37th Annual
UCLA Intensive Course in

Geriatric Medicine

& Board Review

In collaboration with SCAN Health Plan

September 22-25, 2021
Live Virtual Conference
For the past 37 years, the UCLA Intensive Course in Geriatric Medicine has been a leader in providing physicians, pharmacists and other health professionals the essential knowledge and skills to care for older patients. The four-day course and board review in geriatric medicine emphasizes an evidence-based, practical and functional approach to the comprehensive care of older adults. The content and structure of the course are well-suited for health professionals who wish to enhance their ability to care for older adults, as well as for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM).

The 37th Annual UCLA Intensive Course is presented concurrently with the 2021 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.

- Speaker presentations and supplementary materials are provided in a PDF syllabus.
- Over five hours of optional interactive board review sessions are offered.
- Access to view recorded sessions for 3 weeks post course (not certified for CME credit).

At the conclusion of this course, participants should be able to:

- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Discuss key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems related to aging and formulate an approach to these problems
- Recognize the major geriatric syndromes such as dementia, delirium, incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them
- Create individualized medication regimens for medically complex older adults to address appropriate health outcomes

The rapid scientific advances in geriatric medicine and recent changes in our health care and health systems that emphasize quality of care over volume makes this the best time to be an expert in the care of older persons. The UCLA Intensive Course in Geriatric Medicine aims to impart health professionals with the requisite knowledge and skills for the competent care of older adults. The course’s renowned faculty will cover essential topics in both geriatric primary and specialty care. The course will be held virtually due to the restrictions on large gatherings. However, we promise plenty of interactive opportunities with faculty and peers. We are also offering registrants extended access to the lectures up to 3 weeks after the course.
Course Chairs

Co-Chairs

Cathy A. Alessi, MD  
Director, Geriatric Research, 
Education and Clinical Center (GRECC) and Chief, Division of Geriatrics, VA Greater Los Angeles Healthcare System  
Professor of Medicine/Geriatric Medicine*

Demetra Antimisiaris,  
PharmD, BCGP, FASCP  
Director, Frazier Polypharmacy & Medication Management Program  
Associate Professor, University of Louisville School of Medicine

Aaron H. Kaufman, MD  
Health Sciences Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences*

Sarah Kremen, MD  
Director, Neurobehavior Program, Jona Goldrich Center for Alzheimer’s Disease and Memory Disorders  
Department of Neurology  
Cedars-Sinai Medical Center

Cathy C. Lee, MD, MS  
Associate Clinical Professor, Internal Medicine/Geriatric Medicine*  
Staff Physician, Geriatric Research, Education and Clinical Center (GRECC), VA Greater Los Angeles Healthcare System

*David Geffen School of Medicine at UCLA

FACULTY

Dixie Aragaki, MD  
Barbara M. Bates-Jensen, PhD, RN, FAAN  
Yvette M. Bordelon, MD, PhD  
Steven Castle, MD  
Pejman Cohan, MD  
Erin Atkinson Cook, MD  
Carolyn J. Crandall, MD, MS  
David A. Ganz, MD, PhD  
Kevin Ghassemi, MD  
Deena Goldwater, MD, PhD  
Jennifer C. Haley, MD  
Jason Jalil, MD  
Arun S. Karlamangla, MD, PhD  
Ja-Hong Kim, MD  
Eric Kleerup, MD  
Zhaoping Li, MD, PhD  
Freny Vaghaiwalla Mody, MD  
Arash Naem, MD  
Mitra Nejad, MD  
Stephanie Pannell, MD, MPH  
Anjay Rastogi, MD, PhD  
David B. Reuben, MD  
Gary Schiller, MD, FACP  
Latisha Katie Sharma, MD, FAHA  
Ryan Uyan, MD  
Sondra Vazirani, MD, MPH  
Tara Vijayan, MD  
Karol E. Watson, MD, PhD  
Jane E. Weinreb, MD  
James Wilson, MD, MS, FACP  
Angela Yeh, MD

