



Ninth Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium

Case-Based Learning to
Treat Common GI Disorders

VIRTUAL

March 6-7
2021



DAVID GEFEN SCHOOL OF MEDICINE at UCLA



The **9th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium**, a live, virtual CME activity, is designed to offer healthcare professionals novel and integrative approaches to treat common GI disorders that can easily be implemented into practice and have significant impact on patient outcomes. Interactive, lively case-based presentations by experts in their field will engage attendees and enhance this learning experience.

Following the completion of this program, participants should be able to:

1. Apply the latest pharmacological and alternative therapy management approaches to treat functional GI disorders.
2. Discuss diagnosis and treatment of gastrointestinal motility disorders.
3. Discuss the updated recommendation guidelines and quality indicators for colorectal cancer screening.
4. Explain the current landscape and treatment of ulcerative colitis and Crohn's disease.
5. Apply the best evidence-based approaches when diagnosing and treating a broad range of liver disease.
6. Incorporate the most current technologies to endoscopically manage patients with gastrointestinal disorders.

Target Audience

Gastroenterologists, GI endoscopists, hepatologists, GI physician assistants, GI nurse practitioners, GI nurses, GI fellows and other allied healthcare professionals.

Syllabus

Online syllabus available for attendees.

Registration

Registration Fee

- \$250 – Physicians
- \$200 – Past UCLA GI fellows, physician assistants, nurse practitioners, nurses, retired physicians and other non-physician healthcare professionals
- Complimentary – Fellows, residents and trainees (registration is required)



Online registration and payment can be completed at
www.cme.ucla.edu/courses/mellinkoff2021

Location and Accreditation



Due to public health and safety issues, the course is being offered as a live, virtual program.

Symposium and Registration Inquiries

Contact course coordinator trishajames@mednet.ucla.edu or call (714) 398-9384.

Refunds

Cancellations must be received in writing by Monday, February 15, 2021 and will be subject to a \$50 processing fee. No refunds will be granted after that date. If, for any reason, the course is canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Accreditation

CME Credits

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 9.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ABIM MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9.5 Medical Knowledge and Practice Assessment MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for this activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Disclosure Statement / Declaration

The FDA has issued a concept paper which classified commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the sponsor adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.

Non-CME Virtual Exhibit Hall and Industry Theatres[‡]

Attendees will have the opportunity to visit virtual commercial exhibits and industry supported educational sessions prior to the start of the CME program and during breaks. This portion of the program is not accredited for CME credit.

7:00 – 7:50 am	Non-CME – Virtual Exhibit Hall[†]
7:50 – 7:55 am	Welcoming Remarks Eric Esraillian, MD, MPH, UCLA
7:55 – 8:00 am	Course Overview V. Raman Muthusamy, MD, MAS, UCLA
8:00 – 8:25 am	CME – Management of Crohn’s Disease and Ulcerative Colitis Moderator: Jenny Sauk, MD, UCLA
8:25 – 8:50 am	2020-2021 Crohn’s Disease Update Marla Dubinsky, MD, Icahn School of Medicine, Mount Sinai
8:50 – 9:45 am	2020-2021 Ulcerative Colitis Update William J. Sandborn, MD, UC San Diego
9:45 – 10:00 am	Rapid Fire Case-Based Discussions <ul style="list-style-type: none"> • How do you use therapeutic drug monitoring in your practice? • When do you consider medical vs. surgical management? • What factors are you considering when determining therapeutic regimen? Panel Members: Marla Dubinsky, MD, Icahn School of Medicine, Mount Sinai, Berkeley Limketkai, MD, PhD, UCLA, Jenny Sauk, MD, UCLA, William J. Sandborn, MD, UC San Diego
10:00 – 10:15 am	Q & A
10:15 – 10:20 am	Non-CME – Break, Virtual Exhibit Hall[†]
10:20 – 10:30 am	CME – Updates in Colorectal Cancer Screening Moderator: Folasade P. May, MD, PhD, MPhil, UCLA
10:30 – 10:40 am	Welcome and Introductions Folasade P. May, MD, PhD, MPhil, UCLA
10:40 – 10:50 am	Early Onset Colorectal Cancer Rachel Issaka, MD, MAS, Fred Hutchinson Cancer Research Center
10:50 – 11:00 am	New Colorectal Cancer Screening Guidelines Carl Nordstrom, MD, UCLA
11:00 – 11:45 am	Racial and Ethnic Disparities in Colorectal Cancer Rachel Issaka, MD, MAS, Fred Hutchinson Cancer Research Center
11:45 am – 12:30 pm	Optimizing Quality of Screening Colonoscopy Priyam V. Tripathi, MD, MPH, UCLA
12:30 – 12:45 pm	Q & A
12:45 – 1:00 pm	Non-CME – Lunch, Industry Theatre, Virtual Exhibit Hall[†]
1:00 – 1:15 pm	CME – Interventional Endoscopy Moderator: Stephen Kim, MD, UCLA
1:15 – 1:30 pm	Transoral Incisionless Fundoplication (TIF) – Do We Finally Have an Effective Endoscopic Anti-Reflux Procedure? V. Raman Muthusamy, MD, MAS, UCLA
1:30 – 1:45 pm	Introduction to Endo-Hepatology: Closer Than Ever Adarsh M. Thaker, MD, UCLA
1:45 – 2:00 pm	Endoscopic Innovations for Weight Loss – Current and Emerging Techniques Danny Issa, MD, UCLA
2:00 – 2:05 pm	ESD and Novel Advanced Endoscopic Resection Techniques Alireza Sedarat, MD, UCLA
2:05 – 2:25 pm	Q & A
2:25 – 2:45 pm	Non-CME – Break, Virtual Exhibit Hall[†]
2:45 – 3:05 pm	CME – When the GI Motor Backfires Moderator: Jeffrey L. Conklin, MD, UCLA
3:05 – 3:30 pm	Welcome and Introductions Jeffrey L. Conklin, MD, UCLA
3:30 pm	Case Study: Haiku for the Pylorus Alireza Sedarat, MD, UCLA
3:30 pm	Case Study: When Scleroderma Gets Hard to Stomach Lisa D. Lin, MD, MS, UCLA
3:30 pm	Case Study: Shaking Palsy of the Gut? Wael N. El-Nachef, MD, PhD, UCLA
3:30 pm	Case Study: A civilized debate on Eosinophilic Esophagitis (EoE) Kevin Ghassemi, MD, UCLA, and Nancee Jaffe, MS, RDN, UCLA
3:30 pm	Adjourn

