Ninth Annual
UCLA-Mellinkoff Gastroenterology and Hepatology Symposium
Case-Based Learning to Treat Common GI Disorders

March 6-7
2021
The 9th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium, a live, virtual CME activity, is designed to offer healthcare professionals novel and integrative approaches to treat common GI disorders that can easily be implemented into practice and have significant impact on patient outcomes. Interactive, lively case-based presentations by experts in their field will engage attendees and enhance this learning experience.

Following the completion of this program, participants should be able to:

1. Apply the latest pharmacological and alternative therapy management approaches to treat functional GI disorders.
2. Discuss diagnosis and treatment of gastrointestinal motility disorders.
3. Discuss the updated recommendation guidelines and quality indicators for colorectal cancer screening.
4. Explain the current landscape and treatment of ulcerative colitis and Crohn’s disease.
5. Apply the best evidence-based approaches when diagnosing and treating a broad range of liver disease.
6. Incorporate the most current technologies to endoscopically manage patients with gastrointestinal disorders.

Target Audience
Gastroenterologists, GI endoscopists, hepatologists, GI physician assistants, GI nurse practitioners, GI nurses, GI fellows and other allied healthcare professionals.

Syllabus
Online syllabus available for attendees.

Registration Fee

- $250 – Physicians
- $200 – Past UCLA GI fellows, physician assistants, nurse practitioners, nurses, retired physicians and other non-physician healthcare professionals
- Complimentary – Fellows, residents and trainees (registration is required)

Online registration and payment can be completed at www.cme.ucla.edu/courses/???
Due to public health and safety issues, the course is being offered as a live, virtual program.

Symposium and Registration Inquiries
Contact course coordinator trishajames@mednet.ucla.edu or call (714) 398-9384.

Refunds
Cancellations must be received in writing by Monday, February 15, 2021 and will be subject to a $50 processing fee. No refunds will be granted after that date. If, for any reason, the course is canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Accreditation
CME Credits
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 9.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ABIM MOC
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9.5 Medical Knowledge and Practice Assessment MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for this activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Disclosure Statement / Declaration
The FDA has issued a concept paper which classified commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the sponsor adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.

Non-CME Virtual Exhibit Hall and Industry Theatres
Attendees will have the opportunity to visit virtual commercial exhibits and industry supported educational sessions prior to the start of the CME program and during breaks. This portion of the program is not accredited for CME credit.
### Agenda

