



David Geffen
School of Medicine

The Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
presents

Meeting the Challenge of Primary Care

October 23-26, 2019

Kau'i Marriott Resort
Lihue, Hawaii

CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEFFEN SCHOOL OF MEDICINE at UCLA

Course Description

It is often said that the “common things occur most commonly” and no where is this not more true than in primary care. This four-day symposium will provide the participant with an update on common problems seen in primary care related to preventive medicine, rheumatology, internal medicine, and women’s health.

A distinguished UCLA faculty group will discuss a variety of topics including hypertension, diabetes, contraception, hepatitis B and C, and common rheumatologic disorders.

Target Audience

This course is targeted towards family physicians, general practitioners, internists, nurse practitioners and physician assistants.

Course Objectives

Following completion of this program, the participant should be able to:

- Diagnose common thyroid disorders, liver disorders and rheumatologic disorders
- Manage common problems seen in primary care including diabetes, abnormal liver tests, heart failure, menopause hormone therapy, osteoporosis, and low back pain
- Implement preventive care measures including cholesterol management, contraception, and hypertension management

Course Chair

Martin A. Quan, MD

Professor of Clinical Family Medicine*
Director, Office of Continuing Medical Education

Faculty

Peng Thim Fan, MD

Clinical Professor of Medicine/Rheumatology*

Steven-Huy B. Han, MD, AGAF, FAASLD

Professor of Medicine and Surgery*
Program Director, Advanced Transplant
Hepatology Fellowship
Director, Hepatology Clinical Research Center

Roland Sakiyama, MD, FACP

Clinical Professor Emeritus of Medicine*

Karol E. Watson, MD, PhD

Professor of Medicine/Cardiology*
Co-Director, UCLA Program in Preventive
Cardiology
Director, UCLA Barbra Streisand Women’s Heart
Health Program

*David Geffen School of Medicine at UCLA



Program Schedule

Wednesday, October 23, 2019

MORNING

- 6:15 **Registration**
- 6:50 **Welcome**
- 7:00 **Hypertension 2019: Cases and Controversies**
Karol E. Watson, MD, PhD
- 7:45 **Common Thyroid Disorders**
Roland Sakiyama, MD, FACP
- 8:30 **Case Studies in Vaginitis**
Martin A. Quan, MD
- 9:15 **Questions/Answers**
- 9:30 **Break**
- 9:45 **Abnormal LFTs: A Practical Approach**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 10:30 **Approach to the Patient with PCOS**
Roland Sakiyama, MD, FACP
- 11:15 **Questions/Answers**
- 11:30 **Adjourn**

Thursday, October 24, 2019

MORNING

- 7:00 **Diagnostic Approach to the Patient With Joint Pain**
Peng Thim Fan, MD
- 7:45 **Hypercholesterolemia Management: 2019**
Karol E. Watson, MD, PhD
- 8:30 **Role of the Laboratory in Rheumatologic Diagnosis**
Peng Thim Fan, MD
- 9:15 **Questions/Answers**
- 9:30 **Break**
- 9:45 **Hepatitis C: A Primer for Primary Care**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 10:30 **Menopause Hormone Therapy: Where Are We Now?**
Martin A. Quan, MD
- 11:15 **Questions/Answers**
- 11:30 **Adjourn**

Friday, October 25, 2019

AFTERNOON

- 3:30 **Pharmacological Management of Inflammatory and Non-inflammatory Arthritis**
Peng Thim Fan, MD
- 4:20 **Questions/Answers**
- 4:30 **Diabetes Update: 2019**
Roland Sakiyama, MD, FACP
- 5:20 **Questions/Answers**
- 5:30 **Contraception Update: 2019**
Martin A. Quan, MD
- 6:20 **Questions/Answers**
- 6:30 **Adjourn**

