Understanding & Addressing Barriers to Health Equity

STUDENT-ATHLETE HEALTHCARE SUMMIT

JANUARY 27–28, 2022
UCLA Meyer & Renee Luskin Conference Center // Los Angeles, CA
Course Description

The Pac-12 Conference, the NCAA, and the David Geffen School of Medicine at UCLA collaborating with the American Medical Society for Sports Medicine (AMSSM) and The U.S. Council for Athletes’ Health (USCAH) will host a Summit to Understand and Address Barriers to Health Equity and how they may impact the student-athlete on January 27-28, 2022 at the Luskin Center on the UCLA campus. The conference provides a unique opportunity for a multidisciplinary exchange with the leaders in both research and the clinical care of competitive athletes as it pertains to health equity. The course will feature sessions on current and historical disparities for underrepresented populations, unique burdens and the impact of mental health, effective educational programming for members of the collegiate sports medicine units and strategies to create a more inclusive environment for diverse and underrepresented student-athletes.

The two-day program will feature lectures and panel discussions from top Health Equity experts, current and former student-athletes, physicians, athletic trainers, and administrators from across the nation and explore the important issues surrounding diversity, equity and inclusion, present new findings and discuss policies and procedures that can improve the environment for all student-athletes.
Course Objectives

At the completion of this program, participants should be better able to:

- Describe current and historical disparities in healthcare for underrepresented population groups
- Recognize obstacles that exist and limit underrepresented population groups from accessing comprehensive medical care
- Discuss how disparities and obstacles accessing healthcare impact the student-athlete
- Identify the unique burdens for an underrepresented student-athlete
- Recognize how Mental Health programming may impact student-athletes of underrepresented groups
- Recommend effective educational programming for members of the collegiate sports medicine units
- Identify optimal strategies to create an environment where diverse and underrepresented student-athletes feel comfortable accessing care
- Recognize strategies to promote diversity, equity and inclusion across multidisciplinary care teams

Target Audience

This course is targeted towards healthcare personnel and personnel within intercollegiate athletic departments who work directly with collegiate and elite athletes. This may include, but is not limited to, clinical psychologists, team physicians, athletic trainers, dietitians, academic advisors, athletic administrators and interested student-athletes.
THURSDAY, JANUARY 27, 2022

7:00 am  REGISTRATION / BREAKFAST

8:00 am  Opening Remarks / Introduction

Miguel A. Rueda // Chair, Pac-12 Student-Athlete Health and Well-Being Board, Pac-12 Conference, Senior Associate Athletic Director Health and Performance, University of Colorado

Martin Jarmond // UCLA, The Alice and Nahum Lainer Family Director of Athletics

George Kliavkoff // Commissioner, Pac-12 Conference

8:40 am  Keynote Address

Leon McDougle, MD, MPH (he/him) // National Medical Association Immediate Past President, Professor of Family Medicine with Tenure, Associate Dean for Diversity and Inclusion, The Ohio State University College of Medicine, Chief Diversity Officer, The Ohio State University Wexner Medical Center

9:10 am  Foundation: Why Are We Assembled?

Edmond Baker, Jr., MD // Medical Director–Equality Health; Professor–Arizona State University

Medell Briggs-Malonson, MD, MPH, MSHS (she/her) // Chief, Health Equity, Diversity and Inclusion, Associate Professor of Emergency Medicine, UCLA Health

Gregory J. Vincent, JD, EdD // Professor–Educational Policy and Law, Executive Director–Education and Civil Rights Initiative and Program Chair of Diversity, Equity & Inclusion Ph.D Specialization at the University of Kentucky

10:50 am  BREAK

11:10 am  Provision of Care with Diverse Patients

Donald Porter, MD, ABFP, CAQ // Assistant Professor Family and Community Medicine, Head Team Physician University of Arizona

Mitchell R. Lunn, MD, MAS, FACP, FASN (he/him) // Assistant Professor of Medicine (Nephrology), Assistant Professor of Epidemiology and Population Health, Stanford University School of Medicine