**Saturday, March 6**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 – 7:50 am</td>
<td>Non-CME – Virtual Exhibit Hall⁹</td>
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<tr>
<td>7:50 – 7:55 am</td>
<td>Welcoming Remarks                                                                      Eric Esrailian, MD, MPH, UCLA</td>
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<td>7:55 – 8:00 am</td>
<td>Course Overview                                                                         V. Raman Muthusamy, MD, MAS, UCLA</td>
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<td>CME – Management of Crohn’s Disease and Ulcerative Colitis                             Moderator: Jenny Sauk, MD, UCLA</td>
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<td>8:00 – 8:25 am</td>
<td>2020-2021 Crohn’s Disease Update                                                       Marla Dubinsky, MD, Icahn School of Medicine, Mount Sinai</td>
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<tr>
<td>8:25 – 8:50 am</td>
<td>2020-2021 Ulcerative Colitis Update                                                     William J. Sandborn, MD, UC San Diego</td>
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| 8:50 – 9:45 am | Rapid Fire Case-Based Discussions                                                      • How do you use therapeutic drug monitoring in your practice?  
                           • When do you consider medical vs. surgical management?  
                           • What factors are you considering when determining therapeutic regimen?  
                           Panel Members: Marla Dubinsky, MD, Icahn School of Medicine, Mount Sinai, Berkeley Limketkai, MD, PhD, UCLA, Jenny Sauk, MD, UCLA, William J. Sandborn, MD, UC San Diego |
| 9:45 – 10:00 am | Q & A                                                                                   |
| 10:00 – 10:15 am | Non-CME – Break, Virtual Exhibit Hall⁹                                                  |
| 10:15 – 10:20 am | Welcome and Introductions                                                              Folasade P. May, MD, PhD, MPhil, UCLA |
| 10:20 – 10:30 am | Early Onset Colorectal Cancer                                                           Rachel Issaka, MD, MAS, Fred Hutchinson Cancer Research Center |
| 10:30 – 10:40 am | New Colorectal Cancer Screening Guidelines                                               Carl Nordstrom, MD, UCLA |
| 10:40 – 10:50 am | Racial and Ethnic Disparities in Colorectal Cancer                                      Rachel Issaka, MD, MAS, Fred Hutchinson Cancer Research Center |
| 10:50 – 11:00 am | Optimizing Quality of Screening Colonoscopy                                            Priyam V. Tripathi, MD, MPH, UCLA |
| 11:00 – 11:45 am | Q & A                                                                                   |
| 11:45 am – 12:30 pm | Non-CME – Lunch, Industry Theatre, Virtual Exhibit Hall⁹                               |
| 12:30 – 12:45 pm | Transoral Incisionless Fundoplication (TIF) – Do We Finally Have an Effective Endoscopic Anti-Reflux Procedure?  
                           V. Raman Muthusamy, MD, MAS, UCLA |
| 12:45 – 1:00 pm | Introduction to Endo-Hepatology: Closer Than Ever                                       Adarsh M. Thaker, MD, UCLA |
| 1:00 – 1:15 pm | Endoscopic Innovations for Weight Loss – Current and Emerging Techniques               Danny Issa, MD, UCLA |
| 1:15 – 1:30 pm | ESD and Novel Advanced Endoscopic Resection Techniques                                 Alireza Sedarat, MD, UCLA |
| 1:30 – 1:45 pm | Q & A                                                                                   |
| 1:45 – 2:00 pm | Non-CME – Break, Virtual Exhibit Hall⁹                                                  |
| 2:00 – 2:05 pm | Welcome and Introductions                                                              Jeffrey L. Conklin, MD, UCLA |
| 2:05 – 2:25 pm | Case Study: Haiku for the Pylorus                                                       Alireza Sedarat, MD, UCLA |
| 2:25 – 2:45 pm | Case Study: When Scleroderma Gets Hard to Stomach                                        Lisa D. Lin, MD, MS, UCLA |
| 2:45 – 3:05 pm | Case Study: Shaking Palsy of the Gut?                                                   Wael El-Nachef, MD, PhD, UCLA |
| 3:05 – 3:30 pm | Case Study: Eosinophilic Esophagitis (EoE)                                             Kevin Ghassemi, MD, UCLA, and Nancee Jaffe, MS, RDN, UCLA |
| 3:30 pm | Adjourn                                                                                   |
7:00 – 7:55 am  
Non-CME – Industry Theatre, Virtual Exhibit Hall
7:55 – 8:00 am  
Welcoming Remarks
V. Ranan Muthusamy, MD, MAS, UCLA

CME – IBS and Other Disorders of the Gut-Brain Interaction
Moderator: Lin Chang, MD, UCLA

Panel Members: Christina T. Gentile, PsyD, MA, ABPP, UCLA, Emeran A. Mayer, MD, UCLA, Natalie Manitius, MPH, RDN, UCLA, Suzanne Smith, MSN, NP, CMT-P, UCLA, Kirsten Tillisch, MD, UCLA

8:00 – 8:05 am  
Introduction
Lin Chang, MD, UCLA

8:00 – 8:20 am  
Case Study: Patient with Chronic Nausea and Dyspepsia: Diagnosis and Treatment
- How do you diagnose functional dyspepsia with delayed gastric emptying vs gastroparesis?
- What approaches do you find are effective in these patients?

8:20 – 8:40 am  
Lecture: FODMAP and Beyond
Natalie Manitius, MPH, RDN, UCLA

Case Study: IBS Patient Who Seeks Dietary Treatment
- What is the approach to managing symptoms in a patient who eliminates multiple foods without good evidence of a consistent food trigger?
- How should we manage patients who have been on a low FODMAP for an extended period of time and have symptom recurrence with reintroduction?