Saturday, October 26, 2019

MORNING

- 7:00 **Management of Atrial Fibrillation: New Perspectives on Anticoagulants, Management and Prevention**
Karol E. Watson, MD, PhD
- 7:45 **Fatty Liver: Meeting the Clinical Challenge**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 8:30 **Women and Heart Disease**
Karol E. Watson, MD, PhD
- 9:15 **Questions/Answers**
- 9:30 **Break**
- 9:45 **Osteoporosis Update**
Roland Sakiyama, MD, FACP
- 10:30 **Hepatitis B: Recognition and Management**
Steven-Huy B. Han, MD, AGAF, FAASLD
- 11:15 **Low Back Pain: A Practical Approach**
Peng Thim Fan, MD
- 12:00 **Questions/Answers**
- 12:15 **Adjourn**

General Information

Dates

Wednesday-Saturday, October 23-26, 2019

Course Fee

\$675 Physicians

\$550 Nurses and Allied Health Professionals

Enrollment

Enrollment is limited. Early enrollment is strongly suggested.

Online: Use your MasterCard, AmEx, VISA or Discover Card. Go to www.cme.edu/courses and click on Meeting the Challenge of Primary Care.

By Mail: Use the form attached. Mail to the UCLA Office of Continuing Medical Education, Meeting the Challenge of Primary Care, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Phone: Use your MasterCard, Visa or Discover and AmEx. Call (310) 794-2620.

By Fax: Send completed enrollment form with charge card information and your authorizing signature to the Office of Continuing Medical Education at (310) 794-2624.

Refunds

Cancellations must be received in writing by **September 27, 2019** and will be subject to a \$100 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Conference Location

Kaua'i Marriott Resort

3610 Rice Street

Lihue, Hawaii 96766

Telephone: (808) 245-5050

Kauai is Hawaii's fourth largest island and is sometimes called the "Garden Isle," which is an entirely accurate description. The oldest and northernmost island in the Hawaiian chain is draped in emerald valleys, sharp mountain spires and jagged cliffs, aged by time and the elements. Centuries of growth have formed tropical rainforests, forking rivers and cascading waterfalls. Some parts of Kauai are only accessible by sea or air, revealing views beyond your imagination.

Beyond Kauai's dramatic beauty, the island is home to a variety of outdoor activities. Kayak the Wailua River. Snorkel on Poipu Beach.

Hike the trails of Kokee State Park. Even go ziplining above Kauai's lush valleys. But it is the island's laid-back atmosphere and rich culture found in its small towns and along its one-lane bridges that make it truly timeless. Make your escape to Kauai and discover the undeniable allure of Kauai.

Accommodations

A block of rooms has been reserved at the Kaua'i Marriott Resort for conference participants at a special Garden View conference rate of **\$289.00** plus tax per night for single/double occupancy. A full hot breakfast buffet for up to 2 occupants is included in the guest-room rate. The rates will be offered for three days prior and three days after the meeting dates, subject to availability. There is an additional discounted resort fee of \$25.00 plus tax per room, per night and it includes self-parking and guestroom internet. Confirmation of reservations received after **September 24, 2019** is subject to availability.

For reservations, please call 1-877-622-3140 or 1-800-220-2925 and mention UCLA Office of CME David Geffen School of Medicine when calling in your reservations. You may also visit their website: <https://book.passkey.com/e/49885370>.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

American Academy of Family Physician credit has been applied for.

The American Academy of Physician Assistants accepts AMA PRA Category 1 credits from organizations accredited by the ACCME.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Disclosure Statement

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We, at UCLA fully endorse the letter and spirit of these concepts.

Registration

Mail Application for Enrollment

(Please Print)

| Course Title and Number | Registration Fee |
|---|------------------|
| Meeting the Challenge of Primary Care M190-9 \$675 Physicians \$550 Nurses and Allied Health Professionals | |

Last four digits of your Social Security number

Name (First/Middle/Last)

Degree

Preferred Mailing Address

City/State/ZIP () _____
Area code Phone

Specialty () _____
Area code Fax

E-mail Address

Check enclosed payable to : **The Regents of the University of California**

Charge Visa MasterCard Discover AMEX

Card number _____ Expiration Mo/Yr

Authorizing Signature

**Mail to: Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90025-6512**

Fax to: (310) 794-2624



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