37th Annual
UCLA Intensive Course in
Geriatric Medicine
& Board Review

In collaboration with SCAN Health Plan

September 22-25, 2021
Live Virtual Conference
Course Overview

For the past 37 years, the UCLA Intensive Course in Geriatric Medicine has been a leader in providing physicians, pharmacists and other health professionals the essential knowledge and skills to care for older patients. The four-day course and board review in geriatric medicine emphasizes an evidence-based, practical and functional approach to the comprehensive care of older adults. The content and structure of the course are well-suited for health professionals who wish to enhance their ability to care for older adults, as well as for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM).

The 37th Annual UCLA Intensive Course is presented concurrently with the 2021 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.

- Speaker presentations and supplementary materials are provided in a PDF syllabus.
- Over five hours of optional interactive board review sessions are offered.
- Access to view recorded sessions for 3 weeks post course (not certified for CME credit).

Learning Objectives

At the conclusion of this course, participants should be able to:

- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Discuss key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems related to aging and formulate an approach to these problems
- Recognize the major geriatric syndromes such as dementia, delirium, incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them
- Create individualized medication regimens for medically complex older adults to address appropriate health outcomes

Message from Co-Directors

The rapid scientific advances in geriatric medicine and recent changes in our health care and health systems that emphasize quality of care over volume makes this the best time to be an expert in the care of older persons. The UCLA Intensive Course in Geriatric Medicine aims to impart health professionals with the requisite knowledge and skills for the competent care of older adults. The course’s renowned faculty will cover essential topics in both geriatric primary and specialty care. The course will be held virtually due to the restrictions on large gatherings. However, we promise plenty of interactive opportunities with faculty and peers. We are also offering registrants extended access to the lectures up to 3 weeks after the course.
Course Chairs

Course Co-Directors
Dan Osterweil, MD, FACP
Vice President/Medical Director, SCAN Health Plan
Associate Director, UCLA Multicampus Program in Geriatric Medicine and Gerontology
Clinical Professor of Medicine/Geriatric Medicine*

Dixie Aragaki, MD
Barbara M. Bates-Jensen, PhD, RN, FAAN
Yvette M. Bordelon, MD, PhD
Steven Castle, MD
Pejman Cohan, MD
Erin Atkinson Cook, MD
Carolyn J. Crandall, MD, MS
David A. Ganz, MD, PhD
Kevin Ghassemi, MD
Deena Goldwater, MD, PhD
Jennifer C. Haley, MD
Jason Jalil, MD
Arun S. Karlamangla, MD, PhD
Ja-Hong Kim, MD
Eric Kleerup, MD
Zhaoping Li, MD, PhD

Sarah Kremen, MD
Director, Neurobehavior Program, Jona Goldrich Center for Alzheimer's Disease and Memory Disorders
Department of Neurology
Cedars-Sinai Medical Center

Cathy C. Lee, MD, MS
Associate Clinical Professor, Internal Medicine/Geriatric Medicine*
Staff Physician, Geriatric Research, Education and Clinical Center (GRECC), VA Greater Los Angeles Healthcare System

Co-Chairs
Cathy A. Alessi, MD
Director, Geriatric Research, Education and Clinical Center (GRECC) and Chief, Division of Geriatrics, VA Greater Los Angeles Healthcare System
Professor of Medicine/Geriatric Medicine*

Demetra Antimisiaris, PharmD, BCGP, FASCP
Director, Frazier Polypharmacy & Medication Management Program
Associate Professor, University of Louisville School of Medicine

Aaron H. Kaufman, MD
Health Sciences Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences*

Sarah Kremen, MD
Director, Neurobehavior Program, Jona Goldrich Center for Alzheimer's Disease and Memory Disorders
Department of Neurology
Cedars-Sinai Medical Center

Cathy C. Lee, MD, MS
Associate Clinical Professor, Internal Medicine/Geriatric Medicine*
Staff Physician, Geriatric Research, Education and Clinical Center (GRECC), VA Greater Los Angeles Healthcare System