8:40 – 9:10 am  
Lecture: Microbiome and Gut Health
Emeran A. Mayer, MD, UCLA

Panel:
- What is the value of stool microbiome testing in IBS?
- What are the microbiome targeted treatments you use for IBS or other DGBI?
- How do you explain that a restrictive diet and/or multiple antibiotic courses for SIBO is not healthy for the gut microbiome and digestive health?

9:10 – 10:00 am  
Lectures: An Integrated GI Management Approach
Christina T. Gentile, PsyD, MA, ABPP, UCLA, Suzanne Smith, MSN, NP, CMT-P, UCLA, Kirsten Tillisch, MD, UCLA

Case Study: Patient with Chronic Abdominal Pain with Comorbidities
- How does your treatment change in a patient with GI symptoms and significant comorbidities?
- How do you respond to a patient who believes symptoms are due to a structural cause?
- How do you help patient understand realistic expectations and accept their chronic illness?

10:00 – 10:15 am  
Non-CME – Break, Virtual Exhibit Hall

10:15 – 10:30 am  
Introduction
Sammy Saab, MD, MPH, UCLA

10:30 – 11:00 am  
Case Study: Treatment of Acute HBV and HCV
Steven-Huy Han, MD, UCLA

11:00 – 11:30 am  
Case Study: Suspected Autoimmune Hepatitis
Gina Choi, MD, UCLA

11:30 am – 12:00 pm  
Case Study: Diagnosis and Current Management of NASH
Jihane N. Benhammou, MD, PhD, UCLA

12:00 – 12:30 pm  
Case Study: Management of Acute Alcoholic Hepatitis
Sammy Saab, MD, MPH, UCLA

12:30 – 12:35 pm  
Conclusion
Mohamed El Kabany, MD, UCLA
Course Directors

Director
V. Raman Muthusamy, MD, MAS
Medical Director of Endoscopy, UCLA Health
Professor of Clinical Medicine
Vatche and Tamar Manoukian Division of Digestive Diseases
David Geffen School of Medicine at UCLA

Co-Director
Eric Esrailian, MD, MPH
Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Director, Melvin and Bren Simon Digestive Diseases Center
Lincy Foundation Chair in Clinical Gastroenterology
Health Sciences Clinical Professor of Medicine
David Geffen School of Medicine at UCLA

Invited Faculty

Marla Dubinsky, MD
Chief, Pediatric Gastroenterology and Nutrition
Co-Director, Susan and Leonard Feinstein IBD Clinical Center
Icahn School of Medicine, Mount Sinai, New York

William J. Sandborn, MD
Distinguished Professor of Medicine
Chief, Division of Gastroenterology
Director, UCSD IBD Center
UC San Diego Health System

Rachel Issaka, MD, MAS
Assistant Professor, Fred Hutchinson Cancer Research Center,
Clinical Research Division
Assistant Professor, University of Washington, Division of Gastroenterology & Hepatology

UCLA Faculty

Jihane N. Benhammou, MD, PhD*+
Assistant Clinical Professor of Medicine

Mohamed El Kabany, MD*+
Health Sciences Associate Clinical Professor of Internal Medicine and Hepatology
Pfleger Liver Institute

Lin Chang, MD+
Vice Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Program Director, UCLA GI Fellowship Program
Co-Director, G. Oppenheimer Center for Neurobiology of Stress and Resilience
Professor of Medicine

Wael N. El-Nachef, MD, PhD*+
Assistant Clinical Professor of Medicine

Gina Choi, MD*+
Associate Director, Transplant Hepatology Fellowship
Health Sciences Assistant Professor of Medicine and Surgery
Pfleger Liver Institute
Dumont-UCLA Liver Transplant Center

Christina T. Gentile, PsyD, MA, ABPP*+
Clinical Health Psychologist

Jeffrey L. Konklin, MD*+
Medical Director, UCLA Robert G. Kardashian Center for Esophageal Health
Director, GI Motility Program
Health Sciences Professor of Medicine

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Clinical Chief, Westwood & Beverly Hills, Melvin and Bren Simon Digestive Diseases Center
Health Sciences Associate Clinical Professor of Medicine