Office Gynecology/
Women’s Health for Primary Care

Disney’s Paradise Pier® Hotel
Anaheim, California
August 8-11, 2019
Thursday-Sunday

Presented by
Office of Continuing Medical Education,
David Geffen School of Medicine at UCLA
and the UCLA Department of Family Medicine
THURSDAY, August 8

**Common GYN Problems**

7:00  Registration/Continental Breakfast

7:30  Work-Up of the Abnormal Pap Smear  
*Shirley Uy, MD*

8:10  STD Update  
*Richard Johnson, MD*

8:55  Clinical Approach to Dysfunctional Uterine Bleeding  
*Shirley Uy, MD*

9:30  Questions and Answers

9:45  Break

10:00  HPV Update  
*Michele Hoh, MD*

10:45  Case Studies in Vaginitis  
*Martin A. Quan, MD*

11:30  Questions and Answers

11:45  Lunch (on your own)

**Women’s Health**

1:00  Heart Disease in Women  
*Richard Johnson, MD*

1:45  Breast Cancer: Screening and Prevention  
*Janet Pregler, MD*

2:30  Diabetes in Women  
*Roland Sakiyama, MD, FACP*

3:15  Questions and Answers

3:30  Adjourn

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FRIDAY, August 9

**Family Planning**

7:00  Continental Breakfast

7:30  Just What Is the Role of the PCP in Managing Female Sexual Disorders?  
*Julie Ma, MD*

8:15  Contraception Update: 2019  
*Martin A. Quan, MD*

9:00  Return of the IUD  
*Michele Hoh, MD*

9:40  Questions and Answers

10:00  Break

**Gynecologic Endocrinology**

10:15  Current Concepts in Galactorrhea/ Hyperprolactinemia  
*Roland Sakiyama, MD, FACP*

10:45  Approach to the Patient with Amenorrhea  
*Shirley Uy, MD*

11:30  Questions and Answers

11:45  Lunch (on your own)

**Women’s Health**

1:00  Depression: Meeting the Clinical Challenge  
*Martin A. Quan, MD*

1:45  Polycystic Ovary Syndrome  
*Roland Sakiyama, MD, FACP*

2:30  Obesity: A Practical Approach  
*Richard Johnson, MD*

3:15  Questions and Answers

3:30  Adjourn
SATURDAY, August 10

1:00  Workshop # 1
2:45  Workshop # 2
4:30  Workshop # 3
6:00  Adjourn

A. Basic Colposcopy
   Shirley Uy, MD &
   Krystyna McNicoll, MD

B. IUD Insertion/Removal
   Roland Sakiyama, MD, FACP &
   Michele Hoh, MD

C. Endometrial Biopsy
   Richard Johnson, MD &
   Melvin Quan, MD

D. Management of Common
   Birth Control Pill Problems
   Martin A. Quan, MD

E. Advanced Colposcopy
   Krystyna McNicoll, MD

SUNDAY, August 11

Menopause

7:00  Continental Breakfast
7:30  Approach to Postmenopausal
      Bleeding
      Sanaz Memarzadeh, MD, PhD
8:10  Current Concepts in
      Menopause Hormone Therapy
      Martin A. Quan, MD
8:55  Urinary Incontinence and
      Overactive Bladder Syndrome
      Krystyna McNicoll, MD
9:30  Questions and Answers
9:45  Break
10:00 Osteoporosis: A Clinical Update
      Roland Sakiyama, MD, FACP
10:45 Ovarian Cancer: What the
      Primary Care Provider Needs to
      Know
      Sanaz Memarzadeh, MD, PhD
11:30 Approach to the Patient with
      the Breast Lump
      Maggie DiNome, MD, FACS
12:15 Questions and Answers
12:30 Adjourn

We are pleased to be able to offer program participants staying at Disney’s Paradise Pier® Hotel the following Disneyland Park® or Disney California Adventure® Ticket options:

To purchase specially-priced Disneyland® Resort Theme Park tickets go to https://mydisneygroup.com/gpoh19a.

These special ticket prices are not available once you arrive at the Resort. Our ticket store closes at 9:00 pm PST on Tuesday, August 6, 2019. Don’t delay! Prices are subject to change without notice.
**General Information**

**Dates**
Thursday-Sunday  
August 8-11, 2019

**Conference Location**
*Disney’s Paradise Pier®* Hotel  
1717 S. Disneyland Drive  
Anaheim, CA 92802  
(714) 999-0990

*Disney’s Paradise Pier®* Hotel is a 481-room resort located on the west side of Disneyland across Disneyland Drive. The hotel consists of one tower that contains all 502 rooms.

**Accommodations**
Make your room reservation now! The special rate for the conference is $226.00. A limited number of rooms are reserved at this rate. To secure a room please contact the Disneyland® Resort by booking online 24/7 at [https://mydisneygroup.com/ gpoh19a](https://mydisneygroup.com/gpoh19a) or by calling (714) 520-5005, M-F from 8 am to 5 pm PST. Reservations must be made by Wednesday, July 17, 2019 or before the group rooms are sold out, so do not delay. Prevailing rates may apply after this date or when the group rooms are sold out, whichever occurs first. Rooms are subject to availability.