*Mt David Geffen School of Medicine at UCLA

Guest Faculty

Dixie Aragaki, MD
Barbara M. Bates-Jensen, PhD, RN, FAAN
Yvette M. Bordelon, MD, PhD
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Jennifer C. Haley, MD
Jason Jalil, MD
Arun S. Karlamangla, MD, PhD
Ja-Hong Kim, MD
Eric Kleerup, MD
Zhaoping Li, MD, PhD

Freny Vaghaiwalla Mody, MD
Arash Naeim, MD
Mitra Nejad, MD
Stephanie Pannell, MD, MPH
Anjay Rastogi, MD, PhD
David B. Reuben, MD
Gary Schiller, MD, FACP
Latisha Katie Sharma, MD, FAHA
Ryan Uyan, MD
Sondra Vazirani, MD, MPH
Tara Vijayan, MD
Karol E. Watson, MD, PhD
Jane E. Weinreb, MD
James Wilson, MD, MS, FACP
Angela Yeh, MD

David Bennett, MD
Albert Bui, MD
Tatyana Gurvich, PharmD, BCGP
Arash A. Horizon, MD
Laura Mosqueda, MD
Zaldy Tan, MD, MPH
Jürgen Unützer, MD, MPH, MA
Rebecca Yamarik, MD
Wednesday, September 22

7:00 Welcome and Introductions
   Dan Osterweil, MD, FACP and Susan L. Charette, MD

**General Principles of Aging**
Moderator: Susan L. Charette, MD

7:10 Physiology of Aging
   Zaldy Tan, MD, MPH

7:45 Resilience: Maximizing Momentum as We Age
   Steven Castle, MD

8:20 Pharmacokinetic Considerations in Older Adults
   Demetra Antimisiaris, PharmD, BCGP, FASCP

8:55 AM Panel Discussion (LIVE)
   Panel: Drs. Tan, Castle, and Antimisiaris

9:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:25 (Session A) Explicit Criteria and Medication Appropriateness
   Tatyana Gurvich, PharmD, BCGP

9:25 (Session B) Preventative Health Care in the Geriatric Patient: What are We Trying to Prevent?
   Erin Atkinson Cook, MD

10:00 Osteoporosis: An Overview
   Carolyn J. Crandall, MD, MS

10:35 AM Panel Discussion (LIVE)
   Panel: Drs. Gurvich, Cook, and Crandall

10:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

11:20 David H. Solomon Memorial Award Lecture: Detection and Prevention of Elder Mistreatment (LIVE)
   Laura Mosqueda, MD

12:05 David H. Solomon Lecture Q&A (LIVE)
   Laura Mosqueda, MD

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David H. Solomon Memorial Lecture Awarded
Laura Mosqueda, MD

Dean
May S. and John H. Hooval Dean's Chair in Medicine
Professor of Family Medicine and Geriatrics
Keck School of Medicine of USC
USC Leonard Davis School of Gerontology
This is about the 10th time I have attended this course and I have always learned something new and have been able to apply it to my Geriatric practice. It also is an excellent preparatory step in getting me ready to take my recertification in Geriatrics.

—2019 Attendee

*This course is presented in collaboration with SCAN Health Plan.

SCAN Group is a mission-driven organization that is tackling some of the biggest issues in healthcare for older adults. The core of SCAN Group is SCAN Health Plan, one of the nation’s foremost not-for-profit Medicare Advantage plans, serving more than 220,000 members in California. Independence at Home, a SCAN community service, provides vitally needed services and support to seniors and their caregivers regardless of plan membership. SCAN Group also invests in new companies to support healthier aging, offers education programs, community funding, volunteer opportunities, and other community services in support of its mission—keeping seniors healthy and independent.
Thursday, September 23

6:30  VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

MEDICAL ISSUES IN OLDER PATIENTS, PART 1
Moderator: Cathy C. Lee, MD, MS

7:00  Common GI Issues in Older Persons
Kevin Ghassemi, MD

7:35  Prostate Disease
Stephanie Pannell, MD, MPH

8:10  Urinary Incontinence
Ja-Hong Kim, MD

8:45  AM Panel Discussion (LIVE)
Panel: Drs. Ghassemi, Pannell, and Kim

9:00  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:15  Endocrine Disorders in Older Persons
Jane E. Weinreb, MD

