38th Carl M. Pearson Memorial Symposium

Frontiers of Rheumatology

October 8-10, 2021
Friday, Saturday and Sunday

Marina del Rey Marriott
Marina del Rey, California
38th Carl M. Pearson Memorial Symposium
Frontiers of Rheumatology

Friday, October 8

Session Chair: Maureen McMahon, MD

7:00 Registration and Continental Breakfast
8:00 Welcome and Introduction
   Daniel E. Furst, MD
8:15 Imaging Quiz
8:20 Cannabis – To Be Or Not To Be
   Veena K. Ranganath, MD, MS
9:05 The Powerful Placebo
   Irving Kirsch, PhD
9:50 Dietary Data To Help Your Patients
   Zhaoping Li, MD
10:35 Break
10:50 Pre-RA – Can We Stop the Disease
   Kevin Deane, MD
11:30 Rheumatoid Arthritis – 5 Patients and Pathways
   Jack Cush, MD
12:15 SSC – Lots of Movement and Increasing Optimism
   Daniel E. Furst, MD
1:00 California Rheumatology Alliance (CRA)
   Lifetime Achievement Award Luncheon
   All in-person attendees welcome
2:30 Meet the Experts
   Vasculitis – Always a Challenge
   Tanaz Kermani, MD
   Scleroderma: Early Diagnosis and Challenges
   Daniel E. Furst, MD and Suzanne Kafaja, MD
3:15 CRA: New E&M Criteria for Medicare Patients:
   Coding & Infusion Code Changes
   Tien-I Karleen Su, MD, FACR
4:00 Adjourn
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Frontiers of Rheumatology

Saturday, October 9

Session Chair: Veena K. Ranganath, MD, MS

7:45  Continental Breakfast

8:00  CRA: The State of Rheumatology Practice: 2021 and Beyond
     Gary R. Feldman, MD, FACR

8:45  Introduction
     Daniel E. Furst, MD

8:50  Infectious Disease Update: Cases & Conundrums
     Kevin Winthrop, MD, MPH

9:35  New Help from the Laboratory
     Mark Wener, MD

10:15 Osteoarthritis Is Breaking
      Timothy McAlindon, MD, MPH

11:10 Break

11:30 Sjogren’s Syndrome-Unraveling the Confusion around Diagnosis and Why Clinical Trials Have Failed
      Robert Fox, MD, PhD

12:15 Gout: New Things Never Stop
      Brian Mandell, MD, PhD

1:00 Lunch

2:15 What’s New: The Complexity of and Choices to treat Psoriatic Arthritis
     Philip Mease, MD

3:00 Meet the Experts

Gout Cases Which Aren’t So Simple
     Brian Mandell, MD, PhD

Osteoarthritis
     Timothy McAlindon, MD, MPH

4:15 Adjourn
### 38th Carl M. Pearson Memorial Symposium

**Frontiers of Rheumatology**

**Session Chair:** Philip Clements, MD, MPH

**Sunday, October 10**

#### Course Co-Chairs

<table>
<thead>
<tr>
<th>Name</th>
<th>Position and Affiliation</th>
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<tbody>
<tr>
<td>Philip J. Clements, MD, MPH</td>
<td>Professor of Rheumatology*</td>
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<tr>
<td>Daniel E. Furst, MD</td>
<td>Professor of Rheumatology*</td>
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<tr>
<td>Maureen McMahon, MD</td>
<td>Associate Clinical Professor*</td>
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<tr>
<td>Veena K. Ranganath, MD, MS</td>
<td>Associate Clinical Professor*</td>
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#### Distinguished Faculty

