Aesthetic Eyelid and Facial Rejuvenation Course 2020

Thursday–Saturday • July 16-18, 2020

UCLA Stein Eye Institute
UCLA Campus

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

LABORATORY DIRECTOR
Daniel Rootman, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD
Norman Shorr, MD
Jonathan A. Hoenig, MD

VIDEO LAB DIRECTOR
Steven Leibowitz, MD

AXELROD LECTURER
André Borba, MD
Sao Paulo, Brazil
Evening Course:
Avoiding and Treating Filler-Related Complications

THURSDAY, JULY 16, 2020
UCLA RPB Auditorium, 6 pm - 9 pm

6:00 Reception and Hors D’oeuvres
6:40 Introduction – Robert A. Goldberg, MD
6:50 Vascular Anatomy of the Orbit and Face
   Jonathan Sykes, MD and Justin Karlin, MD
7:00 Fresh out of the UCLA lab: Current Theories and Data Regarding Filler Embolization – Shoaib Ugradar, MD and Cynthia Boxrud, MD
7:15 Best Practices for Prevention, Evidence Based and Non-evidence Based
   Daniel Rootman, MD
7:30 Best Practices for Treatment, Evidence Based and Non-evidence Based
   Robert A. Goldberg, MD
7:50 Questions and Answers
8:05 The Zen of Complication Management: Once a Complication Occurs, Then What? – Danica Fiaschetti, LVN, COA
8:20 Case Reports with Management – Kelsey Roelofs, MD and Liza Cohen, MD
8:35 Demonstration: Safe Technique
8:50 Adjourn

Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, JULY 17, 2020
HANDS-ON DISSECTION WORKSHOP PROGRAM
Dissection Laboratory – 53-129 CHS

7:00 Registration and Breakfast
7:55 Laboratory Course Introduction – Daniel Rootman, MD,
   Steven Leibowitz, MD and Robert A. Goldberg, MD

Upper Blepharoplasty
8:05 Upper Blepharoplasty Anatomy and Incision Design – Louis Savar, MD
8:15 Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Blepharoplasty

Ptosis
9:15 Ptosis Anatomy – Daniel Rootman, MD
9:25 Ptosis Video – Liza Cohen, MD
9:40 Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty
10:30 Lower Blepharoplasty Anatomy – Daniel Rootman, MD
10:45 Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning, Trans-Eyelid Midface Approaches – Kelsey Roelofs, MD
11:00 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations
12:00 Lunch
Canthoplasty
1:00 Canthal Anatomy/Small Incision Canthoplasty Video – Robert A. Goldberg, MD
1:15 Hands-On Cadaver Lab: Small Incision Canthoplasty

Forehead and Mid-Face Lift
2:00 Upper and Midface Lift Anatomy/Video
Jonathan A. Hoenig, MD and Mehryar Taban, MD
2:10 Hands-On Cadaver Lab: Forehead and Eyebrow Lift with Variations
2:45 Midface Anatomy and Approaches
Catherine Hwang, MD and Robert A. Goldberg, MD
2:55 Hands On Cadaver Lab: Midface Lift

Fat Transfer and Special Procedures
3:30 Hands-On Cadaver Lab Special Procedures:
Fat Transfer, Facial Implants David Isaacs, MD
My Best Little Tricks Jason Roostaeian, MD
Suture Lift Liza Cohen, MD and Kelsey Roelofs, MD
Facelift Jonathan A. Hoenig, MD
Medial Canthoplasty Daniel Rootman, MD
4:30 Adjourn

