UCLA-Mellinkoff Gastroenterology and Hepatology Symposium

Improving Digestive Health via a Case-Based Approach

The Beverly Hilton, Beverly Hills, CA

March 6-7, 2020

ABIM MOC Certified
Up to 17.5 Nursing Contact Hours
16.9 are ABCGN GI-Specific Contact Hours
The 8th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is
designed to offer healthcare professionals novel and integrative approaches to treat
common GI disorders that can easily be implemented into practice and have significant
impact on patient outcomes. Interactive, lively case presentation and video sessions
by UCLA gastroenterology and hepatology experts and other renowned physicians will
engage attendees and enhance this learning experience.

Following the completion of this program, participants should be able to:
1. Develop and organize an individualized plan of care for the sufferer of functional
   GI disorders
2. Discuss the mechanisms, pathogenesis, diagnosis and treatment of esophageal
   motility disorders
3. Select appropriate, individualized therapy for managing inflammatory bowel disease
4. Apply the best evidence-based approaches when diagnosing and treating a broad
   range of liver disease
5. Define diagnostic therapeutic approaches in the management of patients with
   pancreatic disorders
6. Implement current technologies to endoscopically manage patients with
   gastrointestinal disorders
7. Define the role of emerging technology to help guide patient intervention
8. Describe approaches to maintaining resilience and approaches to physician wellness
   in the workplace

Target Audience
Gastroenterologists, GI endoscopists, hepatologists, GI physician assistants, GI nurse
practitioners, GI nurses, GI fellows and other allied healthcare professionals.

Non-CME - Hands-On Session - Open to All Attendees
The hands-on session will provide a valuable learning opportunity, though no accredited
hours will be issued for this portion.
The Beverly Hilton
9876 Wilshire Blvd, Beverly Hills, CA 90210

The Beverly Hilton is a Forbes four-star hotel known for its great location, elegant accommodations and star-studded events. Learn more at www.beverlyhilton.com

Overnight accommodations
We urge you to make reservations early. A limited block of rooms, at a special rates of $289-$319 + tax has been reserved. The rates will be honored three days pre-and post-meeting based on group room availability. Internet access is complimentary to overnight guests.

To receive this rate, you must make your reservation before the room block is filled and by the expiration date of February 13, 2020. Attendees are responsible for their own reservations. The standard hotel reservation cancellation policy will apply to the individual reservations, unless otherwise specified.

To reserve a room, call (310) 285-1307 and ask for UCLA Mellinkoff. Or make a reservation online at https://book.passkey.com/go/95b7d3ba

Conference Parking
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Symposium and Registration Inquiries
Contact course coordinator trishajames@mednet.ucla.edu or call (310) 267-5345.

Refunds
Cancellations must be received in writing by Monday, February 24, 2020 and will be subject to a $50 processing fee. No refunds will be granted after that date. If, for any reason, the course is canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.
7:00 am Registration and Breakfast

7:50 am Welcoming Remarks ................................................................. Eric Esrailian, MD, MPH, UCLA

7:55 am Course Overview ...................................................................... V. Raman Muthusamy, MD, MAS, UCLA

Esophageal Disorders ........................................................................... Moderator: Jeffrey L. Conklin, MD, UCLA

8:00 am Esophageal Manometry 101 ...................................................... Jeffrey L. Conklin, MD, UCLA

8:15 am An Interactive Case-Based Discussion
  - The Gastric Belch, The Supragastric Belch, Rumination Syndrome, Phantom Dysphagia, When Allergies are Hard to Swallow – Eosinophilic Esophagitis (EoE)
  - Cases include:
    - Mechanisms, Pathogenesis, Diagnosis and Treatment
    - Using Integrative and Mind-Body Approaches When Appropriate Including Cognitive Behavioral Therapy, Diaphragmatic Breathing, Esophageal Hypnotherapy, Speech Pathology and Dietary Management
  - Panel: Lisa J. Bolden, MA, CCC-SLP , UCLA, Christina T. Gentile, PsyD, MA, UCLA, Kevin Ghassemi, MD, UCLA, Craig Gluckman, MD, UCLA, Nancee Jaffe, MS, RDN, UCLA, Lisa D. Lin, MD, MS, UCLA, Suzanne Smith, MSN, NP, NP, CMT-P, UCLA