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<tr>
<td>John (Jack) Cush, MD</td>
<td>Professor of Internal Medicine, University of Texas Southwestern Medical School</td>
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<tr>
<td>Kevin Deane, MD</td>
<td>Associate Professor of Medicine, University of Colorado</td>
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<tr>
<td>Gary R. Feldman, MD, FACP</td>
<td>Vice President, Coalition of State Rheumatology Organizations**, Assistant Clinical Professor*</td>
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<tr>
<td>Robert Fox, MD, PhD</td>
<td>Chief, Rheumatology Clinic, Scripps Memorial Hospital and Research Foundation</td>
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<tr>
<td>Bevra Hahn, MD</td>
<td>Professor of Medicine and Rheumatology*</td>
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<tr>
<td>Suzanne Kafaja, MD</td>
<td>Assistant Professor of Rheumatology*</td>
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<tr>
<td>Tanaz Kermani, MD</td>
<td>Associate Clinical Professor of Rheumatology*</td>
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<tr>
<td>Irving Kirsch, PhD</td>
<td>Associate Director, Program in Placebo Studies and the Therapeutic Encounter, Harvard Medical School</td>
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<tr>
<td>Zhaoping Li, MD</td>
<td>Chief, Division of Clinical Nutrition, Professor of Clinical Medicine*</td>
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<tr>
<td>Brian Mandell, MD, PhD</td>
<td>Director of Scholarly Activities, Cleveland Clinic</td>
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<tr>
<td>Timothy McAlindon, MD, MPH</td>
<td>Professor of Medicine, Clinical &amp; Translational Science, Chief, Division of Rheumatology, Tufts University School of Medicine</td>
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<tr>
<td>Philip Mease, MD</td>
<td>Director, Seattle Rheumatology Research Division, Swedish Medical Center</td>
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<tr>
<td>Kambiz Motamedi, MD</td>
<td>Professor of Radiology*</td>
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<tr>
<td>Tien-I Karleen Su, MD, FACR</td>
<td>Co-Founder, Amicus Arthritis and Osteoporosis Center**</td>
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<tr>
<td>Mark Wener, MD</td>
<td>Adjunct Professor, Division of Rheumatology, Director, Immunology Division, University of Washington</td>
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<tr>
<td>Kevin Winthrop, MD, MPH</td>
<td>Professor of Public Health and Preventive Medicine, Oregon Health &amp; Science University</td>
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*David Geffen School of Medicine at UCLA

**California Rheumatology Alliance Speaker**
APPLICATION FOR ENROLLMENT

Preferred enrollment:
Visit www.cme.ucla.edu/courses/rheumatology
or email completed form below to UCLACME@mednet.ucla.edu

<table>
<thead>
<tr>
<th>Course Title &amp; Number</th>
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<td>38th Annual Frontiers of Rheumatology M212-14</td>
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REGISTRATION FEE:
☐ $350  MD, PhD – Live In-Person Participant
☐ $250  MD, PhD – Live Virtual Participant via zoom
☐ $150  RN – Live In-Person Participant
☐ $150  RN – Live Virtual Participant via zoom
☐ $80   Trainees/Fellows – Live In-Person Participant
☐ $80   Trainees/Fellows – Live Virtual Participant via zoom

In-person registration includes access to the course materials and catering at the meeting site. Virtual registration includes access to the live stream virtual conference. All registrants (live or virtual) will receive access to the conference recordings up to 3 weeks following the program.

NAME (FIRST, MIDDLE, LAST) ________________________________ DEGREE ________________________________

SPECIALTY

PREFERRED MAILING ADDRESS

CITY/STATE/ZIP

AREA CODE / DAYTIME PHONE ________________________________ AREA CODE / FAX ________________________________

E-MAIL

CHECK enclosed, payable to Regents of the University of California

CHARGE     ☐ Visa     ☐ MasterCard     ☐ Discover     ☐ AMEX

Card Number

Authorizing Signature _________________________________________ Exp. Date _____ / ________

Mail to: Office of Continuing Medical Education
Frontiers of Rheumatology
David Geffen School of Medicine at UCLA
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512
Course Description