SATURDAY, JULY 18, 2020 SYMPOSIUM PROGRAM SCHEDULE
UCLA Stein Eye Institute, RPB Auditorium
7:30 Registration and Breakfast
8:00 Introduction – Daniel Rootman, MD
8:05 Evaluation of the Aging Face – Robert A. Goldberg, MD
8:30 My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – Rona Silkiss, MD
8:50 Pedicle Fat Transfer in the Upper Eyelid
Tanuj Nakra, MD and Robert A. Goldberg, MD
9:05 Periorbital Liposuction Fat Transfer
Jonathan A. Hoenig, MD and Justin Karlin, MD
9:20 Cosmetic Ptosis Surgery – Daniel Rootman, MD
9:35 Nuances in Controlling Eyelid Crease and Contour – Kenneth D. Steinsapir, MD
9:45 Questions and Answers
9:50 Coffee Break and Exhibits
10:15 Basic Surgical Techniques of Lower Blepharoplasty – Michael J. Groth, MD
10:35 The Unhappy Post-Blepharoplasty Patient – Robert A. Goldberg, MD
11:00 Comprehensive Midface Lift – Justin Karlin, MD and Robert A. Goldberg MD
11:20 Questions and Answers
11:30 Introduction of Robert Axelrod, MD Memorial Lecturer – Norman Shorr, MD
11:35 Robert Axelrod, MD Memorial Lecture – André Borba, MD
12:00 Lunch
1:00 Blindness After Blepharoplasty and Fillers: Etiology and Management
Shoaib Ugradar, MD
1:15 How to Satisfy Aesthetic Surgery Patients – Reza Jarrahy, MD
1:30 Facelifting Pearls – Tanuj Nakra, MD
1:45 Looking for Symmetry – Val Lambros, MD, FACS
2:00 Questions and Answers
Facial Rejuvenation: Skin Treatments and Injectables

2:20  Understanding the Eyebrow and Its Role in Facial Aesthetics
   Danica Fiaschetti, LVN, COA

2:30  New Waves in Skin Rejuvenation –  Jennifer Kim, MD

2:50  Functional Facial Filler Injections – Robert A. Goldberg, MD

3:10  Coffee Break

Cosmetic Consultations

3:30  Live: Botulinum Toxin and Fillers
      Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary.
      Moderator: Tanuj Nakra, MD
      Faculty Injectors: Robert A. Goldberg, MD, Cynthia Boxrud, MD, Rona Silkiss, MD and Catherine Hwang, MD

4:15  M&M from the Fellows Conference: The Worst Complications of the Year and How They Were Managed
      Liza Cohen, MD, Kelsey Roelofs, MD and Stefania Diniz, MD
      Faculty Comments and Pearls for Managing Complications
      Norman Shorr, MD, Robert A. Goldberg, MD and Mehryar Taban, MD

4:30  Final Questions and Answers

4:40  Adjourn

ACCOMMODATIONS

HILGARD HOUSE
927 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 310-208-3945

HOTEL ANGELENO
170 N. Church Lane
Los Angeles, California 90049
Reservations: 310-476-6411

W LOS ANGELES – WESTWOOD HOTEL
930 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 1-800-877-W-HOTELS

WESTWOOD ON WILSHIRE HOTEL
10740 Wilshire Blvd.
Los Angeles, California 90024
Reservations: 310-475-8711

UCLA TIVERTON HOUSE
900 Tiverton Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 310-794-0151

LUSKIN CONFERENCE CENTER
425 Westwood Plaza
Los Angeles, California 90049
Within walking distance
Reservations: (855) 522-8252

DIRECTIONS

Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for $13 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE
Prime Time 800-262-7433
Skycar 310-306-3554
Super Shuttle 310-532-5999

TAXICABS
Beverly Hills Cab Co. 310-273-6611
Checker Cab Co. 800-300-5007
United Independent 310-278-2500
APPLICATION FOR REGISTRATION
Aesthetic Eyelid and Facial Rejuvenation Course 2020
July 16-18, 2020

Name __________________________________________
Degree ________________________________________
Specialty __________________________________________________________________________________
Address _____________________________________________________________________________________
City ____________________________ State ______________ ZIP ______________
Telephone ________________________ FAX __________________________
E-Mail _____________________________________________________________________________________