Lisa Barkley, MD, FAAFP, FACSM, FSAHM // Chair, Department of Family Medicine, Associate Professor for Family Medicine, Charles R. Drew University of Medicine & Science

Cheri Blauwet, MD // Assistant Professor of Physical Medicine and Rehabilitation, Harvard Medical School, Director, Kelley Adaptive Sports Research Institute
12:30  LUNCH

1:30 pm  Mental Health Considerations to Support Health Equity
R. Kweku Smith, PhD, LP // President of Blaquesmith Psychological Consultative Services, Senior Psychologist, University of Wisconsin-Madison
Mac Brown, LP, CMPC (he/him) // CU Boulder Athletics, Psychological Health and Performance
Brooke Rundle (she/her) // EdD Candidate, SPP with CMHC Specialization, Founder of Headstrong Mindset, Member of Sports Equality Foundation
Jennifer Jacobs (she/her) // MA Educational Administration, Head Volleyball Coach, Augustana University, Inclusion Inroads Co-Founder, Intercultural Development Inventory Certified, EDD Candidate, University of Sioux Falls

3:00 pm  BREAK

3:15 pm  NCAA & Pac-12 Review
Brian Hainline, MD // Chief Medical Officer, NCAA
Jessica B. Wagner, MPH, BSN, RN // Associate Director of Prevention and Health Promotion–NCAA Sport Science Institute
Marc F. Norcross, PhD, ATC // Associate Professor, College of Public Health and Human Sciences, Oregon State University
Cathleen Crowell, PhD, ATC (she/her) // Clinical Associate Professor, College of Public Health and Human Sciences, Oregon State University

4:15 pm  Student-Athlete Perspective
Wil Turner, III, MS, AT // Senior Associate U.S. Council for Athletes’ Health

5:15 pm  ADJOURN / SOCIAL
FRIDAY, JANUARY 28, 2022

7:00 am  **BREAKFAST**

8:00 am  **Introduction / Updates**
Doug Aukerman, MD, MBA (he/him) // Senior Associate AD, Sports Medicine–Oregon State University, Medical Director–Sports Medicine–Samaritan Health Systems

8:10 am  **Keynote Address**
David Shaw // Bradford M. Freeman Director of Football, Head Football Coach, Stanford University

8:40 am  **Medical Teams—What Do We Need to Examine?**
Sherree A. Wilson, PhD (she/her) // Associate Vice Chancellor and Associate Dean, Diversity, Equity and Inclusion, Washington University School of Medicine in St. Louis
Katie Imborek, MD // University of Iowa Hospitals and Clinics, Clinical Professor of Family Medicine, Co-Director UI Health Care LGBTQ Clinic
Oluwaferanmi Okanlami, MD, MS // Director, Student Accessibility and Accommodation Services, University of Michigan, Adjunct Assistant Professor of Orthopaedic Surgery, UCLA

10:10 am  **BREAK**

10:30 am  **Expanding College Athletics Healthcare to Have an Impact on Lifelong Outcomes**
Alan G. Green, PhD // Professor of Clinical Education, Faculty Athletic Representative, USC, Co-Chair, Pac-12 ImPACt Committee
Mikel Whittier, MHA (he/him) // Director, Health Equity, Diversity and Inclusion, UCLA
Edward P. Junkins, MD, MPH // Director, University Health Services–University of Notre Dame
Devon Still // Speaker & Consultant, Founder of the Still Strong Foundation @stillinthegame and Co-Host of @realationshippodcast

11:30 am  **Wrap Up / Take Home Points**
Miguel A. Rueda // Chair, Pac-12 Student-Athlete Health and Well-Being Board, Pac-12 Conference, Senior Associate Athletic Director Health and Performance, University of Colorado

12:00 pm  **ADJOURN**
Registration Fees:
$275 // Live–In-person   $225 // Live–Virtual

Online: Go to www.cme.ucla.edu/courses, click on Student-Athlete Healthcare Summit, and click on the registration information section. You may use your MasterCard, Visa, American Express or Discover card to register online.

By Phone: (310) 794-2620 Use your American Express, MasterCard, Visa or Discover card.