David Bennett, MD  
Albert Bui, MD  
Tatyana Gurvich, PharmD, BCGP  
Arash A. Horizon, MD  
Laura Mosqueda, MD  
Zaldy Tan, MD, MPH  
Jürgen Unützer, MD, MPH, MA  
Rebecca Yamarik, MD
WEDNESDAY, SEPTEMBER 22

7:00 Welcome and Introductions  
Dan Osterweil, MD, FACP and Susan L. Charette, MD

**General Principles of Aging**  
Moderator: Susan L. Charette, MD

7:10 Physiology of Aging  
Zaldy Tan, MD, MPH

7:45 Resilience: Maximizing Momentum as We Age  
Steven Castle, MD

8:20 Pharmacokinetic Considerations in Older Adults  
Demetra Antimisiaris, PharmD, BCGP, FASCP

8:55 AM Panel Discussion (LIVE)  
Panel: Drs. Tan, Castle, and Antimisiaris

9:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:25 (Session A) Explicit Criteria and Medication Appropriateness  
Tatyana Gurvich, PharmD, BCGP

9:25 (Session B) Preventative Health Care in the Geriatric Patient: What are We Trying to Prevent?  
Erin Atkinson Cook, MD

10:00 Osteoporosis: An Overview  
Carolyn J. Crandall, MD, MS

10:35 AM Panel Discussion (LIVE)  
Panel: Drs. Gurvich, Cook, and Crandall

10:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

11:20 David H. Solomon Memorial Award Lecture: Detection and Prevention of Elder Mistreatment (LIVE)  
Laura Mosqueda, MD

12:05 David H. Solomon Lecture Q&A (LIVE)  
Laura Mosqueda, MD

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**David H. Solomon Memorial Lecture Awarded to**  
Laura Mosqueda, MD
12:20  Icebreaker Trivia Game (LIVE) (Non-CME)
       Ryan Uyan, MD

**FALLS AND MUSCULOSKELETAL**
Moderator: Dan Osterweil, MD, FACP

12:50  Falls: Assessment and Management
       David A. Ganz MD, PhD

1:25   Geriatric Rehabilitation
       Dixie Aragaki, MD

2:00   Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis
       Arash A. Horizon, MD

2:35   PM Panel Discussion (LIVE)
       Panel: Drs. Ganz, Aragaki, and Horizon

2:50   BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

3:05   Nutrition Throughout the Ages
       Zhaoping Li, MD, PhD

3:40   Geriatric Literature Update: 2021
       Arun S. Karlamangla, MD, PhD

4:15   PM Panel Discussion (LIVE)
       Panel: Drs. Li and Karlamangla

4:30   ADJOURN

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*This course is presented in collaboration with SCAN Health Plan.*

SCAN Group is a mission-driven organization that is tackling some of the biggest issues in healthcare for older adults. The core of SCAN Group is SCAN Health Plan, one of the nation’s foremost not-for-profit Medicare Advantage plans, serving more than 220,000 members in California. Independence at Home, a SCAN community service, provides vitally needed services and support to seniors and their caregivers regardless of plan membership. SCAN Group also invests in new companies to support healthier aging, offers education programs, community funding, volunteer opportunities, and other community services in support of its mission—keeping seniors healthy and independent.

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“This is about the 10th time I have attended this course and I have always learned something new and have been able to apply it to my Geriatric practice. It also is an excellent preparatory step in getting me ready to take my recertification in Geriatrics.