9:50  Chronic Kidney Diseases
James Wilson, MD, MS, FACP

10:25  AM Panel Discussion (LIVE)
Panel: Drs. Weinreb and Wilson

10:40  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

CARDIOVASCULAR CONDITIONS
Moderator: Dan Osterweil, MD, FACP

11:10  Hypertension in Older Adults
Anjay Rastogi, MD, PhD

11:45  Atrial Fibrillation
Karol E. Watson, MD, PhD

12:20  Update in the Management of Heart Failure
Freny Vaghaiwalla Mody, MD

What is the Board Review?

- Over 5 hours of interactive board review sessions moderated by UCLA faculty
- Over 100 multiple-choice, case-based questions with answers explained by expert faculty geriatricians
- Audience response system allows you to assess your preparation for the Geriatric Board Examinations

Cathy C. Lee, MD, MS
Moderator, Board Review A for Physicians
Program Schedule

12:55  PM Panel Discussion (LIVE)
Panel: Drs. Rastogi, Watson, and Mody

1:10  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

1:25  Perioperative Assessment in the Older Patient
Sondra Vazirani, MD, MPH

2:00  Geriatric Cardiology: Approach to Cardiovascular Disease Management in Relation to Aging
Deena Goldwater, MD, PhD

2:35  PM Panel Discussion (LIVE)
Panel: Drs. Vazirani and Goldwater

2:50  Board Review Session A for Physicians
Cathy C. Lee, MD, MS

4:35  ADJOURN

Friday, September 24

6:30  VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

Medical Issues in Older Patients, Part 2
Moderator: Susan L. Charette, MD

7:00  Type 2 Diabetes Mellitus
Pejman Cohan, MD

7:35  Hematologic Disease in the Elderly
Gary Schiller, MD, FACP

8:10  Breast, Lung, and Colon Cancer: Tips for a Longer Life
Arash Naeim, MD

8:45  Infections in the Older Persons
Tara Vijayan, MD

9:20  AM Panel Discussion (LIVE)
Panel: Drs. Cohan, Schiller, Naeim, and Vijayan

9:35  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:50  Infectious Disease Case Studies: COVID-19 and More
Tara Vijayan, MD

10:25  Pulmonary Diseases in Older Persons
Eric Kleerup, MD

11:00  Vision Loss in the Elderly
Mitra Nejad, MD

This is one of the best courses I have ever attended: amazing depth and breadth of topics, all helpful to my daily practice of geriatric medicine.

—2019 Attendee
11:35 AM Panel Discussion (LIVE)
   Panel: Drs. Vijayan, Kleerup, and Nejad

12:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

COMMON GERIATRIC ISSUES
Moderator: Cathy A. Alessi, MD

12:40 Geriatric Pain Management
   Angela Yeh, MD

1:15 Palliative Care in the Older Patient
   Rebecca Yamarik, MD

1:50 Assessing and Managing Pressure Ulcers
   Barbara Bates-Jensen, PhD, RN, FAAN

2:35 Geriatric Dermatology
   Jennifer C. Haley, MD

3:10 PM Panel Discussion (LIVE)
   Panel: Drs. Yeh, Yamarik, Bates-Jensen, and Haley

3:25 BREAK/MEDITATION SESSION (Non-CME)

3:45 Clinical Pharmacy Pearls
   Demetra Antimisiaris, PharmD, BCGP, FASCP

4:20 Gaining Clarity About Confusion: Sorting Out Impaired Cognition with Selected Cases
   David B. Reuben, MD