Complimentary for Student-Athletes: Live–Virtual only. If you are a Pac-12 student-athlete, please do not register online. Please email Keisha May (kmay@pac-12.org) to confirm your eligibility and provide your registration information.

If the in-person gathering is canceled or capacity limits are modified per CDC or public health guidelines, the conference will be modified accordingly, or presented entirely as a live–virtual activity.

COVID Protocols & Policies:
At the present time, UCLA policy mandates that all in-person participants for any UCLA meeting on and off campus comply with the following to attend the event:
• Proof of vaccination OR proof of a negative COVID-19 test within 72 hours of beginning of the event
• Wear masks at all times, except when actively eating or drinking, regardless of vaccination status

The following are acceptable as proof of negative COVID-19 test result from a PCR or antigen test:
a) A printed document from the test provider or laboratory, OR
b) An electronic test result displayed on a phone or other device from the test provider or laboratory which should include person’s name, type of test performed, and negative test result

Participants who are not compliant with the UCLA COVID policy will not be permitted to attend the event in-person. We will provide additional details regarding the process for submitting proof of vaccination or negative test result, in advance or onsite, prior to the Summit.

Course Refunds:
Cancellations must be received in writing by January 6, 2022 and will be subject to a $75 processing fee. No refunds will be granted after cutoff date. If, for any reason, the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.
Accreditation:
The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers: UCLA is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 11.25 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Disclosure:
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Luskin Conference Center Information

The Luskin Conference Center features 254 beautifully-appointed guest rooms, many with sweeping views of the stunning campus architecture and beautifully landscaped grounds. The gracious guest experience at the Luskin Conference Center is further enhanced by a full-service restaurant and lounge, on-site professional catering services, well-equipped fitness center, business center, and free Wi-Fi throughout the property.

UCLA has arranged a room block at the Luskin Conference Center for our guests. A room rate of $239 will be offered (tax exempt). Each individual guest must make their own reservations by going to the following link to “Book a Room” at http://luskinconferencecenter.ucla.edu/. The group code is LG2201PABA.

You may also call 855-LCC-UCLA (522-8252). All reservations must be guaranteed with a major credit card. Reservations must be made by December 17, 2021. Once the room block is filled, room rates will be subject to availability.

UCLA Meyer & Renee Luskin Conference Center
425 Westwood Plaza // Los Angeles, CA 90095
855-522-8252 // www.luskinconferencecenter.ucla.edu

Directions and Parking

From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay stations are located up on the roof top. Participants are responsible for their own parking charges at a rate of $14 per vehicle. There is a convenient walkway/bridge connecting Parking Stucture 8 (on level 3) to the Luskin Conference Center Property. The Luskin Conference Center is located at Westwood Plaza and Strathmore Place.

QUESTIONS?

If you have any questions, please contact the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA (310) 794-2620 or visit our website at www.cme.ucla.edu.
GUEST PRESENTERS

Doug Aukerman, MD, MBA
Senior Associate AD, Sports Medicine–Oregon State University, Medical Director–Sports Medicine–Samaritan Health Systems

Cheri Blauwet, MD // Assistant Professor of Physical Medicine and Rehabilitation, Harvard Medical School, Director, Kelley Adaptive Sports Research Institute, International Paralympic Committee (IPC) Medical Committee

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Katie Imborek, MD // University of Iowa Health Care Department of Family Medicine, Vice Chair for Clinical Operations, Medical Director UI QuickCare, Medical Director Influenza Like Illness (ILI) Respiratory Clinics, Co-Director UI Health Care LGBTQ Clinic

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Donald E. Porter, MD, ABFP, CAQ
Sports Medicine Physician, Campus Health Service, Athletic Team Physician, Department of Athletics Instructor, Primary Care Sports Medicine Fellowship, Clinical Assistant Professor, Orthopaedic Surgery, Assistant Professor, Family and Community Medicine, University of Arizona

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Associate Professor, College of Public Health and Human Sciences, Oregon State University

