Course Description
Laryngeal problems including hoarseness, swallowing difficulty, and shortness of breath do not occur in a vacuum. Systems throughout the entire body can create significant effects, at times producing profound laryngeal dysfunction. The otolaryngologist and the speech language pathologist must be familiar with the diagnosis and conditions outside of their area of concentration in order to arrive at the accurate diagnosis and ultimately deliver the most effective treatment. The 5th Annual UCLA Laryngology Update 2020 will focus on specific systemic body systems which impact laryngeal function. Learning details of these systems outside of the larynx will offer new insights into the correct diagnosis and treatment of voice, swallowing and airway conditions of the larynx. This multidisciplinary course will provide an excellent learning opportunity for practicing otolaryngologists (ENT), speech language pathologists (SLP), and student trainees alike.

Target Audience
Otolaryngologists, speech language pathologists (SLP), voice pedagogues, allied health professionals, medical students, speech language pathology students, and surgical residents

Learning Objectives
Following completion of the course, attendees should be able to:

• Specify which rheumatologic disorders commonly demonstrate laryngeal manifestations
• Offer patients an appropriate surgical plan for benign vocal fold lesions
• Delineate the findings on video fluoroscopic swallowing study which lead to unsafe swallowing function
• Discuss state-of-the-art endoscopic treatment options available for esophageal dysfunction
• Incorporate voice therapy and swallow therapy for laryngeal symptoms in the geriatric patient population
• Guide transgender patients through treatment options for gender-related dysphonia

Accreditation Statement
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for Category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local state board for specific continuing education policies.

Disclosure Statement
The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is truly independent and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. UCLA fully endorses the letter and spirit of these concepts.
Friday, April 3, 2020

COURSE SCHEDULE

7:45  Registration and Breakfast
8:25  Welcome and Opening Remarks

SECTION I: Rheumatology
8:30  Rheumatology Review for Otolaryngologists
     Tanaz Kermani, MD, UCLA Rheumatology
9:15  Therapy for Benign Vocal Fold Lesions
     Lisa Bolden, MA, CCC-SLP, UCLA Speech Pathology &
     Kiiya Shibata, MS, CCC-SLP, UCLA Speech Pathology
9:45  Surgical Treatment of Benign Vocal Fold Lesions
     Gerald S. Berke, MD, UCLA Head & Neck Surgery
10:15 Question & Answer Discussion
10:20 BREAK

SECTION II: Gastroenterology
10:40 The MBSS As It Relates to Gastroenterology
     Andrew Erman, MA, CCC-SLP, UCLA Speech Pathology
11:10 Surgical Treatment of Oropharyngeal Dysphagia
     Dinesh Chhetri, MD, UCLA Head & Neck Surgery
11:40 Interventional Advances in the Treatment of Esophageal Dysfunction
     Ali Sederat, MD, UCLA Digestive Diseases Interventional Endoscopy
12:25 Question & Answer Discussion
12:30 LUNCH Buffet
12:45 Optional Speech Language Pathology Lunch & Learn:
     ***MBSS Report Writing Workshop***

SECTION III: Gerontology
1:10  Physiology of Aging and Its Effects on Voice and Swallow
     Gary W. Small, MD, UCLA Longevity Center
1:45  Voice Therapy for Presbyphonia / Swallow Therapy for Presbyphagia
     Lisa Bolden, MA, CCC-SLP, UCLA Speech Pathology &
     Lindsay Lancault, MA, CCC-SLP, UCLA Speech Pathology
2:15  Emerging Technology for the Surgical Treatment of Vocal Fold Atrophy
     Jennifer Long, MD, PhD, UCLA Head & Neck Surgery
2:45  Question & Answer Discussion
2:50 BREAK

SECTION IV: Endocrinology
3:10  The Role of Hormone Therapy in the Care of Transgender Patients
     Shira Grock, MD, UCLA Endocrinology
3:55  Voice Therapy for Vocal Feminization
     Lisa Bolden, MA, CCC-SLP, UCLA Speech Pathology &
     J.R. Laing, MS, CCC-SLP, UCLA Speech Pathology
4:25  Surgical Approaches for Vocal Feminization
     Abie Mendelsohn, MD, UCLA Head & Neck Surgery
4:55  Question & Answer Discussion
5:00  Adjourn
5:00-6:00 NETWORKING RECEPTION
David Geffen School of Medicine at UCLA

COURSE CHAIR
Gerald S. Berke, MD
Professor
Chair Emeritus
Director, UCLA Voice Center

