Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients

February 8, 2020
Tamkin Auditorium
Ronald Reagan UCLA Medical Center
Los Angeles, California
Course Description

The UCLA Gender Health Program presents an up-to-date, comprehensive and in-depth compendium of gender-affirming medical care. This course will feature sessions on gender-sensitive cultural awareness, behavioral health care, primary care, and medical and surgical gender-affirming interventions. All topics will be presented by members of the integrated, multidisciplinary UCLA Gender Health Program, to help providers from varied disciplines care for this population in a sensitive and effective manner. The program will be delivered in topic-specific sessions, each followed by a brief question and answer opportunity. Breaks for networking and informal discussion will be scheduled throughout the day.

Course Objectives

At the completion of this program, participants should be better able to:

• Create a welcoming and inclusive environment for patients of all gender identities
• Describe the various aspects of medical and surgical care for gender transition
• Assess a patient’s readiness for gender-affirming interventions, including hormone management and surgeries. Be able to optimize health prior to, during and following such interventions
• Identify common behavioral health conditions that may accompany gender dysphoria, how these might impact health and health care, and how and when to implement or refer for further assessment and treatment
• Apply preventive care recommendations, including cervical, breast and prostate cancer, and osteoporosis guidelines taking into account a patient’s individual history of gender-affirming care
• Identify common presentations of gender dysphoria in children and adolescents and provide counseling regarding evidence-based treatment recommendations in this population

Target Audience

This course is targeted toward anyone interested in in-depth exposure to medical care for this population, including physicians (in practice and in training) and allied health professionals in primary care, endocrinology, plastic surgery, urology, obstetrics/gynecology, as well as mental health professionals, social workers and nurses, and students of all above disciplines.
COURSE DIRECTORS

Mark S. Litwin, MD, MPH
The Fran and Ray Stark Foundation Chair in Urology
Professor and Chair
UCLA Department of Urology
Professor of Health Policy & Management
UCLA Fielding School of Public Health
Professor, UCLA School of Nursing

Amy K. Weimer, MD
Medical Director and Co-Director, UCLA Gender Health Program
Associate Professor
Departments of Medicine and Pediatrics

COURSE FACULTY

Nupur Agrawal, MD, MPH
Clinical Instructor
Department of Internal Medicine
Division of Internal Medicine and Pediatrics

Jessica M. Bernacki, PhD
Staff Psychologist
Department of Internal Medicine
Division of Medicine-Pediatrics

Tamara Grisales, MD
Health Sciences Assistant Clinical Professor
Department of Obstetrics and Gynecology

Shira M. Grock, MD
Assistant Clinical Professor of Medicine
Department of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

Brandon S. Ito, MD, MPH
Assistant Clinical Professor
Department of Psychiatry & Biobehavioral Sciences
Semel Institute for Neuroscience & Human Behavior

Justine C. Lee, MD, PhD, FACS
Bernard G. Sarnat Endowed Chair
Associate Professor of Surgery
Craniofacial Surgery
Division of Plastic and Reconstructive Surgery

Chris Mann, MSW, ACSW
Pronouns: he/him/his
Gender Health Program – Program Manager
Department of Urology

Abie Mendelsohn, MD, FACS
Assistant Professor
Department of Head & Neck Surgery

Jesse N. Mills, MD
Associate Clinical Professor, Urology
Director, UCLA Health–The Men’s Clinic
Chief, UCLA Santa Monica Urology
Associate Director, UCLA Division of Urology

Gladys Y. Ng, MD, MPH
Assistant Clinical Professor of Urology
Department of Urology, Reconstructive Urology

Molly Quinn, MD
Health Sciences Assistant Clinical Professor
Division of Reproductive Endocrinology and Infertility
Department of Obstetrics and Gynecology

George Rudkin, MD, FACS
Clinical Professor and Program Director
Division of Plastic Surgery
Saturday, February 8, 2020

7:15  Registration and Continental Breakfast

8:00  Welcome and Introductions
     Amy K. Weimer, MD and Mark S. Litwin, MD, MPH

8:05  Health Disparities in Transgender and Gender Nonbinary People
     Amy K. Weimer, MD

8:20  Trans 101/Lexicon
     Chris Mann, MSW, ACSW

8:40  Creating a Welcoming Environment in Your Health System
     Mark S. Litwin, MD, MPH

9:10  Behavioral Health Considerations for Transgender and Gender Diverse Individuals
     Jessica M. Bernacki, PhD and Brandon Ito, MD

9:50  Break

10:10 Gender Incongruence and Hormone Therapy
     Shira M. Grock, MD

10:50 TRANSliterating Current Healthcare Maintenance Guidelines for Disease Prevention in Gender-Diverse Patients
     Nupur Agrawal, MD, MPH

11:20 Transcending Gender: Medical Care for Gender-Diverse Youth
     Amy K. Weimer, MD

12:00 Lunch
1:00  **Fertility Considerations in Transgender and Gender-Nonbinary Patients**  
Jesse N. Mills, MD and Molly Quinn, MD

1:40  **Gynecology**  
Tamara Grisales, MD

2:20  **Genital Gender Affirming Surgery: Update and Overview**  
Gladys Y. Ng, MD, MPH

3:00  **Break**

3:20  **Care of the Transgender Voice (prerecorded)**  
Abie Mendelsohn, MD

3:40  **Transgender Top Surgery**  
George Rudkin, MD, FACS

4:00  **Facial Feminization Surgery**  
Justine C. Lee, MD, PhD, FACS

4:20  **Closing Remarks**  
Mark S. Litwin, MD, MPH

4:30  **Adjourn**
Registration Fee

$95  Physicians, Nurses, and Other Allied Health Professionals

$50  Fellows, Residents and Students

Refunds
Cancellations must be received in writing by Friday, January 10, 2020 and will be subject to a $50 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Enrollment

By Mail
Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

Online
Go to www.cme.ucla.edu/courses, click on Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients, and click on the registration information section. You may use your MasterCard, VISA, American Express or Discover card to register online.

By Phone
Use your American Express, MasterCard, VISA or Discover card.
Call (310) 794-2620.

By FAX
Send the completed enrollment form with credit card information and authorizing signature.
Fax (310) 794-2624.

Program Location
Tamkin Auditorium
Ronald Reagan UCLA Medical Center
757 Westwood Plaza
Los Angeles, California 90095

Directions and Parking
From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay per license plate at the kiosk. All day self-parking is $13.00.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Disclosure Statement
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that nonpromotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients

February 8, 2020

Application for Enrollment (Please Print)

<table>
<thead>
<tr>
<th>Course Title and Number</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients</strong></td>
<td>M190-29</td>
</tr>
</tbody>
</table>

REGISTRATION FEES:

- $95  Physicians, Nurses, and Other Allied Health Professionals
- $50  Fellows, Residents and Students

Please print clearly, and remember to include your credit card number and authorizing signature.

________________________________________________  (_______)

Charge:  □ MasterCard    □ Visa    □ Discover    □ American Express

_________–_________–_________–_________

Mail to: Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512.
Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients

February 8, 2020
Tamkin Auditorium
Ronald Reagan UCLA Medical Center
Los Angeles, California