Friday and Saturday Registration Fees includes breakfast and lunch
☐ Thursday evening reception and lecture ___ $300 Physicians, PA,NP  ___ $175 Trainees
☐ Thursday, Friday and Saturday – Evening Reception and Lecture, Fresh Cadaver Surgery Procedure Workshop and Didactic Session $2,350
☐ Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic Session $895
☐ Saturday Only – Didactic Session $395

Please make checks payable to UC Regents or pay by credit card below:
☐ MasterCard ☐ Visa ☐ American Express ☐ Discover Card

Card Holder's Name ____________________________ Card Number __________ Expiration Date __________

Signature ____________________________

Cancellation Policy:
Request for refunds must be received in writing no later than July 1, 2020. A handling fee of $75 will be deducted from each cancelled registration.

Enrollment:
By Mail: Use this form and mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512
By Fax: Send the completed enrollment form with credit card information and authorizing signature. Fax to (310) 794-2624.
By Phone: Use your Mastercard, VISA, American Express or Discover Card. Call (310) 794-2620
Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu and click on “2020 Aesthetic Eyelid and Facial Rejuvenation”

ACCREDITATION
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 16.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

DISCLOSURES
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.
Evening Course: Avoiding and Treating Filler-Related Complications

THURSDAY, July 16, 2020
UCLA RPB Auditorium, 6 pm - 9 pm
This three-hour evening course is designed for physicians, physician assistants, and nurse practitioners who perform facial filler injections, or see patients who have had injections. Although fillers are among the safest of all techniques for facial rejuvenation, complications do occur. The severity of complications ranges from mild to catastrophic. This course will review the current understanding and current research related to causation, avoidance, and treatment of the most serious filler complications.

Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 17, 2020
UCLA Stein Eye Institute, 53-129 CHS, Dissection Laboratory – 7:00 am - 4:30 pm
The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, mid face lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. We have tried this once before and received rave reviews. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees loved this new educational experience.

SATURDAY, July 18, 2020
UCLA Stein Eye Institute, RPB Auditorium – 7:30 am - 5:00 pm
The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today's sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering aesthetic blepharoplasty, endoscopic forehead surgery, face lift surgery, and non-incisional techniques. Course participants unable to attend the first day of the course are welcome to the second day.

Course Description
This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.
Objectives

At the conclusion of this course participants will be able to:

• Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.

• Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.

• Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.

• Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.

• Avoid surgical complications or provide appropriate management of complications.

• Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.

Course Faculty

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD
Norman Shorr, MD
Jonathan A. Hoenig, MD

LABORATORY DIRECTOR
Daniel Rootman, MD

AXELROD LECTURER
Andrè Borba, MD
Sao Paulo, Brazil

DISSECTION VIDEO FEED MODERATOR
Steven Leibowitz, MD

GUEST FACULTY
Jennifer Kim MD
Los Angeles, California
Val Lambros, MD, FACS
Newport Beach, California
Tanuj Nakra, MD
Austin, Texas
Rona Silkiss, MD
San Francisco, CA
Catherine Hwang, MD
Cleveland, Ohio

UCLA LABORATORY PRECEPTORS
Bruce Becker, MD
Jerome Klein, MD
Joseph Lin, MD
Polly McKinstry, MD
Jason Roostaeian, MD
Stan Saulny, MD
Louis Savar, MD
Norman Shorr, MD
Ronald Strahan, MD

UCLA COURSE FACULTY
Cynthia Boxrud, MD
Liza Cohen, MD
Stefania Diniz, MD
Raymond Douglas, MD
Danica Fiaschetti, LVN, COA
Michael J. Groth, MD
David Isaacs, MD
Reza Jarrahy, MD
Justin Karlin, MD
Steven Leibowitz, MD
Tanuj Nakra, MD
Kelsey Roelofs, MD
Kenneth D. Steinsapir, MD
Jonathan Sykes, MD
Mehryar Taban, MD
Shoaib Ugradar, MD
Thursday–Saturday
July 16-18, 2020
UCLA Stein Eye Institute
UCLA Campus