For the past 38 years, The Annual Seminar Frontiers of Rheumatology, has honored the memory of Carl M. Pearson, MD, the founding chief of Rheumatology at UCLA. This event gathers distinguished faculty for three days of interactions, presentations and educational discussions with participants, of current topics, recent advances and impending progress of importance to physicians and other providers of care to patients with autoimmune and musculoskeletal conditions. The course has been well reviewed by participants and by visiting faculty who enjoy the relaxed atmosphere, challenging queries from participants and many opportunities for interactions. Many have repeatedly returned to subsequent seminars. Participants record their opinions about the quality of each presentation and of the overall course each year. In 2019, there were 158 attendees. 95.4% thought the program taught or verified important information and a gratifyingly high 93.9% felt the information would impact their practices. 98.8% thought the program fulfilled the course objectives and 100% would recommend the course to others. As before, 96.25% felt an annual update is needed.

Participants also record their suggestions for future topics and speakers. Their suggestions are used by the organizers, along with comments from the faculty and knowledge of current literature and areas of need, to develop each year’s program. The basic purpose of the seminars is to maintain and improve the skills of the participants and to improve the care and outcomes of their patients.

Target Audience

This program is intended to provide rheumatologists, interested physicians, health care professionals, and rheumatology fellows with the most current information and insights on treatment of rheumatic disease. Interaction between participants and faculty members is emphasized.

Learning Objectives

Frontiers of Rheumatology’s objective is to update the learner’s current knowledge in rheumatology, focusing on the practical clinical perspective. In addition to lectures and extensive question-and-answer periods, casual exchanges will provide many opportunities for faculty and participants to interact and discuss clinically important topics.

Upon completion of this program, participants should be able to:

- Improve their understanding of the usefulness and place of diet and cannabis in the medical armamentarium
- Use data on how and why placebos work to incorporate the placebo effect into your practice
- Examine the newest approaches to treating rheumatoid arthritis
- Utilize some of the increasingly interesting data about osteoarthritis in their practice
- Describe the latest treatment and developments in systemic sclerosis
- Understand new developments in treating gout
- Treat vasculitis
- Benefit from the approach of a master when considering SLE
- Utilize imaging in diagnosis of rheumatic diseases
Meeting Location
Marina del Rey Marriott
4100 Admiralty Way
Marina del Rey, CA 90292
(310) 301-3000

The Marina del Rey Marriott is located three blocks from the beach in the heart of Marina del Rey, across from the world’s largest man-made harbor. It is six miles from LAX airport, with access to all area freeways and major surface routes. Within walking distance of the hotel are a variety of restaurants, clubs, and shops as well as biking paths, jogging trails and the Marina Beach. Close to Marina del Rey are art galleries, popular restaurants, architectural showpieces, and the distinctive cultural scene of Santa Monica and Venice Beach. Shopping in Beverly Hills and Century City is also close by. The Los Angeles area offers a variety of vacation entertainment for both adults and children. Disneyland, Knotts Berry Farm, Magic Mountain and Universal Studios are just a sample of attractions that help to make a visit to Southern California a memorable experience.

Accommodations
A limited block of rooms has been reserved at the Marina del Rey Marriott for seminar participants at a special conference rate starting at $245 per night for single/double occupancy. Confirmation of reservations received after Friday, September 17, 2021 is subject to availability.

To reserve a room call (800) 228-9290 or (310) 301-3000. Make sure to mention the UCLA Rheumatology Course when calling in your reservations.

In-person attendees will be provided breakfast and catering at the meeting site.

The UCLA Frontiers of Rheumatology 2021 will also be available through a live virtual meeting web platform. Attendees who choose to attend the live virtual activity will receive a virtual meeting link and password to access the live virtual conference.

All registrants (live or virtual) will be provided the opportunity to review recorded sessions up to 3 weeks following the conference.

Attendees will be awarded CME credit commensurate with the extent of their participation in the live activity (either in-person or virtual). The recorded sessions are not certified for CME credit.

If the in-person gathering is canceled or capacity limits modified per CDC or public health guidelines, the Frontiers of Rheumatology conference will be modified accordingly or presented entirely as a live virtual activity.

Conference Parking
There will be special valet day parking rate of $21 per day for attendees of the conference. Overnight parking is $42 per night.
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