THE 9th ANNUAL
UCLA Diabetes Symposium

Saturday, November 20, 2021
Loews Santa Monica Beach Hotel
Santa Monica, California
The 9th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge given its rising prevalence, cost, and risk of chronic complications and co-morbidities. Healthcare providers are required to address these concerns in a changing landscape of therapy and technology where treatments for diabetes continue to expand. The UCLA Annual Diabetes Symposium is a full-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art patient care. Experts in the field will review current best practices, including updates in care, guidelines, and technology, as well as address co-morbidities including obesity and diabetes neuropathy.

Course Objectives

At the completion of this course, participants should be able to:

• Counsel patients on risks and benefits of type 2 diabetes medications
• Manage cardiovascular prevention in patients with type 2 diabetes mellitus
• Discuss diagnosis and treatment of diabetes prevention
• Describe the treatment of diabetes neuropathy
• Discuss pathophysiology and approaches to the treatment of obesity

Target Audience

The UCLA diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.
General Information

Conference Location
Loews Santa Monica Beach Hotel
1700 Ocean Avenue
Santa Monica, CA 90401
310-458-6700

Hotel Accommodations
Please visit the Loews Santa Monica Beach Hotel website to make a reservation. In the “Advanced” section of the booking tool, please enter the code: CATERING. This code will allow you to choose a room type and receive 20% off the best available rate. Please note that there is no room block for the course.

Parking
Valet parking is $15.00

Fees
Physicians: $175.00
Allied Health Professionals and Students: $150.00

Refunds
Cancellations must be received in writing by October 15, 2021 and will be subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Enrollment
Online
Go to www.cme.ucla.edu/courses to enroll online using your American Express, Discover, MasterCard or Visa. Click on 9th Annual UCLA Diabetes Symposium.

By Phone
Use your American Express, Discover, MasterCard or Visa to enroll over the phone. Call 310-794-2620.

By Fax
Enroll by fax with your American Express, Discover, MasterCard or Visa by sending the completed enrollment form with credit card information and authorizing signature. Fax to 310-794-2624.

Accreditation
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Course Faculty

COURSE DIRECTOR
Matthew Freeby, MD
Associate Clinical Professor of Medicine
Director, Gonda Diabetes Center
Associate Director, Diabetes Clinical Programs
Division of Endocrinology, Diabetes & Metabolism
David Geffen School of Medicine at UCLA

David Geffen School of Medicine at UCLA Faculty
Gregory A. Brent, MD
Chief, Division of Endocrinology, Diabetes & Metabolism
Department of Medicine
Professor of Medicine and Physiology
Andrew Day, MD
Assistant Clinical Professor
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-South Bay Endocrinology
David Geffen School of Medicine at UCLA

Course Co-Director
Dianne S. Cheung, MD, MPH, FACE, ECNU
Associate Clinical Professor
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-Santa Clarita

Kailee Gaffny, RN, BSN, CDCES
Registered Nurse, Certified Diabetes Care and Education Specialist
UCLA Santa Monica Endocrinology & Gonda Diabetes Center

Yaroslav Gofnung, MD, FACE
Associate Clinical Professor
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-Westlake Village

Deepashree Gupta, MD
Assistant Clinical Professor
Division of Endocrinology
Department of Medicine
Diplomat of American Board of Internal Medicine, Obesity Medicine and Endocrinology and Metabolism
UCLA Health-Westlake Village

Guest Faculty
David Ahn, MD
Program Director
Dr. Kris V. Iyer Endowed Chair in Diabetes Care
Mary & Dick Allen Diabetes Center
Hoag Memorial Hospital Presbyterian
Newport Beach, California
Vanita R. Aroda, MD
Director, Diabetes Clinical Research Division of Endocrinology, Diabetes & Hypertension
Brigham and Women’s Hospital
Member of the Faculty, Harvard Medical School
Boston, Massachusetts

David Geffen School of Medicine at UCLA
Carolina R. Hurtado, MD
Clinical Instructor
UCLA Health-Beverly Hills Specialty Care

Sarah S. Kim, MD
Assistant Clinical Professor
Division of Endocrinology, Diabetes & Metabolism
Department of Internal Medicine
UCLA Health-Santa Monica

Kyrstin Lane, MD
Clinical Instructor
UCLA Division of Endocrinology
UCLA Health-Santa Monica Endocrinology

