Aesthetic Eyelid and Facial Rejuvenation Course
A Live Virtual Program
Saturday, March 20, 2021
UCLA Stein Eye Institute

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD

AXELROD LECTURER
Andrè Borba, MD
Sao Paulo, Brazil

PRINCIPAL MODERATOR
Steven Leibowitz, MD
Aesthetic Eyelid and Facial Rejuvenation Course

SATURDAY, MARCH 20, 2021 — VIRTUAL CADAVER LAB

7:55 Laboratory Course Introduction  
Daniel Rootman, MD and Robert A. Goldberg, MD

Introduction to the participants’ salon  
Steven Leibowitz, MD

UPPER BLEPHAROPLASTY

8:00 Upper Blepharoplasty Focused Lecture: Controlling TPS  
Robert Goldberg, MD

8:15 Upper Blepharoplasty and Epicanthoplasty in Korea  
Helen Lew, MD

8:30 Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Eyelids  
Robert Goldberg, MD

9:00 Management of Blepharoplasty Complications  
Justin Karlin, MD

PTOSIS

9:15 The Role of Ptosis Surgery in Blepharoplasty  
Daniel Rootman, MD

9:35 Ptosis Video  
Liza Cohen, MD

9:40 Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis  
Daniel Rootman, MD

10:10 Break

LOWER BLEPHAROPLASTY

10:20 Lower Blepharoplasty Planning and Individualization  
Tanuj Nakra, MD

10:40 Lower Blepharoplasty Video: Transconjunctival and Fat Repositioning  
Cynthia Boxrud, MD

10:50 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations  
Michael Groth, MD

11:30 Featured Speaker: The Axelrod Lecturer  
Andrê Borba, MD

Introduction of Dr. Borba  
Norman Shorr, MD
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:40</td>
<td>When Do We Remove Volume, and When Do We Add Volume for Rejuvenation?</td>
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<td><strong>André Borba, MD</strong></td>
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<td>12:00</td>
<td>Lunch and Chat Room:</td>
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<td>What Was the Best Thing You Did in Your Practice Last Year?</td>
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**CANTHOLPLASTY**

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>1:15</td>
<td>Canthal Anatomy and Planning for Cantholplasty</td>
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<td><strong>Adit Gupta, MD</strong></td>
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<td>1:35</td>
<td>Small Incision Cantholplasty Video</td>
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<td><strong>Stefania Diniz, MD</strong></td>
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<td>1:40</td>
<td>Hands-On Cadaver Lab: Small Incision Cantholplasty and Variations</td>
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<td><strong>Robert Goldberg, MD</strong></td>
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<td>2:00</td>
<td>Hands-On Cadaver Lab: Medial Cantholplasty</td>
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<td><strong>Daniel Rootman, MD</strong></td>
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<td>2:15</td>
<td>Break</td>
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**FOREHEAD AND MID-FACE LIFT**

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<th>Time</th>
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<tr>
<td>2:25</td>
<td>Forehead lift: Anatomy and Planning for Surgical Lifting</td>
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<td><strong>Julian D. Perry, MD</strong></td>
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<td>2:40</td>
<td>Hands-On Cadaver Lab: Endoscopic and Direct Eyebrow Approaches</td>
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<td><strong>Robert Goldberg, MD</strong></td>
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<td>3:20</td>
<td>Midface video: Temporal Endoscopic, Subconjunctival, and Labial Approach</td>
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<td><strong>Kelsey Roelofs, MD</strong></td>
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<td>3:30</td>
<td>Hands on Cadaver Lab: Midface lift, direct and sublabial approach</td>
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<td><strong>Norman Shorr, MD</strong> and <strong>Jonathan Hoenig, MD</strong></td>
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<td>4:05</td>
<td>Suture Midface Lift Video</td>
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<td><strong>Claire Smith, MD</strong></td>
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<td>4:10</td>
<td>Hands on Cadaver Lab: Suture Midface Lift</td>
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<td><strong>Robert Goldberg, MD</strong></td>
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<td>4:25</td>
<td>Final Questions and Answers</td>
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APPLICATION FOR REGISTRATION

Aesthetic Eyelid and Facial Rejuvenation Course 2021
March 20, 2021

Online application preferred.
Please register at www.cme.ucla.edu/aestheticeye2021

$500 registration fee (before Feb 15)
$650 registration fee

Live Virtual Conference
The conference will be live streamed. In addition, course registrants will be provided on-demand access to a recording of the conference following the conference.

Cancellation Policy
Request for refunds must be received in writing no later than March 1, 2021. A handling fee of $75 will be deducted from each cancelled registration.

Enrollment
Online: Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu/aestheticeye2021.

By Phone: (310) 794-2620

ACCREDITATION
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

DISCLOSURES
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.
Aesthetic Eyelid and Facial Rejuvenation Course

Saturday, March 20, 2021

UCLA Stein Eye Institute, A Live Virtual Event 7:55 am - 4:30 pm

This virtual course is designed to be a masters level learning experience that brings together international experts in aesthetic surgery in an interactive format. The course will combine cadaver dissection, small group discussion, and short practical videos and point focused lectures. The course will be live, not recorded, with a premium on interaction between the instructors and virtual participants. The goal for this intimate masters seminar is to have all participants, faculty and attendees, finish the day with new ideas that they can incorporate into their practice, new friends, and renewed passion for innovative aesthetic surgery.

Objectives

At the conclusion of this course participants will be able to:

• Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.

• Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.

• Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.

• Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.

• Avoid surgical complications or provide appropriate management of complications.

• Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.

Course Faculty

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Robert A. Goldberg, MD
Daniel Rootman, MD

LABORATORY DIRECTOR
Daniel Rootman, MD

AXELROD LECTURER
Andrè Borba, MD
Sao Paulo, Brazil

PRINCIPAL MODERATOR
Steven Leibowitz, MD

GUEST LECTURERS
Tanuj Nakra MD
Austin, TX
Julian D. Perry MD
Cleveland, OH

INTERNATIONAL GUEST LECTURERS
Adit Gupta, MD
Mumbai, India
Helen Lew, MD
Seoul, Korea

UCLA COURSE FACULTY
Michael Groth, MD
Jonathan Hoenig, MD
Justin Karlin MD
Cynthia Boxrud, MD
Liza Cohen, MD
Kelsey Roelofs, MD
Stefania Diniz, MD
Claire Smith, MD
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Doheny Eye Institute and UCLA Stein Eye Institute
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