7:00 – 7:55 am	Non-CME – Industry Theatre, Virtual Exhibit Hall*
7:55 – 8:00 am	Welcoming Remarks V. Raman Muthusamy, MD, MAS, UCLA CME – IBS and Other Disorders of the Gut-Brain Interaction Moderator: Lin Chang, MD, UCLA
8:00 – 8:05 am	Introduction Lin Chang, MD, UCLA
8:00 – 8:20 am	Case Study: Patient with Chronic Nausea and Dyspepsia: Diagnosis and Treatment <ul style="list-style-type: none"> • How do you diagnose functional dyspepsia with delayed gastric emptying vs gastroparesis? • What approaches do you find are effective in these patients?
8:20 – 8:40 am	Lecture: FODMAP and Beyond Natalie Manitius, MPH, RDN, UCLA Case Study: IBS Patient Who Seeks Dietary Treatment <ul style="list-style-type: none"> • What is the approach to managing symptoms in a patient who eliminates multiple foods without good evidence of a consistent food trigger? • How should we manage patients who have been on a low FODMAP for an extended period of time and have symptom recurrence with reintroduction?
8:40 – 9:10 am	Lecture: Microbiome and Gut Health Emeran A. Mayer, MD, UCLA Panel: <ul style="list-style-type: none"> • What is the value of stool microbiome testing in IBS? • What are the microbiome targeted treatments you use for IBS or other DGBI? • How do you explain that a restrictive diet and/or multiple antibiotic courses for SIBO is not healthy for the gut microbiome and digestive health?
9:10 – 10:00 am	Lectures: An Integrated GI Management Approach Christina T. Gentile, PsyD, MA, ABPP, UCLA, Suzanne Smith, MSN, NP, CMT-P, UCLA, Kirsten Tillisch, MD, UCLA Case Study: Patient with Chronic Abdominal Pain with Comorbidities <ul style="list-style-type: none"> • How does your treatment change in a patient with GI symptoms and significant comorbidities? • How do you respond to a patient who believes symptoms are due to a structural cause? • How do you help patient understand realistic expectations and accept their chronic illness?
10:00 – 10:15 am	Non-CME – Break, Virtual Exhibit Hall*
	CME – Liver Disorders Moderator: Sammy Saab, MD, MPH, UCLA Panel Members: Jihane M. Benhammou, MD, PhD, UCLA, Gina Choi, MD, UCLA, Mohamed El-Kabany, MD, UCLA, Steven-Huy Han, MD, UCLA, Beshoy T. Yanny, MD, UCLA
10:15 – 10:30 am	Introduction Sammy Saab, MD, MPH, UCLA
10:30 – 11:00 am	Case Study: Treatment of Acute HBV and HCV Steven-Huy Han, MD, UCLA
11:00 – 11:30 am	Case Study: Suspected Autoimmune Hepatitis Gina Choi, MD, UCLA
11:30 am – 12:00 pm	Case Study: Diagnosis and Current Management of NASH Jihane N. Benhammou, MD, PhD, UCLA
12:00 – 12:30 pm	Case Study: Management of Acute Alcoholic Hepatitis Sammy Saab, MD, MPH, UCLA
12:30 – 12: 35pm	Conclusion Mohamed El Kabany, MD, UCLA

Course Directors

**Director**

V. Raman Muthusamy, MD, MAS
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Professor of Clinical Medicine
Vatche and Tamar Manoukian Division
of Digestive Diseases

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Director, Melvin and Bren Simon
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Lincy Foundation Chair in
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Invited Faculty

**Marla Dubinsky, MD**

Chief, Pediatric Gastroenterology
and Nutrition
Co-Director, Susan and Leonard
Feinstein IBD Clinical Center
Icahn School of Medicine,
Mount Sinai, New York

**William J. Sandborn, MD**

Distinguished Professor of Medicine
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Director, UCSD IBD Center
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**Rachel Issaka, MD, MAS**

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 Head, Outcomes Research in Hepatology
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 Lead GI Dietitian



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 Registered Dietitian



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