Tannaz Moin, MD, MBA, MSHS
Associate Professor of Medicine
Assistant Director, Specialty Training and Advanced Research (STAR) Program
Division of Endocrinology, Diabetes & Metabolism
Division of General Internal Medicine & Health Services Research
HSR&D Center for the Study of Healthcare Innovation, Implementation & Policy
VA Greater Los Angeles Healthcare System

Jane Rhyu, MD
Clinical Instructor
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-Porter Ranch

Na Shen, MD
Assistant Clinical Professor of Medicine
Director, Program for Reducing Obesity (PRO)
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-Thousand Oaks

Laura Sue, MD, MPH
Assistant Clinical Professor
Division of Endocrinology, Diabetes & Metabolism
UCLA Health-Downtown Los Angeles

Karol E. Watson, MD, PhD
Professor of Medicine/Cardiology
Co-Director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women’s Heart Health Program
John Mazziotto, MD, PhD Term Chair in Medicine

Michael A. Bush, MD, FACE
Past-President, CA-AACE
Past Clinical Chief, Division of Endocrinology, Cedars-Sinai Medical Center
Associate Clinical Professor
David Geffen School of Medicine at UCLA
Beverly Hills, California

Daniel Einhorn, MD, FACP, FACE
Medical Director, Scripps Whittier Diabetes Institute
President, Diabetes and Endocrine Associates
Associate Editor, Journal of Diabetes Past President, American College of Endocrinology
La Jolla, California

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La Jolla, California
Saturday, November 20, 2021

7:00  Registration/Continental Breakfast/Exhibits

7:50  Introduction and Welcome  
Matthew Freeby, MD and Gregory A. Brent, MD

Management of Diabetes and Related Disorders: Session I 
Moderators: Yaroslav Gofnung, MD, FACE and Laura Sue, MD, MPH

8:00  Cardiovascular Disease and Diabetes — Defining Risk & Addressing Treatments  
Karol E. Watson, MD, PhD

8:40  Type 2 Diabetes Care Guidelines — Updates in Treatment Recommendations  
Matthew Freeby, MD

9:00  Why GLP-1 Receptor Agonists & SGLT-2 Inhibitors? Making Sense of the Clinical Trial Data  
Vanita R. Aroda, MD

9:50  Break and Exhibits

Managing Diabetes and Related Disorders: Session II 
Moderators: Sarah S. Kim, MD and Carolina R. Hurtado, MD

10:15  Usual and Not So Usual Cases in Type 2 Diabetes — What do you Recommend?  
Dianne S. Cheung, MD, MPH, FACE, ECNU

10:50  What’s on the Horizon? New Medications and Technologies in the Pipeline  
Daniel Einhorn, MD, FACP, FACE

11:25  Primary Care Provider’s Guide to Diabetes Technology  
David Ahn, MD

12:00  Lunch and Exhibits
Management of Diabetes and Related Disorders: Session III
**Moderators:** Jane Rhyu, MD and Kyrstin Lane, MD

1:00    
Hormones and Neurons: Appetite Regulation and Obesity  
*Michael A. Bush, MD, FACE*

1:40    
Obesity: Addressing Treatment via Medications and Education  
*Na Shen, MD*

2:20    
Break and Exhibits

Managing Diabetes and Related Disorders: Session IV
**Moderators:** Deepashree Gupta, MD and Kailee Gaffny, RN, BSN, CDCES

2:35    
Diabetes and Neuropathy – Latest in Treatment Options  
*Andrew Day, MD*

3:15    
Preventing Diabetes – Practical Approaches to Care  
*Tannaz Moin, MD, MBA, MSHS*

3:55    
Closing Remarks

4:00    
Adjourn
### Course Title and Number

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<thead>
<tr>
<th>Course Title and Number</th>
<th>Registration Fee</th>
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<tbody>
<tr>
<td>9th Annual UCLA Diabetes Symposium</td>
<td>M212-2</td>
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<tr>
<td>Physicians: $175.00</td>
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Tuition includes registration, syllabus, continental breakfast, lunch and coffee breaks.

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Last four digits of your Social Security Number

Name (First/Middle/Last)

Degree

Specialty

Preferred Mailing Address

City/State/ZIP

Area Code Daytime Phone

Area Code Fax

E-mail Address

☐ Check enclosed payable to: The Regents of the University of California

Charge:  ☐ MasterCard  ☐ Visa  ☐ Discover  ☐ American Express

Card Number

Expiration (Mo/Yr)

Authorizing Signature

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**Mail to:**

UCLA Office of Continuing Medical Education  
David Geffen School of Medicine at UCLA  
Diabetes Symposium  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024
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Enroll now by mail, fax, phone or online.

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