—2019 Attendee
Thursday, September 23

6:30  VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

MEDICAL ISSUES IN OLDER PATIENTS, PART 1
Moderator: Cathy C. Lee, MD, MS

7:00  Common GI Issues in Older Persons
Kevin Ghassemi, MD

7:35  Prostate Disease
Stephanie Pannell, MD, MPH

8:10  Urinary Incontinence
Ja-Hong Kim, MD

8:45  AM Panel Discussion (LIVE)
Panel: Drs. Ghassemi, Pannell, and Kim

9:00  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:15  Endocrine Disorders in Older Persons
Jane E. Weinreb, MD

9:50  Chronic Kidney Diseases
James Wilson, MD, MS, FACP

10:25 AM Panel Discussion (LIVE)
Panel: Drs. Weinreb and Wilson

10:40  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

CARDIOVASCULAR CONDITIONS
Moderator: Dan Osterweil, MD, FACP

11:10  Hypertension in Older Adults
Anjay Rastogi, MD, PhD

11:45  Atrial Fibrillation
Karol E. Watson, MD, PhD

12:20  Update in the Management of Heart Failure
Freny Vaghaiwalla Mody, MD

What is the Board Review?

- Over 5 hours of interactive board review sessions moderated by UCLA faculty
- Over 100 multiple-choice, case-based questions with answers explained by expert faculty geriatricians
- Audience response system allows you to assess your preparation for the Geriatric Board Examinations

Cathy C. Lee, MD, MS
Moderator, Board Review A for Physicians
Program Schedule

12:55  PM Panel Discussion (LIVE)
      Panel: Drs. Rastogi, Watson, and Mody

1:10  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

1:25  Perioperative Assessment in the Older Patient
      Sondra Vazirani, MD, MPH

2:00  Geriatric Cardiology: Approach to Cardiovascular Disease Management in Relation to Aging
      Deena Goldwater, MD, PhD

2:35  PM Panel Discussion (LIVE)
      Panel: Drs. Vazirani and Goldwater

2:50  Board Review Session A for Physicians
      Cathy C. Lee, MD, MS

4:35  ADJOURN

Friday, September 24

6:30  VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

Medical Issues in Older Patients, Part 2
Moderator: Susan L. Charette, MD

7:00  Type 2 Diabetes Mellitus
      Pejman Cohan, MD

7:35  Hematologic Disease in the Elderly
      Gary Schiller, MD, FACP

8:10  Breast, Lung, and Colon Cancer: Tips for a Longer Life
      Arash Naeim, MD

8:45  Infections in the Older Persons
      Tara Vijayan, MD

9:20  AM Panel Discussion (LIVE)
      Panel: Drs. Cohan, Schiller, Naeim, and Vijayan

9:35  BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

9:50  Infectious Disease Case Studies: COVID-19 and More
      Tara Vijayan, MD

10:25 Pulmonary Diseases in Older Persons
      Eric Kleerup, MD

11:00 Vision Loss in the Elderly
      Mitra Nejad, MD

“This is one of the best courses I have ever attended: amazing depth and breadth of topics, all helpful to my daily practice of geriatric medicine.”

—2019 Attendee
11:35 AM Panel Discussion (LIVE)  
   Panel: Drs. Vijayan, Kleerup, and Nejad  

12:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)  

COMMON GERIATRIC ISSUES  
Moderator: Cathy A. Alessi, MD  

12:40 Geriatric Pain Management  
   Angela Yeh, MD  

1:15 Palliative Care in the Older Patient  
   Rebecca Yamarik, MD  

1:50 Assessing and Managing Pressure Ulcers  
   Barbara Bates-Jensen, PhD, RN, FAAN  

2:35 Geriatric Dermatology  
   Jennifer C. Haley, MD  

3:10 PM Panel Discussion (LIVE)  
   Panel: Drs. Yeh, Yamarik, Bates-Jensen, and Haley  

3:25 BREAK/MEDITATION SESSION (Non-CME)  

3:45 Clinical Pharmacy Pearls  
   Demetra Antimisiaris, PharmD, BCGP, FASCP  

4:20 Gaining Clarity About Confusion: Sorting Out Impaired Cognition with Selected Cases  
   David B. Reuben, MD  