10:00 am Break

Liver Disorders ................................................................................... Moderator: Beshoy T. Yanny, MD, UCLA

10:20 am Hepatitis C: The Gift that Just Keeps on Giving ..................... Sammy Saab, MD, MPH, UCLA

10:40 am Hepatitis B: Practical Approach for the Clinician ...................... Steven-Huy Han, MD, UCLA

11:00 am Treatment of Refractory Ascitis ............................................ Mohamed El Kabany, MD, UCLA

11:20 am Autoimmune Hepatitis and Primary Biliary Cholangitis ............ Gina Choi, MD, UCLA

11:40 am Challenging Patient Cases and Q & A

12:20 pm Lunch

Hot Topics ........................................................................................... Moderator: V. Raman Muthusamy, MD, MAS, UCLA

1:20 pm Artificial Intelligence in GI ....................................................... William E. Karnes, MD, UC Irvine

1:50 pm Physician Burnout: Moving Beyond Recognition .................... Rajesh N. Keswani, MD, MS, Northwestern

2:20 pm Panel

2:40 pm Break

  - Moderator: Adarsh M. Thaker, MD, UCLA

3:00 pm Panel: Danny Issa, MD, UCLA, Rajesh N. Keswani, MD, MS, Northwestern, William E. Karnes, MD, UC Irvine, Stephen Kim, MD, UCLA, V. Raman Muthusamy, MD, MAS, UCLA, Harold E. Paredes, MD, UCLA, Bennett E. Roth, MD, UCLA, Alireza Sedarat, MD, UCLA

4:30 pm Adjourn

4:30 pm Hands-On Session - No CME Credit

The hands-on session will provide a valuable learning opportunity, though no accredited hours will be issued for this portion of the program. It will feature stations demonstrating diverse endoscopic procedures, technologies and techniques using ex-vivo pig stomachs and/or other methods. The topics include endoscopic mucosal resection, retrieval of difficult foreign bodies and food impactions, oncologic endoscopy, treatment for Barrett’s esophagus, closure of perforations, control of bleeding and more. Faculty with expertise in each of these areas will supervise and mentor attendees.

Faculty: Danny Issa, MD, UCLA, Kevin Ghassemi, MD, UCLA, William E. Karnes, MD, UC Irvine, Rajesh N. Keswani, MD, MS, Northwestern, Stephen Kim, MD, UCLA, V. Raman Muthusamy, MD, MAS, UCLA, Harold E. Paredes, MD, UCLA, Bennett E. Roth, MD, UCLA, Alireza Sedarat, MD, UCLA, Adarsh M. Thaker, MD, UCLA

5:30 pm Adjourn
7:00 am  Registration and Breakfast

7:55 am  Welcoming Remarks ....................................................V. Raman Muthusamy, MD, MAS, UCLA

Pancreaticobiliary Disease ...................................................Moderator: Stephen Kim, MD, UCLA

8:00 am  An Interactive Case-Based Discussion

- The Management of Hilar Cholangiocarcinoma
  - Diagnosis of the Indeterminant Biliary Stricture: The Issue is Getting Tissue
  - Biliary Stenting in Hilar Cholangiocarcinoma: Musings of the Endoscopist
  - The Role of Biliary RFA in the Management of Hilar Cholangiocarcinoma: What, When, and How
  - The Surgical Management of Hilar Cholangiocarcinoma

ERCP: Tools and Techniques in 2020
- Biliary Cannulation and Access
- Removal of the Large CBD Stone: You Can Do It!
- Bile Duct Stents: Not Always Easy Peasy