COURSE DIRECTOR
Abie Mendelsohn, MD
Assistant Professor
Director, Head & Neck Robotic Surgery Program
UCLA Voice Center

FACULTY

Lisa Bolden, MA, CCC-SLP
Senior Speech Pathologist
Voice Program Coordinator
UCLA Speech Pathology

Dinesh Chhetri, MD
Professor
Director, UCLA Swallowing Disorders
UCLA Voice Center

Andrew Erman, MA, CCC-SLP
Senior Speech Pathologist
UCLA Speech Pathology Director
UCLA Speech Pathology

Shira Grock, MD
Clinical Instructor
Gender Health Program
UCLA Division of Endocrinology

Tanaz Kermani, MD
Associate Professor
Director of the UCLA Vasculitis Program
UCLA Division of Rheumatology

Lindsay Lanciault, MA, CCC-SLP
Senior Speech Pathologist
Out-Patient Speech Supervisor
UCLA Speech Pathology

J.R. Laing, MS, CCC-SLP
Speech Pathologist
UCLA Speech Pathology

Jennifer Long, MD, PhD
Associate Professor
UCLA Voice Center

Ali Sederat, MD
Assistant Professor
Interventional Endoscopy
UCLA Division of Digestive Diseases

Kiiya Shibata, MS, CCC-SLP
Speech Pathologist
UCLA Speech Pathology

Gary W. Small, MD
Professor
Longevity Center
UCLA Geriatric Psychiatry Division

Parking and Directions: From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd. and turn right on Le Conte Ave. Then, turn left on Tiverton Ave. Parking structure Lot 18 will be on your left around the circle. Parking attendants will be selling permits from 6:30 AM - 8:30 AM for Lot 18. If you arrive outside of this time frame, please visit the parking kiosk on Westwood Plaza (between Charles E. Young Dr. and Strathmore Pl.) to pay for your parking permit. Participants are responsible for their own parking charges at a rate of $13 per vehicle. The Geffen Hall Auditorium is located at the intersection of Le Conte Ave. and Tiverton Ave.

Refunds: Cancellations must be received in writing by Friday, March 27, 2020 and will be subject to a $50 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the UCLA Office of Continuing Medical Education, a full refund will be provided.

Enrollment: Online: Go to www.cme.ucla.edu/courses and click on UCLA Laryngology Update 2020. You may use your MasterCard, Visa, Discover, or American Express card to register.

By Mail: Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, UCLA Laryngology Update 2020, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

By Fax: Send the completed enrollment form with credit card information and authorizing signature to (310) 794-2624.

By Phone: Call (310) 794-2620 to use your MasterCard, Visa, Discover, or American Express card.

Please visit our website for other UCLA CME offerings at www.cme.ucla.edu.

Early registration is recommended, as space is limited.

This course is offered for 0.65 ASHA CEUs.
(Advanced Level, Professional Area)

To view the 2020 Laryngology faculty disclosures, please visit the disclosure section on the UCLA CME website at www.cme.ucla.edu/laryngology2020disclosures
## Application for Enrollment (Please Print)

<table>
<thead>
<tr>
<th>Course Title and Number</th>
<th>Registration Fee</th>
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<tbody>
<tr>
<td>5th Annual UCLA Laryngology Update 2020: Perspectives by Organ System</td>
<td>M190-38</td>
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<td>Physicians: $200</td>
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<td>Speech language pathologists: $175</td>
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<td>Residents, medical students and speech pathology students: $50</td>
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<td><em>Breakfast, refreshments and lunch will be provided with registration</em></td>
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<tr>
<td>All attendees are invited to a reception immediately following the course.</td>
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### Last four digits of your Social Security Number

### Name (First/Middle/Last)

### Degree

### Preferred Mailing Address

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### E-Mail Address

- [ ] Check enclosed payable to: The Regents of the University of California

- Charge: [ ] MasterCard  [ ] Visa  [ ] Discover  [ ] American Express

### Card Number  Expiration Mo/Yr

### Authorizing Signature

- **Mail to:** UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, UCLA Laryngology Update 2020, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

- **Fax to:** (310) 794-2624 (must include charge card information and authorizing signature)

- **Call:** (310) 794-2620

- **Register online:** [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses) (click on 5th Annual UCLA Laryngology Update 2020: Perspectives by Organ System)
5th Annual
UCLA Laryngology Update 2020: Perspectives by Organ System

Friday, April 3, 2020
Register today!

Enroll now by mail, fax, phone or online.
cme.ucla.edu/courses