Oluwaferanmi Okanlami, MD, MS // Director–Student Accessibility and Accommodation Services, Services for Students with Disabilities, Testing Accommodation Centers, Adaptive Sports & Fitness, Division of Student Life @ University of Michigan, Assistant Professor, Family Medicine/Physical Medicine & Rehabilitation/Urology, Michigan Medicine, Adjunct Assistant Professor of Orthopaedic Surgery, David Geffen School of Medicine at UCLA

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Associate Vice Chancellor and Associate Dean, Diversity, Equity and Inclusion, Washington University School of Medicine in St. Louis
A Special Thanks to the

PLANNING COMMITTEE

Miguel A. Rueda // Chair, Pac-12 Student-Athlete Healthcare Summit, Senior Associate Athletic Director–Health and Performance, University of Colorado

Doug Aukerman, MD // Senior Associate Athletic Director Sports Medicine, Oregon State University

Edmond L. Baker Jr., MD // Adjunct Professor, Arizona State University

Deana Garner-Smith // Senior Associate Athletic Director/DEI & Title IX Officer, Arizona State University

Alan G. Green, PhD // Professor of Clinical Education, Faculty Athletic Representative, Co-Chair PAC-12 ImPACT, University of Southern California

Sharon L. Hame, MD // Professor of Clinical Orthopaedic Surgery, Interim Vice Chair of Equity, Diversity & Inclusion, Associate Team Physician, University of California, Los Angeles

Alexes Harris // Professor, Department of Sociology, Economics, Race, Equity and Identity, University of Washington

Sunday Henry // Director of Athletic Medicine, Washington State University

Stephen Paul, MD, CAQSM, FAMSSM // Director Athletic Medicine, Professor Family & Community Medicine, University of Arizona

Anne Rohlman // Director of Policy, Education & Strategic Engagement, NCAA Sport Science Institute

Julie Rousseau, PhD // Associate Athletic Director and Adjunct Professor (Gender & Sexuality Studies), University of Southern California

Kim Terrell // Sr. Associate Director of Athletic Medicine, University of Oregon

Wil Turner III, MS, AT // Senior Associate, U.S. Council for Athletes’ Health

Jessica B. Wagner, MPH, BSN, RN // Associate Director of Prevention and Health Promotion, Sport Science Institute, NCAA

Kirk Walker // Softball Coach, Sports Equality Foundation President, University of California, Los Angeles

Additional Thanks to:

Maggy Carlyle
Lynn Fister
Tiana Henry
Josh Ishoo
Keisha May
Scott Petersmeyer
Heather Vaughan and
Angela Wells from the Pac-12 Conference
Created in 2013, the Pac-12 Student-Athlete Health & Well-Being Initiative (SAHWBI) is a collective effort between the Pac-12 and its member universities to find ways to reduce injuries, share current best practices and latest studies, and conduct research to uncover new ways to keep student-athletes as safe as possible.

Student-athlete health and safety is paramount to the Pac-12 and the Conference has taken a proactive approach to ensure the safety of its student-athletes. This initiative harnesses the full resources of the Pac-12’s research institutions for the benefit of our student-athletes. Among the many pillars of the initiative are:

- **Pac-12 Research Grant Program**
- **Brain Trauma Task Force**
- **Concussion Coordinating Unit**
- **Pac-12 Health Analytics Program (HAP)**
- **Mental Health Task Force & Coordinating Unit**
- **Student-Athlete Health Conference**

**SAHWBI Board Representatives**

**CHAIR**—Miguel Rueda // University of Colorado Boulder

**VICE-CHAIR**—Kim Terrell // University of Oregon

**SECRETARY**—Dr. Stephen Paul // University of Arizona

**IMMEDIATE PAST CHAIR**—Dr. Doug Aukerman // Oregon State University

- Mike Dillon // University of Washington
- Dr. Seth Gamradt // University of Southern California
- Dr. Sunday Henry // Washington State University
- Dr. Lindsay Huston // University of California, Berkeley
- Trevor Jameson // University of Utah
- Dr. David McAllister // University of California, Los Angeles
- Kenny McCarty // Arizona State University
- Anthony Pass, Sr. // Stanford University