4:55 PM Panel Discussion (LIVE)  
   Panel: Drs. Antimisiaris and Reuben  

5:10 Board Review Session B for Physicians (LIVE)  
   Albert Bui, MD  

6:55 ADJOURN
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
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<tr>
<td>6:30</td>
<td>VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)</td>
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<tr>
<td>7:00</td>
<td>The Spectrum of Cognitive Dysfunction</td>
<td>David B. Reuben, MD</td>
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<td>7:35</td>
<td>Pharmacological Treatment Across Dementia Syndromes</td>
<td>Sarah Kremen, MD</td>
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<td>8:10</td>
<td>Psychiatric and Behavioral Symptoms in Alzheimer’s and Other Dementias</td>
<td>Aaron H. Kaufman, MD</td>
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<td>8:45</td>
<td>Sleep Problems in Older People</td>
<td>Cathy A. Alessi, MD</td>
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<td>9:20</td>
<td>AM Panel Discussion (LIVE)</td>
<td>Panel: Drs. Reuben, Kremen, Kaufman, and Alessi</td>
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<td>9:35</td>
<td>BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)</td>
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<td>9:50</td>
<td>Arthur C. Cherkin Memorial Award Lecture: Roadmap to Personalized Medicine for Dementia (LIVE)</td>
<td>David Bennett, MD</td>
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<td>10:50</td>
<td>Treatment of Parkinson’s Disease in the Geriatric Population</td>
<td>Yvette M. Bordelon, MD, PhD</td>
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<td>11:25</td>
<td>Ischemic Stroke: Treatment and Prevention</td>
<td>Latisha Katie Sharma, MD, FAHA</td>
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<td>12:00</td>
<td>Anxiety Disorders in the Elderly</td>
<td>Jason Jalil, MD</td>
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<td>12:35</td>
<td>PM Panel Discussion (LIVE)</td>
<td>Panel: Drs. Bordelon, Sharma, and Jalil</td>
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<td>12:50</td>
<td>BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)</td>
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<td>1:20</td>
<td>Advances in Treatment and Management of Late-Life Depression</td>
<td>Jurgen Unützer, MD, MPH, MA</td>
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<td>1:55</td>
<td>Closing Remarks</td>
<td>Dan Osterweil, MD, FACP and Susan L. Charette, MD</td>
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<td>2:05</td>
<td>Board Review C for Physicians (LIVE)</td>
<td>Sarah Kremen, MD</td>
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<td>3:50</td>
<td>COURSE ADJOURN</td>
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Enrollment

Registration Fees

- $1,150 Physicians
- $1,025 AGS Members
- $950 Pharmacists
- $850 ASCP Members
- $850 All other allied health professionals
- $675 Indian Health Services (proof of employment required at time of registration)

Refunds

Cancellations must be received in writing by Wednesday, September 8, 2021 and are subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 30 (plus 5.25 for all board review sessions) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

Disclosure Statement

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.
Mail-In Registration Form

37th Annual UCLA Intensive Course in Geriatric Medicine & Board Review

September 22-25, 2021

Course Number: M212-6

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<td>$1,150  Physicians</td>
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<td>$1,025  AGS Members</td>
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<td>$950    Pharmacists</td>
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<td>$850    ASCP Members</td>
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<td>$675    Indian Health Services (proof of employment required at time of registration)</td>
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Name (First/Middle/Last) ____________________________

Degree(s) ____________________________ Specialty ____________________________

Preferred Mailing Address

City/State/Zip ____________________________

Email (Please Print) ____________________________

( ) Phone ____________________________ ( ) Fax ____________________________

- Check enclosed payable to: The Regents of the University of California

- OR MAIL TO -

Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
UCLA Intensive Course in Geriatric Medicine & Board Review
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

- FAX -

Fax, with credit card number and expiration date, directly to our office at: 310-794-2624

To register online, visit www.cme.ucla.edu/courses

37th Annual UCLA Intensive Course in Geriatric Medicine & Board Review

Registration Fee

Physicians
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