38th Carl M. Pearson Memorial Symposium
Frontiers of Rheumatology

April 3-5, 2020
Friday, Saturday and Sunday
Marina del Rey Marriott
Marina del Rey, California
# 38th Carl M. Pearson Memorial Symposium

## Frontiers of Rheumatology

### Friday, April 3

**Session Chair:** Maureen McMahon, MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tr>
<td>7:00</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Welcome and Introduction</td>
<td>Daniel E. Furst, MD</td>
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<td>8:15</td>
<td>Imaging Quiz</td>
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<tr>
<td>8:20</td>
<td>Cannabis – To Be Or Not To Be</td>
<td>Veena K. Ranganath, MD, MS and Ziva Cooper, PhD</td>
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<td>9:05</td>
<td>The Powerful Placebo</td>
<td>Irving Kirsh, PhD</td>
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<td>9:50</td>
<td>Dietary Data To Help Your Patients</td>
<td>Zhaoping Li, MD</td>
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<td>10:35</td>
<td>Break</td>
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<tr>
<td>10:50</td>
<td>Pre-RA – Can We Stop the Disease</td>
<td>Kevin Deane, MD</td>
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<td>11:30</td>
<td>Rheumatoid Arthritis – 5 Patients and Pathways</td>
<td>Jack Cush, MD</td>
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<td>12:15</td>
<td>SSC – Lots of Movement and Increasing Optimism</td>
<td>Suzanne Kafaja, MD</td>
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<tr>
<td>1:00</td>
<td>Lunch and Networking</td>
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<td>2:30</td>
<td>Meet the Experts</td>
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<td>3:15</td>
<td>Adjourn</td>
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Session Chair: Veena K. Ranganath, MD, MS

7:45  Continental Breakfast

8:45  Introduction
Daniel E. Furst, MD

8:50  Infectious Disease Update: Cases & Conundrums
Kevin Winthrop, MD, MPH

9:35  New Help from the Laboratory
Mark Wener, MD

10:15  Osteoarthritis Is Breaking
Timothy McAlindon, MD, MPH

11:10  Break

11:30  Sjogren’s Syndrome—Unraveling the Confusion around Diagnosis and Why Clinical Trials Have Failed
Robert Fox, MD, PhD

12:15  Gout: New Things Never Stop
Brian Mandell, MD, PhD

1:00  ACR-EULAR Update 2018-2019—Influential and Useful Updates
Daniel E. Furst, MD

1:45  Lunch

3:00  Meet the Experts

Gout Cases Which Aren’t So Simple
Brian Mandell, MD, PhD

Osteoarthritis
Timothy McAlindon, MD, MPH

4:15  Adjourn
Sunday, April 5

Session Chair: Philip Clements, MD, MPH

8:00  Continental Breakfast

9:00  Thieves’ Market
     Philip J. Clements, MD, MPH

10:30  SLE – More To Learn And More To Do
       Bevra Hahn, MD

11:15  Imaging Reveal
       Kambiz Motamedi, MD

12:15  Adjourn
       Daniel E. Furst, MD

Course Co-Chairs

Philip J. Clements, MD, MPH
Professor of Rheumatology*

Daniel E. Furst, MD
Professor of Rheumatology*

Maureen McMahon, MD
Associate Clinical Professor*

Veena K. Ranganath, MD, MS
Associate Clinical Professor*

Distinguished Faculty

Ziva Cooper, PhD
Associate Professor-in-Residence of Psychiatry
Research Director of UCLA Cannabis Initiative*

Jack Cush, MD
Professor of Internal Medicine
University of Texas Southwestern Medical School

Kevin Deane, MD
Associate Professor of Medicine
University of Colorado

Robert Fox, MD, PhD
Chief, Rheumatology Clinic
Scripps Memorial Hospital and Research Foundation

Bevra Hahn, MD
Professor of Medicine and Rheumatology*

Suzanne Kafaja, MD
Assistant Professor of Rheumatology*

Tanaz Kermani, MD
Associate Clinical Professor of Rheumatology*

Irving Kirsh, PhD
Associate Director
Program in Placebo Studies and the Therapeutic Encounter
Harvard Medical School

Zhaoping Li, MD
Chief, Division of Clinical Nutrition
Professor of Clinical Medicine*

Brian Mandell, MD, PhD
Director of Scholarly Activities
Cleveland Clinic

Timothy McAlindon, MD, MPH
Professor of Medicine,
Clinical & Translational Science
Chief, Division of Rheumatology
Tufts University School of Medicine

Kambiz Motamedi, MD
Professor of Radiology*

Mark Wener, MD
Adjunct Professor, Division of Rheumatology
Director, Immunology Division
University of Washington

Kevin Winthrop, MD, MPH
Professor of Public Health and Preventive Medicine
Oregon Health & Science University

*David Geffen School of Medicine at UCLA
Mail Application for Enrollment (please print)

<table>
<thead>
<tr>
<th>Course Title &amp; Number</th>
<th>Amount</th>
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<tr>
<td>38th Annual Frontiers of Rheumatology</td>
<td>M190-36</td>
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REGISTRATION FEE: (late fees after March 20, 2020)

