Parking
Valet parking is $15.00

Fees
Physicians: $175.00
Allied Health Professionals and Students: $150.00

Refunds
Cancellations must be received in writing by October 16, 2019 and will be subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Enrollment
Online
Go to www.cme.ucla.edu/courses to enroll online using your American Express, Discover, MasterCard or Visa. Click on 7th Annual UCLA Diabetes Symposium.

By Mail
Enroll by mail using the attached form. Mail to the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024.

By Phone
Use your American Express, Discover, MasterCard or Visa to enroll over the phone. Call 310-794-2620.

By Fax
Enroll by fax with your American Express, Discover, MasterCard or Visa by sending the completed enrollment form with credit card information and authorizing signature. Fax to 310-794-2624.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Registration (Please Print)

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<tr>
<td>7th Annual UCLA Diabetes Symposium</td>
<td>M190-4</td>
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<td>Physicians: $175.00</td>
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<td>Allied Health Professionals and Students: $150.00</td>
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Tuition includes registration, syllabus, continental breakfast, lunch and coffee breaks.

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Last four digits of your Social Security Number

Name (First/Middle/Last)

Degree

Specialty

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Area Code Daytime Phone

Area Code Fax

E-mail Address

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Los Angeles, CA 90024
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Register today!
Enroll now by mail, fax, phone or online.

www.cme.ucla.edu/courses