**Fees**
- $495  Physicians  
- $380  Nurses, Physician Assistants, Residents

**Accreditation**
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

**Refunds**
A service charge of $50.00 is withheld from all refunds (full refund if course is canceled or rescheduled). Requests for refunds must be in writing and received no later than July 8, 2019.

**Parking**
Parking will be available at the hotel lot at a special conference rate of $18 self/$30 valet, per day (rates subject to change).

For additional information concerning this program contact the:

UCLA Office of Continuing Medical Education  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024-6512  
(310) 794-2620

**Disclosure**
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that nonpromotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

**The California State Board of Registered Nursing** accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Application for CME credit has been filed with the AAFP. Determination of credit is pending.

**The American College of Nurse Midwives and**
**the American Academy of Physician Assistants**
accepts certificates of participation for educational activities certified for **Category 1 Credit™** from organizations accredited by ACCME.
Enrollment By Mail
Use the form attached and mail to:
UCLA Office of Continuing Medical Education
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

By Phone
Use your MasterCard, VISA, AMEX, or Discover.
Call (310) 794-2620.

Enrollment is limited.
Early enrollment is suggested.

Online
Use your MasterCard, VISA, AMEX, or Discover card. Go to www.cme.ucla.edu and click on UCLA Office Gynecology/Women's Health

Please visit our website for other UCLA CME offerings. www.cme.ucla.edu

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Mail Application for Enrollment (please print)
Please fill in the information requested below.

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<thead>
<tr>
<th>Course Title and Number</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Office Gynecology/Women's Health</td>
<td>M190-2</td>
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<tr>
<td>$495 Physicians</td>
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<td>$380 Nurses, Physician Assistants, Residents</td>
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Name (First/Middle/Last)

Preferred Mailing Address

City/State/ZIP

Area Code/Daytime Phone

Area Code/Fax

E-mail Address

Specialty

Workshops–(Optional) Participants may attend three workshops. Each workshop is 75 minutes in length. Please indicate your choices by numbering 1-3.

- Basic Colposcopy
- IUD Insertion and Removal
- Endometrial Biopsy
- Management of Common BCP Problems
- Advanced Colposcopy

FORM OF PAYMENT
Check enclosed payable to: The Regents of the University of California
Charge:  
- MasterCard
- Visa
- AMEX
- Discover

Card Number

Name of Cardholder

Authorizing Signature

Expiration Date
In the current era of spiraling medical costs with growing emphasis on the provision of cost-effective medical care, it has become increasingly important for primary care physicians to be adept at evaluating and treating ambulatory gynecologic problems. This four-day symposium provides the participant with a practical, clinical update on a full range of women’s health issues including the diagnosis and management of common gynecologic complaints, contraception, endocrine disorders, and the menopause. In-depth, small group workshops are included which instruct and allow participants to develop and refine their skills with endometrial biopsy, colposcopy and the intrauterine contraceptive device.

Following completion of this program, participants should be able to:

• discuss the differential diagnosis and management of common gynecological disorders

• recognize the different contraceptive methods available and know how to prescribe them

• discuss common problems seen in the menopause and how to effectively manage them

• recognize and manage common women’s health issues, including depression, type 2 diabetes and obesity
## Course Chairs

<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Affiliation</th>
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<tbody>
<tr>
<td>Richard Johnson, MD</td>
<td>Clinical Professor of Family Medicine and Radiology*</td>
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<td>Martin A. Quan, MD</td>
<td>Professor of Clinical Family Medicine *</td>
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<td>Director, Office of Continuing Medical Education</td>
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## Course Faculty

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<tr>
<td>Maggie DiNome, MD, FACS</td>
<td>Associate Professor of Surgery *</td>
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<td>Director, UCLA Breast Health</td>
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<td>Chief, Breast Surgery Section</td>
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<td>UCLA Department of Surgery</td>
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<td>Michele Hoh, MD</td>
<td>Associate Clinical Professor of Medicine *</td>
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<td>Julie Ma, MD</td>
<td>Assistant Clinical Professor of Medicine *</td>
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<td>Krystyna McNicoll, MD</td>
<td>Associate Clinical Professor of Family Medicine *</td>
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<td>Sanaz Memarzadeh, MD, PhD</td>
<td>Professor of Obstetrics &amp; Gynecology *</td>
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<td>Janet Pregler, MD</td>
<td>Clinical Professor of General Internal Medicine *</td>
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<td>Director, Iris Cantor - UCLA Women’s Health Center</td>
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<td>Melvin Quan, MD</td>
<td>Medical Director</td>
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<td>La Sierra University</td>
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<td>Riverside, California</td>
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<td>Roland Sakiyama, MD, FACP</td>
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<td>Shirley Uy, MD</td>
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