☐ $380 MD, PhD  ☐ $180 RN
☐ $410 MD, PhD (late fee)  ☐ $195 RN (late fee)
☐ $80 Trainees/Fellows

NAME (FIRST, MIDDLE, LAST)  DEGREE

SPECIALTY

PREFERRED MAILING ADDRESS

CITY/STATE/ZIP

AREA CODE / DAYTIME PHONE  AREA CODE / FAX

E-MAIL

CHECK enclosed, payable to Regents of the University of California

CHARGE  ☐ Visa  ☐ MasterCard  ☐ Discover  ☐ AMEX

Card Number

Authorizing Signature  Exp. Date____ / ______

Mail to: Office of Continuing Medical Education
Frontiers of Rheumatology
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512
For the past 38 years, The Annual Seminar Frontiers of Rheumatology, has honored the memory of Carl M. Pearson, MD, the founding chief of Rheumatology at UCLA. This event gathers distinguished faculty for three days of interactions, presentations and educational discussions with participants, of current topics, recent advances and impending progress of importance to physicians and other providers of care to patients with autoimmune and musculoskeletal conditions. The course has been well reviewed by participants and by visiting faculty who enjoy the relaxed atmosphere, challenging queries from participants and many opportunities for interactions. Many have repeatedly returned to subsequent seminars. Participants record their opinions about the quality of each presentation and of the overall course each year. In 2019, there were 158 attendees. 95.4% thought the program taught or verified important information and a gratifyingly high 93.9% felt the information would impact their practices. 98.8% thought the program fulfilled the course objectives and 100% would recommend the course to others. As before, 96.25% felt an annual update is needed.

Participants also record their suggestions for future topics and speakers. Their suggestions are used by the organizers, along with comments from the faculty and knowledge of current literature and areas of need, to develop each year’s program. The basic purpose of the seminars is to maintain and improve the skills of the participants and to improve the care and outcomes of their patients.

This program is intended to provide rheumatologists, interested physicians, health care professionals, and rheumatology fellows with the most current information and insights on treatment of rheumatic disease. Interaction between participants and faculty members is emphasized.

Frontiers of Rheumatology’s objective is to update the learner’s current knowledge in rheumatology, focusing on the practical clinical perspective. In addition to lectures and extensive question-and-answer periods, casual exchanges will provide many opportunities for faculty and participants to interact and discuss clinically important topics.

Upon completion of this program, participants should be able to:

• Improve their understanding of the usefulness and place of diet and cannabis in the medical armamentarium
• Use data on how and why placebos work to incorporate the placebo effect into your practice
• Examine the newest approaches to treating rheumatoid arthritis
• Utilize some of the increasingly interesting data about osteoarthritis in their practice
• Describe the latest treatment and developments in systemic sclerosis
• Understand new developments in treating gout
• Treat vasculitis
• Benefit from the approach of a master when considering SLE
• Utilize imaging in diagnosis of rheumatic diseases
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Frontiers of Rheumatology

April 3-5, 2020
Friday, Saturday and Sunday
Marina del Rey Marriott
Marina del Rey, California
Meeting Location
Marina del Rey Marriott
4100 Admiralty Way
Marina del Rey, CA 90292
(310) 301-3000
The Marina del Rey Marriott is located three blocks from the beach in the heart of Marina del Rey, across from the world’s largest man-made harbor. It is six miles from LAX airport, with access to all area freeways and major surface routes. Within walking distance of the hotel are a variety of restaurants, clubs, and shops as well as biking paths, jogging trails and the Marina Beach. Close to Marina del Rey are art galleries, popular restaurants, architectural showpieces, and the distinctive cultural scene of Santa Monica and Venice Beach. Shopping in Beverly Hills and Century City is also close by. The Los Angeles area offers a variety of vacation entertainment for both adults and children. Disneyland, Knotts Berry Farm, Magic Mountain and Universal Studios are just a sample of attractions that help to make a visit to Southern California a memorable experience.

Accommodations
A block of rooms has been reserved at the Marina del Rey Marriott for seminar participants at a special conference rate starting at $245 per night for single/double occupancy. Confirmation of reservations received after Friday, March 12, 2020 is subject to availability.

To reserve a room call (800) 228-9290 or (310) 301-3000. Make sure to mention the UCLA Rheumatology Course when calling in your reservations.

Conference Parking
There will be special valet day parking rate of $21 per day for attendees of the conference. Overnight parking is $42 per night.

Transportation to Hotel from LAX
Taxi service is available from Los Angeles International Airport to the Marina del Rey Marriott.

Enrollment
Online
Go to www.cme.ucla.edu/courses and click on UCLA Frontiers of Rheumatology. You may use your MasterCard, Visa, American Express, or Discover card to register.

By Mail
Mail the attached form to:
UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
Frontiers of Rheumatology
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

By Fax
Send the completed enrollment form with credit card information and authorizing signature to (310) 794-2624.

By Phone
Call (310) 794-2620 to use your MasterCard, Visa, American Express, or Discover card.

Please visit our website for other UCLA CME offerings at www.cme.ucla.edu

Refunds
Cancellations must be received in writing by Friday, March 20, 2020 and will be subject to a $75 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Disclosure Statement
The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. UCLA fully endorses the letter and spirit of these concepts.

Early registration is recommended, as space is limited.