Panel: Vatche G. Agopian, MD, UCLA, Rajesh N. Keswani, MD, MS, Northwestern, V. Raman Muthusamy, MD, MAS, UCLA, Alireza Sedarat, MD, UCLA, Adarsh M. Thaker, MD, UCLA

10:00 am  Break

Functional Bowel Disease ....................................................Moderator: Lin Chang, MD, UCLA

10:20 am  An Interactive Case-Based Discussion

- Dietary Management in IBS: What’s the Current Practice and What is New?
- Assessment and Diagnosis of Avoidance Restrictive Food Intake Disorder (ARFID) in GI Disorders
- Diagnostic Assessment of Chronic Abdominal Pain
- Pharmacologic Treatment of Chronic Abdominal Pain

Panel: William D. Chey, MD, University of Michigan, Lynn Shapiro Connolly, MD, MSCR, UCLA, Christina T. Gentile, PsyD, MA, UCLA, Janelle Smith, MS, RDN, UCLA, Suzanne Smith, MSN, NP, CMT-P, UCLA, Kirsten Tillisch, MD, UCLA

12:20 pm  Lunch

Functional Bowel Disease Con’t ...................................................Moderator: Lin Chang, MD, UCLA

1:20 pm  An Interactive Case-Based Discussion

- Non-Pharmacologic Treatment of FGID Symptoms
- Using Diaphragmatic Breathing to Treat GI Conditions
- Behavioral Therapies in FGIDs

Panel: William D. Chey, MD, University of Michigan, Lynn Shapiro Connolly, MD, MSCR, UCLA, Christina T. Gentile, PsyD, MA, UCLA, Janelle Smith, MS, RDN, UCLA and Suzanne Smith, MSN, NP, CMT-P, UCLA, Kirsten Tillisch, MD, UCLA

2:20 pm  What’s New and Notable in IBD for 2020 ..................David T. Rubin, MD, University of Chicago

2:40 pm  Management of Ulcerative Colitis – Case-Based Discussion

- Safety of Therapies in IBD Medication Risk Counseling
- Therapeutic Drug Monitoring – My Approach

Panel: Raymond K. Cross, Jr., MD, MS, University of Maryland, Berkeley Limketkai, MD, PhD, UCLA, Mona Rezapour, MD, MHS, UCLA, David T. Rubin, MD, University of Chicago

3:40 pm  Q & A

3:50 pm  Break

Inflammatory Bowel Diseases ...................................................Moderator: Jenny Sauk, MD, UCLA

4:10 pm  Positioning of Old and New Therapies in IBD ....Raymond K. Cross, Jr., MD, MS, University of Maryland

4:30 pm  Management of Crohn’s Disease – Case-Based Discussion

- Dietary Interventions in IBD
- Modern Approach to Surgery and Prevention in Crohn’s Disease

Panel: Raymond K. Cross, Jr., MD, MS, University of Maryland, Berkeley Limketkai, MD, PhD, UCLA, Mona Rezapour, MD, MHS, UCLA, David T. Rubin, MD, University of Chicago

5:30 pm  Q & A

5:40 pm  Closing Remarks

5:45 pm  Adjourn
Course Directors

Director
V. Raman Muthusamy, MD, MAS
Medical Director of Endoscopy, UCLA Health
Professor of Clinical Medicine
Vatche and Tamar Manoukian Division of Digestive Diseases
David Geffen School of Medicine at UCLA

Co-Director
Eric Esrailian, MD, MPH
Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Director, Melvin and Bren Simon Digestive Diseases Center
Lincy Foundation Chair in Clinical Gastroenterology
Health Sciences Associate Clinical Professor of Medicine
David Geffen School of Medicine at UCLA

Invited Faculty

William D. Chey, MD
Timothy T. Nostrant Collegiate Professor of Gastroenterology & Nutrition
Director, Digestive Disorders Nutrition & Behavioral Health Program
Director, Michigan Food for Life Kitchen
Director, GI Physiology Laboratory
Medical Director, Michigan Bowel Control Program
Division of Gastroenterology, Departments of Internal Medicine and Nutritional Sciences
Michigan Medicine
Ann Arbor, Michigan

William E. Karnes, MD
Clinical Professor of Medicine
Director of High Risk Program and Colonoscopy Quality
H.H. Chao Comprehensive Digestive Disease Center
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Associate Professor of Medicine
Northwestern University Feinberg School of Medicine
Chicago, IL

David T. Rubin, MD
Chief, Section of Gastroenterology, Hepatology & Nutrition
Co-Director, Digestive Diseases Center
Joseph B. Kirsner Professor of Medicine
The University of Chicago Medicine
Chicago, IL

UCLA Faculty

Vatche G. Agopian, MD +
Associate Professor of Surgery
Liver Transplantation and Hepatobiliary Surgery
Director, Core Surgery Training Program
Associate Director, General Surgery Residency Program
Department of Surgery

Gina Choi, MD *+
Associate Director, Transplant Hepatology Fellowship
Health Sciences Assistant Professor of Medicine and Surgery
Pfleger Liver Institute
Dumont-UCLA Liver Transplant Center

Lisa J. Bolden, MA, CCC-SLP +
Senior Speech Pathologist
Voice Program Coordinator
UCLA Audiology and Speech Pathology

Jeffrey L. Conklin, MD *+
Medical Director, UCLA Robert G. Kardashian Center for Esophageal Health
Director, Gastrointestinal Motor Function Laboratory
Health Sciences Professor of Medicine

Lin Chang, MD +
Vice Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Program Director, UCLA GI Fellowship Program
Co-Director, G. Oppenheimer Center for Neurobiology of Stress and Resilience
Professor of Medicine

Lynn Shapiro Connolly, MD, MSCR *+
Clinical Chief, Community Practices, Melvin and Bren Simon Digestive Diseases Center
Health Sciences Assistant Clinical Professor of Medicine
CME CREDITS
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ABIM MOC
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.75 Medical Knowledge and Practice Assessment MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for this activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

CE CONTACT HOURS
Provider approved by the California Board of Registered Nursing, Provider Number 12511 for 8 contact hours for participation in day 1 and 9.5 contact hours for participation in day 2.

ABCGN
According to the criteria of the American Board of Certification for Gastroenterology Nurses (ABCGN), 16.9 hours earned in this activity are considered GI-specific for the purpose of recertification by contact hours through ABCGN.

DISCLOSURE STATEMENT / DECLARATION
The FDA has issued a concept paper which classified commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the sponsor adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Online registration and payment can be completed at www.cme.ucla.edu/courses or complete registration/payment form below.

**CME Registration Form**

**8th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium**
March 6-7, 2020, Beverly Hilton, Beverly Hills, CA
Course #M190-22

Name (First, Middle, Last)    SSN (Last four digits)

Degree Specialty

Preferred mailing address is (select one)  □ Work/Business  □ Home

Address with Suite

City State Zip

Email

Phone    □ Cell    □ Home    □ Work Fax    □ Home    □ Work

**Registration — Didactic**

□ $375 Physicians

□ $300 Past UCLA GI Fellows, Physician Assistants, Nurse Practitioners, Nurses, Retired Physicians and other Non-Physician Healthcare Professionals

□ $75 Fellows, Residents and Trainees

**Registration — Non-CME, Hands-On Session**

□ Complimentary

**Syllabus — Complimentary Online and Hard Copy**

**Payment Information**

□ Check is enclosed in the amount shown above – make checks payable to: Regents of the University of California

Credit Card (select one):  □ American Express  □ Discover  □ MasterCard  □ VISA

Account Number

Security Code    Expiration Date (month/year)

Signature    Date

Mail to:  Office of CME/Mellinkoff Symposium
10920 Wilshire Blvd #1060
Los Angeles, CA 90024-6512
Fax to:  (310) 794-2624
By phone:  (310) 794-2620
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