4:55 PM Panel Discussion (LIVE)
   Panel: Drs. Antimisiaris and Rueben

5:30 Board Review Session B for Physicians (LIVE)
   Albert Bui, MD

7:15 ADJOURN
SATURDAY, SEPTEMBER 25

6:30  VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

GERIATRIC NEUROLOGY/Psychiatry I
Moderator: Aaron H. Kaufman, MD

7:00  The Spectrum of Cognitive Dysfunction
      David B. Reuben, MD

7:35  Pharmacological Treatment Across Dementia Syndromes
      Sarah Kremen, MD

8:10  Psychiatric and Behavioral Symptoms in Alzheimer’s and Other Dementias
      Aaron H. Kaufman, MD

8:45  Sleep Problems in Older People
      Cathy A. Alessi, MD

9:20  AM Panel Discussion (LIVE)
      Panel: Drs. Reuben, Kremen, Kaufman, and Alessi

9:35  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:50  Arthur C. Cherkin Memorial Award Lecture: Roadmap to Personalized Medicine for Dementia (LIVE)
      David Bennett, MD

10:35 Arthur C. Cherkin Lecture Q&A (LIVE)
      David Bennett, MD

GERIATRIC NEUROLOGY/Psychiatry II
Moderator: Aaron H. Kaufman, MD

10:50 Treatment of Parkinson’s Disease in the Geriatric Population
      Yvette M. Bordelon, MD, PhD

11:25 Ischemic Stroke: Treatment and Prevention
      Latisha Katie Sharma, MD, FAHA

12:00 Anxiety Disorders in the Elderly
      Jason Jalil, MD

12:35 PM Panel Discussion (LIVE)
      Panel: Drs. Bordelon, Sharma, and Jalil

12:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

1:20 Advances in Treatment and Management of Late-Life Depression
      Jurgen Unützer, MD, MPH, MA

1:55 Closing Remarks
      Dan Osterweil, MD, FACP and Susan L. Charette, MD

2:05 Board Review C for Physicians (LIVE)
      Sarah Kremen, MD

3:50 COURSE ADJOURN
**ENROLLMENT**

**By Mail**
Use the form attached. Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Annual UCLA Intensive Course in Geriatric Medicine and Board Review, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

**By Phone - (310) 794-2620**
Use your American Express, MasterCard, VISA or Discover card.

**Online**
Go to [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses), and click on 37th Annual UCLA Intensive Course in Geriatric Medicine and Board Review. You may use your MasterCard, VISA, American Express or Discover card to register online.

**By Fax - (310) 794-2624**
Send the completed enrollment form with credit card information and authorizing signature.

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**Registration Fees**

- $1,150 Physicians
- $1,025 AGS Members
- $950 Pharmacists
- $850 ASCP Members
- $850 All other allied health professionals
- $675 Indian Health Services *(proof of employment required at time of registration)*

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**Refunds**

Cancellations must be received in writing by Wednesday, September 8, 2021 and are subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

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**ACCREDITION**

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 30.5 (plus 5.25 for all board review sessions) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

**Disclosure Statement**

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
# 37th Annual UCLA Intensive Course in Geriatric Medicine & Board Review

**September 22-25, 2021**

**Course Number:** M212-6

## Registration Form

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<tr>
<th>37th Annual UCLA Intensive Course in Geriatric Medicine &amp; Board Review</th>
<th>Registration Fee</th>
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<tr>
<td>$1,150 Physicians</td>
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<td>$1,025 AGS Members</td>
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<td>$850 ASCP Members</td>
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<td>$850 All other allied health professionals</td>
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<td>$675 Indian Health Services <em>proof of employment required at time of registration</em></td>
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Please Print

Name (First/Middle/Last)

Last four digits of your Social Security Number

Degree(s)

Specialty

Preferred Mailing Address

City/State/Zip

Email (Please Print)

Phone

Fax

Check enclosed payable to: The Regents of the University of California

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- Visa
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Expiration Mo/Yr

Authorizing Signature

- **FAX** -  Fax, with credit card number and expiration date, directly to our office at: 310-794-2624

- **OR MAIL TO** -  Office of Continuing Medical Education  
  David Geffen School of Medicine at UCLA  
  UCLA Intensive Course in Geriatric Medicine & Board Review  
  10920 Wilshire Blvd., Suite 1060  
  Los Angeles, CA 90024-6512

To register online, visit [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses)